



BEHAVIORAL HEALTH BOARD

**Region 3 Behavioral Health Board
Executive Committee Meeting
Wednesday, June 28, 2023
9:30am – 10:00am (MST)**

In Person: Canyon County Admin Bldg., Community Room, First Floor
Join Via Zoom:
<https://uhsinc.zoom.us/j/95947645966?pwd=aDF0V3ZYc1dPWUxsSFhkdmgYWTU4dz09>

Meeting ID: 959 4764 5966
Password: 084640

Or iPhone one-tap :
US: +13462487799,,95947645966# or +16694449171,,95947645966#
Or Telephone:
US: +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 719 359 4580 or
+1 253 205 0468 or +1 253 215 8782 or +1 360 209 5623 or +1 386 347 5053 or +1 507 473
4847 or +1 564 217 2000 or +1 646 876 9923 or +1 646 931 3860 or +1 689 278 1000 or +1
301 715 8592 or +1 305 224 1968 or +1 309 205 3325 or +1 312 626 6799

Time	Agenda Item	Presenter
9:30 am	Welcome and call to order	Melissa Mezo, Chair
9:35 am	Review and approve minutes dated April 26, 2023* and May 24, 2023*	Melissa Mezo, Chair
9:40 am	Review of current positions: <ul style="list-style-type: none"> 🚩 Open Position: Education Representative 🚩 Open Position: Juvenile Justice Rep 🚩 Open Position: Family Member of an Adult MH Consumer <ul style="list-style-type: none"> - Wendy Weston, Peak Recovery - Amber Acree, HHS ❖ Action Item: Vote for vacancy 🚩 County Commissioner (x3) 🚩 Judicial Representation 	Melissa Mezo, Chair
9:45am	Discussion for RFP process - Action item	Melissa Mezo, Chair
9:55 am	Attendance sheet review	Melissa Mezo, Chair
10:00am	Wrap up and adjourn	Melissa Mezo, Chair

* Denotes information provided in the packet.

Next scheduled board meeting: July 26, 2023

Region 3 Behavioral Health Board

Mission: Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.

Vision: A healthy community through a collaborative integrated network that promotes and sustains recovery for all.

Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board
Executive Committee Meeting Minutes
Wednesday, May 24, 2023
9:30am – 10:00am (MST)

Melissa Mezo & Jessica Werst

Topic/Discussion	Motion	Action
Welcome and call to order Review and approve minutes, April 26, 2023		Meeting called to order at 9:32 am. Review and approval of meeting minutes did not get completed as quorum was not met. Will move approval for both April and May 2023 to the June 28, 2023, meeting.
Review of current open positions: <ul style="list-style-type: none"> 🚩 Open Position: Education Representative 🚩 Open Position: Juvenile Justice Representative 🚩 County Commissioner (x3) 🚩 Judicial Representation 		Open position: Family member of an adult MH consumer: Melissa Mezo reached out to Nicole Johnson regarding her position due to multiple absences in 2023. Ms. Johnson reported she was unable to continue in her position at this time. Will reach out via email to confirm the termination of the position. Ms. Johnson will be encouraged to reapply in the future.
Discussion for administrative assistance		No action taken this date. Tiffany with DBH sent out an email regarding DBH's willingness to provide administrative assistance as well as the \$50,000 provided to all Regional BH Boards. Will discuss in the general Board meeting a timeline of events.
Monthly Attendance Sheet 2023		No other noted issues with attendance.
Wrap up and adjourn		Meeting adjourned at 9:39 am.

Next scheduled board meeting: June 28, 2023
 The Region 3 Behavioral Health Board is in compliance with Idaho's Open Meeting Law with regard to virtual meetings.

	<p>board as she and Melissa have done since May 2022. Also, the work that the CMH Subcommittee provides to the Board for the Governor's annual report to the State Behavioral Health Planning Council will not be moving forward until there is administrative support in place to help with the daunting task. There was some discussion regarding putting together a subcommittee to review partnerships and develop the portions of the RFP needed by the Board to present to the full board for approval.</p>		<p>and get back with the Board next month. Potential to have a subcommittee formed for finding a new fiscal agent and the RFP process. TBD upon administrative support.</p>
Community Updates	<p>There were several community updates provided and those will be shared via an email to the board list serve.</p>		<p>Joy will forward out all of the information received by the community partners onto the board list serve.</p>
Adjourn	<p>Meeting adjourned at 11:43 am</p> <p>Next scheduled board meeting: June 28, 2023 from 10:00am to 12:00pm</p>		

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	<p>as the \$50,000 provided to all Regional BH Boards. Will discuss in the general Board meeting a timeline of events. Open position: Family member of an adult MH consumer: Melissa Mezo reached out to Nicole Johnson regarding her position due to multiple absences in 2023. Ms. Johnson reported she was unable to continue in her position at this time. Will reach out via email to confirm the termination of the position. Ms. Johnson will be encouraged to reapply in the future.</p>		
<p>Children's Mental Health/Provider Subcommittee Update</p>	<p>Joy shared that the SC will be working on an action plan in 2023 to line out the activities the board will be working on as outlined in the gaps and needs identified by the board. In</p>		<p>Updated the Action Plan Working on a Children's Mental Health Month campaign for May Please send Joy any events you have planned for Children's Mental Health Month</p>
<p>Recovery Day Subcommittee Update</p>	<p>Kristen shared that the Subcommittee reached out to the City of Caldwell to secure the Caldwell Train Depot for the 2023 Recovery Day celebration for September 16, 2023.</p>		<p>If you are interested in participating in the Recovery Day Subcommittee, please reach out to Kristen.</p>
<p>Mental Health Advocate Award Presentation</p>	<p>Kristen Heller with TRHS was presented with the 2023 Mental Health Advocate Award.</p>		
<p>Ongoing review of partnership options</p>	<p>The Board has decided to pursue the option of a 501(c)3 and would like to have a discussion next month regarding the RFP process. In addition, the board does not currently have an administrative support and there currently isn't a timeline for hiring per DBH. Joy shared that she no longer has the capacity to provide the administrative support to the</p>		<p>Sean with DBH will look into the timeline for the administrative support to the board as well as the funding of \$50,000 being available to the Board</p>

Region 3 Behavioral Health Board

Application / Nomination form

Applicant/Nominee NAME: Wendy Weston, Jr
 HOME Phone: 208-949-7452 CELL Phone: 208-949-7452
 WORK Phone: 208-455-1788 Preferred EMAIL: wendy@prkrrecoveryllc.com
 Preferred MAILING ADDRESS: 2423 S. Georgia, Suite A
 CITY: Calwell STATE: Id ZIP: 83605
 Is this address WORK? HOME?
 Occupation/usual daily activity: Clinical Supervisor/ Counselor at Prk Recovery
 Occupation/usual daily activity: Outpatient Substance Abuse Facility
 COUNTIES IN REGION 3 in which you reside or work (check all that apply): Canyon Washington
 Adams Payette Gem Owyhee

Is this Application/Nomination at the request of a Community Organization, Board or Council? YES NO
 IF YES, Please list:
 Organization Name, Contact Name, Daytime Phone Number and Email Address for Nominating Group:

Is your area of passion/concern/expertise: Mental Health Substance Use Disorders Both

Do you have a lived experience (personal or close family member)? YES NO Prefer not to answer

Please check any of the boxes below that describe your background (check all that apply)

- Parent of Child with Mental Health disorder
- Parent of Child with Substance Use Disorder
- Adult Mental Health Consumer
- Adult SUD's Consumer
- Family Member of Person with MH Diagnosis
- Family Member of Person with SUDS Diagnosis
- Advocate for Mental Health
- Advocate for SUDS Prevention, Treatment, Recovery
- Education Representative: School/Grades: _____
- Licensed Physician or Health Professional: _____

ARE YOU:

Able to attend monthly meetings? YES NO

Willing to participate in board working groups or subcommittees? YES NO YES, even if I am not appointed to the Behavioral Health Board

Please indicate areas of interest:

- Children's Mental Health
- Treatment Service Providers
- Recovery Activities/Center
- Transportation
- Family Support Services
- Recovery Support Services
- Community Education
- Advocacy

Past Law Enforcement

Please return this completed form by email or mail to:

APPLICANT SIGNATURE Wendy West, LLC DATE 3/20/2023

Please indicate your schedule restrictions: I work Mondays - Thursdays from 10 am - 5pm.

Based on your current obligations, are there specific days or times that would make attending Regional BH board meetings difficult (for example, if you have a standing meeting on the 2nd Tuesday of the month from 9 a.m. to 11 am or if you cannot attend meetings scheduled for Mondays)

Please add any additional information you want us know about your interest in the BH board. Have an interest in educating/preventing and advocating for others suffering from substance abuse and mental health issues. This is such a need for this and I want to become more involved.

Page - peakrecoveryllc@gmail.com

Please list the contact name, phone number and email address for someone who can tell us more about your participation in an organization with a service mission (church, school, community, work - all areas of your life experience): Paige Carson (267) 229-3694

Please list any previous experience you have with boards, councils or other organizations, include any offices or work groups/committees to which you have contributed your talent? I was on a child abuse prevention board as a police officer in what in the 1990's. I have been involved in work groups/committees while employed as a social worker for health & welfare.

Please comment on any knowledge or experience you have in fields of mental health and/or substance use disorders. Why are you interested in serving on the Region 3 BH Board? Worked as a police officer for 13 years. Worked with juvenile sex offenders in a locked down facility; worked with children's families at health & welfare. I am also receiving addid and currently work at substance abuse facility. I have mental health diagnosis.

- Other items not listed, but are skills or talents you can share: _____
- Local Government
- Evaluation
- Facilitation Skills
- Worker Bee - a behind the scenes "get it done" person
- Fund Raising
- Marketing
- Planning
- Business Savvy
- Community Organizer - someone who rallies the troops
- Communications
- Social Media - Facebook, Twitter, Pinterest, etc.
- Grant Writing
- Training
- Public Speaking
- Research
- Health Care

The new Board will need members with different skill sets and talents. Please check any of the boxes below that describe your expertise, work experience or personal gifts/interests (check all that apply)

Region 3 Behavioral Health Board
Application / Nomination form

Applicant/Nominee Name: Amber Van Wyck Acree

Home/Cell Phone: 208-284-7749

Work Phone: 208 454 3689

Email Address: aacree@humansupports.com

Mailing Address: 312 Valley View Rd Nampa Idaho 83686

Is this address your: Home Work

Occupation/usual Daily Activity: Peer, Family, and Youth Support and Marketing Director

Which county/counties in region 3 do you reside or work? (Select all that apply)

- Adams Gem Payette
 Canyon Owyhee Washington

Is this Application/Nomination at the request of a Community Organization, Board or Council?

- No Yes

If yes, please list organization name, contact name, phone number and email for nominating group: Click or tap here to enter text.

Is your area of passion/concern/ expertise: Mental Health Substance Use Disorders Both

Do you have a lived experience (personal or close family member)? Yes No Prefer not to answer

Please check any of the boxes below that describe your background (check all that apply):

- | | |
|--|--|
| <input checked="" type="checkbox"/> Parent of child with mental health disorder | <input type="checkbox"/> Licensed physician or health professional, describe: Click or tap here to enter text. |
| <input type="checkbox"/> Parent of child with substance use disorder | <input type="checkbox"/> County Commissioner or designee x 3 |
| <input checked="" type="checkbox"/> Adult mental health consumer | <input checked="" type="checkbox"/> Treatment service provider – mental health |
| <input type="checkbox"/> Adult SUDs consumer | <input type="checkbox"/> Treatment service provider – SUDS |
| <input checked="" type="checkbox"/> Family member of person with MH diagnosis | <input type="checkbox"/> Juvenile justice system – current employee |
| <input type="checkbox"/> Family member of person with SUDS diagnosis | <input type="checkbox"/> Adult correction system – current employee |
| <input checked="" type="checkbox"/> Advocate for mental health | <input type="checkbox"/> Law enforcement, list agency:
Click or tap here to enter text. |
| <input checked="" type="checkbox"/> Advocate for SUDS prevention, treatment, recovery | <input type="checkbox"/> Region 3 DHW BH Staff x 2 |
| <input type="checkbox"/> Education representative, list school/grades:
Click or tap here to enter text. | <input type="checkbox"/> Hospital representative |
| <input type="checkbox"/> Certified Prevention Specialist | <input type="checkbox"/> 3 rd District judiciary |

Are you: Able to attend monthly meetings? Yes No

Willing to participant in board working groups or subcommittees?

Yes No Yes, even if I am not appointed to the Behavioral Health Board

Please indicate areas of interest:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Children's Mental Health | <input type="checkbox"/> Family Support Services |
| <input checked="" type="checkbox"/> Treatment Service Providers | <input checked="" type="checkbox"/> Recovery Support Services |
| <input checked="" type="checkbox"/> Recovery Activities/Center | <input checked="" type="checkbox"/> Community Education |
| <input type="checkbox"/> Transportation | <input checked="" type="checkbox"/> Advocacy |
| <input checked="" type="checkbox"/> Housing | <input checked="" type="checkbox"/> Public Policy |
| <input type="checkbox"/> Employment | <input type="checkbox"/> Other: Click or tap here to enter text. |

The new Board will need members with different skill sets and talents. Please check any of the boxes below that describe your expertise, work experience or personal gifts/ interests (check all that apply)

- | | | |
|--|---|---|
| <input checked="" type="checkbox"/> Communications | <input checked="" type="checkbox"/> Training | <input checked="" type="checkbox"/> Research |
| <input type="checkbox"/> Business Savvy | <input checked="" type="checkbox"/> Fund Raising | <input type="checkbox"/> Local Government |
| <input checked="" type="checkbox"/> Social Media | <input checked="" type="checkbox"/> Public Speaking | <input type="checkbox"/> Health Care |
| <input checked="" type="checkbox"/> Planning | <input checked="" type="checkbox"/> Worker Bee | <input checked="" type="checkbox"/> Community Organizer |
| <input type="checkbox"/> Grant Writing | <input type="checkbox"/> Facilitation Skills | |
| <input checked="" type="checkbox"/> Marketing | <input type="checkbox"/> Evaluation | |

Other items not listed but are skills or talents you can share: Click or tap here to enter text.

Please comment on any knowledge or experience you have in fields of mental health and/ or substance use disorders. Why are you interested in serving on the Region 3 BH Board?

I am interested because as I work in mental health I see that we have come along way but that we have a lot of work to do still. I am very passionate about mental health, and I want to be able to actually make a difference not just in my own agency but in the county that I was born, raised, and am raising my own family in.

Please list any previous experience you have with boards, councils or other organizations, include any offices or work groups/committees to which you have contributed your talent?

I was on the subcommittee for the recovery day and I have also started to attend the Children's subcommittee.

Please list the contact name, phone number and email address for someone who can tell us more about your participation in an organization with a service mission (church, school, community, work – all areas of your life experience):

Kristine Heller, Joy Husmann, and Jennifer Magneson

Please add any additional information you want us to know about your interest in the BH board.

I would like to help in any way that I can. My passion for mental health and my experience in having my own diagnosis, my child's, and also navigating the school and counselor systems, I believe makes me a good candidate for this position and board.

Based on your current obligations, are there specific days or times that would make attending Regional BH board meetings difficult (for example, if you have a standing meeting on the 2nd Tuesday of the month from 9 a.m. to 11 am or if you cannot attend meetings scheduled for Mondays).

Please indicate your schedule restrictions: At this time my schedule is flexible.

Amber Van Wyck Acree, CPSS, CFSP, YSP

4/12/23

Applicant Signature

Date

Please return this completed form by email or mail to:

mmezo@trhs.org

Melissa Mezo
Attn: Behavioral Health Board
300 S. 23rd Street
Boise, Idaho 83702

Applications are reviewed during routine R3BHB Executive Committee meetings

2023 Region 3 Behavioral Health Board Attendance

		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1	Aaron St. George	E	X	X	A	X							
2	Jennifer Magnuson	N/A	X	X	X	X							
3	Brian Lee	A	A	A	A	A							
4	Christopher Partridge	XX	XX	XX	XX	E/E							
5	Education Representative	N/A	N/A	N/A	N/A	N/A							
6	Samantha Tackitt	N/A	N/A	N/A	N/A	X							
7	Jessica Werst	XX	E/E	XX	XX	XX							
8	Kristen Heller	E	X	X	X	X							
9	Joy Husmann	X	X	X	X	X							
10	Lina Smith	X	X	X	E	X							
11	County Commissioner	A	A	A	A	A							
12	County Commissioner	A	A	A	A	A							
13	County Commissioner	A	A	A	A	A							
14	Melissa Mezo	XX	XX	XX	XX	XX							
15	Penny Dunham	X	X	X	X	A							
16	Juvenile Probation Rep.	N/A	N/A	N/A	N/A	N/A							
17	Shawneen McGee	X	X	X	E	E							
18	Tammy Law	XX	E/E	XX	XX	E/E							
19	Tricia Ellinger	X	X	X	X	X							
20	Vito Kelso	X	E	X	E	X							
21	Family member of Adult MH Consumer	A	E	A	A	A							
22	Stacey Rosecrans	X	X	X	X	X							
23	Marc Dominguez	X	E	X	E	X							

Bold denotes Executive Committee Members