



BEHAVIORAL HEALTH BOARD

## Region 3 Behavioral Health Board Meeting Minutes

Wednesday March 27, 2024

10:00am - 12:00pm (MST)

X	Jennifer Magneson	X	Kristen Heller	E	Tricia Ellinger
E	Judge Eames	X	Joy Husmann	X	Amber Acree
X	Christopher Partridge	X	Lina Smith	X	Stacey Rosecrans
E	Jodie Keys	X	Melissa Mezo	E	Marc Dominguez
E	Samantha Tackitt	X	Penny Dunham	X	Ferne Brandt
X	Jessica Werst	X	Shawneen Magee	X	Jennifer Stairs
X	Brad Coen				

X=Present A=Absent E=Excused

Time	Agenda Item	Presenter	Minutes
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	Meeting was called to order at 10:02am.
10:10am	Review and approval of meeting minutes dated *February 28, 2024	All	Meeting minutes from February 28 <sup>th</sup> were reviewed. Minor changes were noted. Motioned by Joy Husmann to approve the minutes with changes. Seconded by Lina Smith.
10:15am	Executive Committee Update	Melissa Mezo, Chair	Melissa discussed the EC meeting, which included the extended absences of Tricia Ellinger and Sam Tackitt due to a conflict of school schedules. Melissa also noted the board received an application from Tristan Mitchell. The board has no openings at this time that Tristan is qualified but will hold his application.
10:20am	Annual Behavioral Health Advocate Award – Action Item – Nominations and Vote * Current Nominations: -Tricia Ellinger -Jean Mutchie Other Nominations:	Melissa Mezo, Chair	Two nominations were received from the board, Tricia Ellinger and Jean Mutchie. Melissa opened the floor for additional nominations, and none were received. After discussion regarding the two nominations, Melissa called for a vote, in which Tricia received the majority of the vote. Mary Wright said the award will be presented at the May's board meeting.

10:45am	RFP\Fiscal Update	Sean Waldron	Sean and Ryan Hoseid met with the head DAG (Deputy Attorney General) and will hopefully hear back from him this week. Another DAG has the R3BHB RFP, and Ross Edmonds is pushing for an answer. Melissa asked about the process and Sean said the RFP first goes through H&W Contracts department and then to the DAGs. Sean confirmed that Regions 1 & 7 were still with the Health Department, region 5 extended their contract. Melissa asked why the public health departments are separating for the BHB? Sean said he has heard several reasons: one being funding and a change in vision of the health dept. Joy thanked Sean for his support to the board.
10:55am	Children's Mental Health/Provider Sub-Committee Update <ul style="list-style-type: none"> <li>• Community Outreach Event – Updates</li> <li>• May 17<sup>th</sup></li> <li>• 11:00 am – 12:30 pm</li> <li>• Canyon County Admin. Building</li> </ul>	Joy Husmann, Vice-Chair	Joy gave an update of the planning of the community outreach event that is scheduled for May 17 <sup>th</sup> . A flyer will be sent out soon. Due to the outlining counties and communities, the event will be available by zoom also.
11:00am	District 3 Needs Assessment for Recovery Idaho	Craig Larsen	Craig gave an update, the group meets every week, the needs assessment is due in May, Emmett is the only recovery center in region 3.
11:05am	Recovery Center Updates	Stacey Rosecrans	Stacey said there is a new volunteer helping and business is as usual. Recovery Day will be at the Emmett Park on Memorial Day from 10-2pm.
11:10am	Recovery Day Update <ul style="list-style-type: none"> <li>- Canyon County</li> <li>- Other Counties</li> <li>Updates/Events</li> <li>- Recovery subcommittee meeting dates and times</li> </ul>	Kristen Heller	Kristen gave an update. The flyer is complete, and they will be asking Winco for donations. They are planning on having a speaker every hour, raffle drawings, maybe therapy dogs, meditation and breathing sessions. April 10 <sup>th</sup> is the next meeting for the committee. Email Kristen for more information.
11:20am	Project Coordinator of Western Idaho Community Health Collaborative Central District Health   Southwest District Health P.   M. 208-912-4443 E. CKelly@cdh.idaho.gov   W. cdh.idaho.gov 707 N. Armstrong Pl., Boise, ID 83704	Courtney Kelly, MPH   Project Coordinator	Courtney presented on addressing the social influence of health through collective impact. WICHHC covers regions 3 and 4.  Idaho Oregon Community Health Atlas: <a href="https://idahooregoncommunityhealthatlas.org/">https://idahooregoncommunityhealthatlas.org/</a>  2023 CHNA: <a href="https://static1.squarespace.com/static/5e627b05f8c54b3071e8dbdb/t/655bba2c441d3a7e5a67b1d2/1700510260922/2023+WICHHC+CHNA+Report.pdf">https://static1.squarespace.com/static/5e627b05f8c54b3071e8dbdb/t/655bba2c441d3a7e5a67b1d2/1700510260922/2023+WICHHC+CHNA+Report.pdf</a>

11:45am	Community Updates	All	<p>Here are Empower Idaho's upcoming training webinars:  Competency and Restoration 101 with Jessica Waldron, LCPC, and Christine Jones, LCSW  April 24, 2024; 10 a.m. - 12 p.m.  2 free CEUs pending for LSW, LMSW, LCSW, LPC, LCPC, LMFT  <a href="https://www.empoweridaho.org/education/provider-activities/">https://www.empoweridaho.org/education/provider-activities/</a></p> <p>Community Resiliency Model® - Skills to Regulate Your Emotions and Increase Resilience with Sarah Marcus, LCSW  April 25, 2024; 12 - 1:30 p.m. MDT  This webinar is designed for the general public  Learn more and register here:  <a href="https://www.empoweridaho.org/education/consumer-activities/">https://www.empoweridaho.org/education/consumer-activities/</a></p> <p>Introduction to Motivational Interviewing with Dr. Kyle Davis, PhD  April 30, 2024; 9:30 - 11:30 a.m. MDT  2 free CEUs for CPSS, CFSP, CPRC, CRC  <a href="https://www.empoweridaho.org/education/peer-support-conferences/">https://www.empoweridaho.org/education/peer-support-conferences/</a>  Working as a Peer Specialist in Rural Idaho &amp; Managing Ethics in Rural Communities with Daniela Munden, BS, CPSS  May 2, 2024; 9 - 11 a.m. MDT  2 free CEUs for CPSS, CFSP, CPRC, CRC  <a href="https://www.empoweridaho.org/education/peer-support-conferences/">https://www.empoweridaho.org/education/peer-support-conferences/</a></p> <p>Peer Support Scenarios: Boundaries, Dilemmas and Risk Management with Rebekah Koepnick, CPSS  May 9, 2024; 10 a.m. - 1:15 p.m. MDT  3 free CEUs for CPSS, CFSP, CPRC, CRC  <a href="https://www.empoweridaho.org/education/peer-support-conferences/">https://www.empoweridaho.org/education/peer-support-conferences/</a></p>
12:00pm	Wrap up and adjourn	Melissa Mezo, Chair	Meeting was adjourned at 11:47 am.

Next scheduled board meeting: April 24, 2024