



**Region 3 Behavioral Health Board Meeting**  
**Wednesday January 24, 2024**  
**10:00am -12:00pm (MST)**

X	Jennifer Magneson	X	Kristen Heller	E	Tricia Ellinger
	Brian Lee	X	Joy Husmann	X	Amber Acree
X	Christopher Partridge	X	Lina Smith	X	Stacey Rosecrans
X	Jodie Keys	X	Melissa Mezo	X	Marc Dominguez
E	Samantha Tackitt	X	Penny Dunham	X	Ferne Brandt
X	Jessica Werst		Shawneen McGee	X	Judge Eames

X=Present A=Absent E=Excused

Time	Agenda Item	Presenter	Minutes
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	Meeting called to order at 10:13 am
10:10am	Review and approval of meeting minutes dated *November 15, 2023	All	Reviewed minutes from 11/15/23, Kristen Heller motioned to approve, Lina Smith seconded.
10:15am	Executive Committee Update Membership applications received – Brad Coen, Jennifer Stairs, Launee Trask	Melissa Mezo, Chair	Melissa discussed open positions and applications received. Brad Coen was approved for the Law Enforcement position. Two applications were received for the Mental Health Advocate, Jennifer Stairs, and Launee Trask. The Executive Committee voted on Jennifer Stairs’ application. The Mental Health Advocate position also serves on the Executive Committee.
10:20am	Introduction of Judge David Eames – Washington County	Melissa Mezo, Chair	Melissa introduced and welcomed Judge Eames as the new Judicial Representation to the board. Further discuss regarding resources and services available in Washington County.
10:25am	Update to RFP Process –	Sean Waldron, DBH	Sean shared that the RFP is complete and is being sent over to the DAG (Deputy Attorney General) office. Once they sign off on it, it will be sent over to CAP unit (Contracts and

			<p>Procurement). Sean is unable to give a time frame, it will depend on if the DAG or CAP have any questions along the way.</p> <p>Sean has a meeting tomorrow morning and will hopefully have an answer to when the board will be able to access their funds.</p>
10:30am	Children's Mental Health/Provider Sub-Committee Update	Joy Husmann, Vice-Chair	Joy updated the community awareness event the sub-committee is working on. Once they have completed the event, they will start working on the gaps and needs.
10:45am	Recovery Day update	Kristen Heller, Chair	<p>The Recovery Day sub committee meets the second Wednesday of the month from 12-1:30 pm by zoom and is looking for more members to join. They are looking at holding the event at the Train Depot again this year. Contact Kristen (krheller@trhs.org) with questions and to join.</p> <p><b>Join Zoom Meeting</b>  <a href="https://us06web.zoom.us/j/81438423294?pwd=zMEYDoIE4yFpStx7LcPOQEFxPbeNdE.1">https://us06web.zoom.us/j/81438423294?pwd=zMEYDoIE4yFpStx7LcPOQEFxPbeNdE.1</a></p> <p><b>Meeting ID: 814 3842 3294</b>  <b>Passcode: 889215</b></p>
10:50am	Recovery Center updates	Stacey Rosecrans	Stacey discussed educating communities on what a recovery center is. She has a presentation on what recovery center does and Joy mentioned that she might have Stacey present at CMH workshop in March.
11:00am	Annual Behavioral Health Advocate Award – Action Item – Nominations and Vote * (Email from Mary Wright attached)	Melissa Mezo, Chair	Mary discussed the Annual Behavioral Health Award, the process, nomination, and the presentation of the awards. Melissa asked everyone to think about people to be nominated, the person doesn't have to be on the board to be nominated. Mary would like to have nominations to her by May 1 <sup>st</sup> at the latest. Melissa suggested the board vote in March and to send Aimee their nominations.
11:15am	Funding Opportunities –	All	Discussion on opportunities the board could use future funding. Suggestions included: Scholarship to ICAD (Idaho Conference on Alcohol and Drugs), Prevention Convention, gas cards, mini grants, fund training and certification for peer support, mental health training in schools, vape sensors in school bathrooms, teen suicide and bullying in schools.
11:30am	Regional Mental Health Training	Beth Markley Executive Director • NAMI Idaho	<p>Discussed NAMI training and courses that NAMI has available to each region in Idaho.</p> <p><a href="https://docs.google.com/document/d/1A3QitmlUa1Nlbq4HS3wNhm4yuHOnhYtj/edit?usp=sharing&amp;oid=114133236945502639763&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/1A3QitmlUa1Nlbq4HS3wNhm4yuHOnhYtj/edit?usp=sharing&amp;oid=114133236945502639763&amp;rtpof=true&amp;sd=true</a></p>

		208-484-4424 cell	
11:50am	Community Updates	All	<p>Lianna Erickson-Trembath – Idaho Youth Suicide Prevention Program - statewide case management services for youth and adult up to age 24 - Call Referral Line (208) 947-5155</p> <p>Jessica Werst– CIT steering committee in Canyon County, will send info to distribute.</p> <p>Mary – Empower Idaho will be hosting a Spanish QPR Suicide Prevention Training: January 31, 2024, 12 - 1:30 p.m. MST Learn more here: <a href="https://www.empoweridaho.org/education/consumer-activities/">https://www.empoweridaho.org/education/consumer-activities/</a></p> <p>Joy – Working on lunch and learns, more information to come.</p> <p>Lina – Event in Canyon County, Caldwell Outreach Flyer will be emailed out.</p> <p>Open house in western Idaho youth support center in Nampa. 3-6pm tomorrow.</p> <p>Marc – Harm reduction in screening with South West District Health.</p> <p>Ferne – Salvation Army food boxes, 500 Christmas boxes, Point in Time Count to get a count on homelessness.</p> <p>Stacey – Sober super bowl party at recovery center in Gem County.</p>
12:00pm	Wrap up and adjourn	Melissa Mezo, Chair	Meeting adjourned at 12:03 pm.

Next scheduled board meeting: February 28, 2024