

**Region 3 Behavioral Health Board Meeting Minutes**

**Wednesday, August 28, 2024**

**10:00am - 12:00pm (MST)**

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| --- | --- | --- | --- | --- | --- |
| A | Jennifer Magneson | x | Kristen Heller | A | Alexander Copple |
| A | Judge Eames | x | Joy Husmann | x | Amber Acree |
| x | Christopher Partridge | x | Lina Smith | A | Stacey Rosecrans |
| x | Jodie Keys | x | Melissa Mezo | A | Marc Dominguez |
| E | Samantha Tackitt | A | Penny Dunham | x | Ferne Brandt |
| E | Jessica Werst | A | Mikaela Rios | x | Brad Coen |
|  |  | x | Shawneen Magee | x | Jennifer Stairs |

X=Present A=Absent E=Excused

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| --- | --- | --- | --- |
| **Time** | **Agenda Item**  | **Presenter** | **Notes** |
| 10:05am | Welcome, Call to Order and Roll CallChristy Williams – new Admin support for Board | Melissa Mezo, Chair | *Introductions of Board members and visitors:**Chuck Christianson-Intermountain Hospital, Abigail Hackett-Program Manager for Crisis Center, Christy Williams, DBH, Sherry Johnson, Matt Hardin-Crisis System Director for Magellan, Jose Martinez-DBH, Anne Banks, Craig Larsen* |
| 10:05am | Review and Approval of June 26, 2024 Meeting Minutes\* | Melissa Mezo, Chair | *Sally will make*changes for attendees on the June minutes from Absent to Excused.***VOTE:*** *Motion to approve minutes: Lina Smith**Seconded: Stacey Rosecrans**Unanimous approval: all are in favor.**Motion passed.* |
| 10:10am | Executive Committee Update | Melissa Mezo, Chair | * *The Executive Committee approved the minutes from June and reviewed attendance.*
* *We discussed encouraging County Commissioners to attend.*
* *The attendance of Sam Tackett was discussed and it was determined that she could continue to be a member while she attends school.*
* *There was a brief discussion on the Fletcher Group Memorandum of Understanding (MOU).*
 |
| 10:20am | New Agenda Item: Recovery event |  | *Motion: Stacey Rosecrans**Second: Kristen Heller**The Recovery Event has been added to the agenda.**Sept. 14th 12:00 PM to 4:00 PM @ the Train Depot in Caldwell**There are several vendors that have signed up. Therapy dogs will be there from 12:00 – 2:00. Yoga instructor from 12:00 – 1:00. One speaker will be there. Intermountain Hospital volunteered to let us use tables. Volunteers will have buttons to wear to identify themselves. Two students will be available for translations if needed.* *The Agency of the year and Peer of the year will be announced. There will be a raffle, bingo cards as well as a silent auction. Proceeds will be donated to a 501(c)3 of our choosing. There will be a backdrop to be used for pictures. Polaroid photos will be available. The mayor will be in attendance and will read the proclamation.**Board members are encouraged to attend this event and spread the news to others. Reach out to Kristen Heller if you have questions,* *krheller@trhs.org* |
| 10:25am | Children’s Mental Health/ Provider Sub-Committee UpdateGaps and Needs – Due Sept. 1, 2024**ACTION ITEM:** Vote for submission | Joy Husmann, Vice Chairperson | *Fletcher Group discussion:* *The Subcommittee had a presentation by the Fletcher Group on developing a recovery ecosystem in the community. As a board we have lots of ideas. Recovery Eco Systems are made up of many different services.* *Recovery Center:** *A safe space for anyone to walk in to get help/resources to help them achieve success.*

*What are our priorities that the Fletcher Group could help with?** *Payette services are needed.*
* *Rural areas with Crisis Response.*

*Gaps and Needs:****ACTION:*** *Melissa Mezo and Joy Husmann will make sure Sally Bryan and Christy Williams have the Gaps and Needs document that has been filled out.**Which subcommittee would be used to handle the work with the Fletcher Group? It was discussed that attendance might increase because of the interest in this topic. We could create a Strategic Planning Subcommittee to take on this work or we could use the existing CMH Subcommittee meeting to take on this work.* *The information on the Gaps & Needs report has not changed much over the year.**Are there suggestions on the gaps and needs :short answer on success or outcome from last year’s goals”?** *The Recovery Day event has been very successful every year. We had 23 vendors last year with 400+ visitors.*
* *Ability to assist people in need.*

*Questions on the Gaps and Needs report were reviewed and suggestions were made.**Suggestions:* *There were no additional suggestions heard.* *“Have Mental Health services improved, decreased or stayed the same”?* * *If a client goes into a health care setting it is hard to get a behavioral health appointment – it would be better if this care was more integrated into healthcare and primary care physicians.*

*“Rating Gaps and Needs”: will be done via email.**Motion to approve submission on Gaps and Needs with information sought via email which will be reviewed at Sept. meeting: Joy Husmann**Motion Seconded: Melissa Mezo**The Planning Council is meeting in October and will review these submissions. Sean Waldron informed us that we can submit our Gaps and Needs report in September if needed.* |
| 11:00am | Updated Board Positions and Expiration Dates \*Review Member list | All | *Expires 2024**Ferne Brandt – will let us know.**Jessica Werst – we will reach out to Sean to see if she will continue**Jennifer Stairs – would like to continue.**Alexander Copple – will be followed up later.**Stacey Rosecrans – would like to continue.**Chair and Vice Chair position will be expiring in 2025. Nominations will occur in October with voting in November* |
| 11:15am | Update on Crisis and Mobile Response | Matt Hardin, Magellan | *Crisis Systems Director for Magellan. Matt is excited to be able to assist Idaho with a Crisis System that will be comprehensive and working toward the same level of care statewide.**The SAMHSA standards for a crisis system:*1. *Help in the least restrictive way (988 is being utilized)*
	1. *Starting next year, you will be able to call 988 and be identified as being in Idaho regardless of where your area code is from on your phone.*
	2. *If a caller can’t be deescalated over the phone we will use mobile teams to go to the person in crisis.*
2. *Mobile Crisis will consist of two individuals, one is a Peer who has been trained in crisis response.*
	1. *Individuals are given resources and connected to those resources.*
3. *Crisis Centers*
	1. *The Adult and Child Crisis Centers would be utilized when needed.*
	2. *They can treat a person for 23 hours to alleviate an acute crisis.*

*Law enforcement is a partner and can assist when needed.**Data: Since July 1 mobile teams are currently available Monday – Friday 8:00 am – 6:00 pm while they build the system. In January the times will include weekends as well as 8:00 am – 11:00 pm. On July 1, 2025, the crisis response will be 24 hours/7 days a week.**We are gathering data to help build the best system.**Region 3* * *there have been 45 days of service and there were 25 calls.*
* *All the calls have been responded to within 42 minutes.*
* *Mobile response is on-site of the calls an average of 90 minutes.*
* *The Payette area has had 2 calls.*

*There are two teams in the Boise Metro area which covers Region 3 and 4. The Teams are GPS tracked which helps them to be dispatched closely.* *The data will determine which areas need to be expanded.**The protective custody portion of these calls is still part of what the Department of Health and Welfare is doing.* *An MRT Team (Mobile Response Team) consists of two people. There is a Paraprofessional (Mental Health professional) and a Peer Support person. They are in touch with their supervisor who is a master’s level clinician to help make important decisions.* *The team is aware of the other resources in various local areas and can refer someone to those resources. Joy Husmann mentioned that there is a program (PET Team) in Washington County that isn’t aware of the work Magellan is doing. Magellan would love to assist. Chuck Christianson mentioned that it is helpful to have the PET Team as they are able to help medically at the hospital.* *Follow up care is a challenge. They are looking at Certified Community Behavioral Health Clinic’s (CCBHC’s) and how to connect follow-up services. This process needs to be refined.**Q: How can we alleviate roadblocks with getting Peer Specialist certified, the background check seems to be a barrier?* *A: This is outside of Magellan’s work. Matt Hardin believes there is a way to work around the background check. There will be some trainings provided. This might be a good thing for the Gaps and Needs Report.**Community Bridges and Benchmark are the providers of the Crisis Response in Region 3.* *There will be a map of the crisis services as well as a Crisis Summit. Matt will send us the information on these.**Q: Is law enforcement aware of the crisis services in case the person in crisis doesn’t reach out to 988.**A: Law enforcement is involved and is very welcoming of the help.**The crisis system can be used by anyone in crisis, not just people with Medicaid.* |
| 11:45am | Community updates | All |  |
| 12:00pm | Wrap Up and Adjourn | Melissa Mezo, Chair | *12:02 pm* |

\* Denotes information provided in packet Next scheduled board meeting: **September 25, 2024**