

### EHAVIORAL HEALTH BOARD

### Region 3 Behavioral Health Board Executive Committee Meeting Wednesday, June 28, 2023 9:30am – 10:00am (MST)

In Person: Canyon County Admin Bldg., Community Room, First Floor Join Via Zoom:

Join Via Zoom: https://uhsinc.zoom.us/j/95947645966?pwd=aDF0V3ZYc1dPWUsxSFhzdmgyWTU4dz09

Meeting ID: 959 4764 5966

Password: 084640

Or iPhone one-tap:

US: +13462487799,,95947645966# or +16694449171,,95947645966#

Or Telephone:

301 715 8592 or +1 305 224 1968 or +1 309 205 3325 or +1 312 626 6799 4847 or +1 564 217 2000 or +1 646 876 9923 or +1 646 931 3860 or +1 689 278 1000 or +1 +1 253 205 0468 or +1 253 215 8782 or +1 360 209 5623 or +1 386 347 5053 or +1 507 473 US: +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 719 359 4580 or

Time	Agenda Item	Presenter
9:30 am	Welcome and call to order	Melissa Mezo, Chair
9:35 am	Review and approve minutes dated April 26, 2023* and May 24, 2023*	Melissa Mezo, Chair
9:40 am	Review of current positions:	
	<ul> <li>Open Position: Education Representative</li> <li>Open Position: Juvenile Justice Rep</li> </ul>	
	Open Position: Family Member of an Adult MH Consumer	
	<ul> <li>Wendy Weston, Peak Recovery</li> </ul>	Melissa Mezo, Chair
	- Amber Acree, HIS	
	Action Item: Vote for vacancy	
	County Commissioner (x3)	
	♣ Judicial Representation	
9:45am	Discussion for RFP process	Melissa Mezo Chair
	- Action item	Melloca Merc, Chan
9:55 am	Attendance sheet review	Melissa Mezo, Chair
10:00am	Wrap up and adjourn	Melissa Mezo, Chair

<sup>\*</sup>Denotes information provided in the packet.

Next scheduled board meeting: July 26, 2023

## Region 3 Behavioral Health Board

Mission: Advocate, educate, and ensure accessible care for services, by developing and sustaining a network that services promotes prevention and ready access to a full range of those in need of mental health and substance use

Vision: A healthy community through a collaborative integrated network that promotes and sustains recovery for all.

### Strategic Planning Goals

- Prevention, Enrichment and Resiliency for all
- Crisis Assistance
- Increase Collaboration with Medical Providers
- Basic Needs
- Transportation



### Region 3 Behavioral Health Board Executive Committee Meeting Minutes Wednesday, May 24, 2023 9:30am – 10:00am (MST)

### Melissa Mezo & Jessica Werst

Topic/Discussion	Motion	Action
Welcome and call to order		Meeting called to order at 9:32 am.
Review and approve minutes, April 26. 2023		Review and approval of meeting minutes did not get completed as quorum was not met. Will move approval for both April and May 2023 to the June 28, 2023, meeting.
Review of current open positions:  Dpen Position: Education Representative		Open position: Family member of an adult MH consumer: Melissa Mezo reached out to Nicole Johnson regarding her position due to multiple absences in 2023. Ms. Johnson reported she was unable
<ul> <li>Open Position: Juvenile Justice Representative</li> <li>County Commissioner (x3)</li> <li>Judicial Representation</li> </ul>		to continue in her position at this time. Will reach out via email to confirm the termination of the position. Ms. Johnson will be encouraged to reapply in the future.
Discussion for administrative assistance		No action taken this date. Tiffany with DBH sent out an email regarding DBH's willingness to provide administrative assistance as well as the \$50,000 provided to all Regional BH Boards. Will discuss in the general Board meeting a timeline of events.
Monthly Attendance Sheet 2023		No other noted issues with attendance.
Wrap up and adjourn		Meeting adjourned at 9:39 am.

Next scheduled board meeting: June 28, 2023

The Region 3 Behavioral Health Board is in compliance with Idaho's Open Meeting Law with regard to virtual meetings.

	Meeting adjourned at 11:43 am	Adjourn
serve.		
onto the board list		
community partners		
received by the	serve.	
all of the information	those will be shared via an email to the board list	
Joy will forward out	There were several community updates provided and	Community Updates
	for approval.	
support.	RFP needed by the Board to present to the full board	
upon administrative	to review partnerships and develop the portions of the	
the RFP process. TBD	discussion regarding putting together a subcommittee	
new fiscal agent and	place to help with the daunting task. There was some	
formed for finding a	moving forward until there is administrative support in	
subcommittee	State Behavioral Health Planning Council will not be	
Potential to have a	to the Board for the Governor's annual report to the	
Board next month.	Also, the work that the CMH Subcommittee provides	
and get back with the	board as she and Melissa have done since May 2022.	

Next scheduled board meeting: June 28, 2023 from 10:00am to 12:00pm

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available to the Board		capacity to provide the administrative support to the	
of \$50,000 being		per DBH. Joy shared that she no longer has the	
as well as the funding		support and there currently isn't a timeline for hiring	
support to the board		board does not currently have an administrative	
for the administrative		month regarding the RFP process. In addition, the	
look into the timeline		501(c)3 and would like to have a discussion next	partnership options
Sean with DBH will		The Board has decided to pursue the option of a	Ongoing review of
			Presentation
Parado de Caración		Mental Health Advocate Award.	Advocate Award
g a vijanasa		Kristen Heller with TRHS was presented with the 2023	Mental Health
Kristen.			
please reach out to			
Subcommittee,		16, 2023.	
Recovery Day		for the 2023 Recovery Day celebration for September	Update
in participating in the		the City of Caldwell to secure the Caldwell Train Depot	Subcommittee
If you are interested		Kristen shared that the Subcommittee reached out to	Recovery Day
Health Month			
Children's Mental			
planned for			
events you have	3		
Please send Joy any			
campaign for May			
Health Month			
Children's Mental		identified by the board. In	Update
Working on a		working on as outlined in the gaps and needs	Subcommittee
Plan		plan in 2023 to line out the activities the board will be	Health/Provider
Updated the Action		Joy shared that the SC will be working on an action	Children's Mental
		the future.	
		position. Ms. Johnson will be encouraged to reapply in	
		reach out via email to confirm the termination of the	
		unable to continue in her position at this time. Will	
		absences in 2023. Ws. Johnson reported she was	
		Johnson regarding her position due to multiple	
		MH consumer: Melissa Mezo reached out to Nicole	
		events. Open position: Family member of an adult	
		Will discuss in the general Board meeting a timeline of	
		as the \$50,000 provided to all Regional BH Boards.	

### Region 3 Behavioral Health Board

HOME Phone: 308-949-1453   CELL Phone: 308-949-1				Secember 2021	1
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Id sny additional information you want us know about your interest in the BH board.  And from South of the standing from the stending Regional BH your current obligations, are there specific days or times that would make attending Regional BH your current obligations, are there specific days or times that would make attending Regional BH am or if you cannot attend meetings acheduled for Mondays)  dicate your schedule restrictions: I work Mondays)  DATE  DATE  DATE	)
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t any previous experience you have with boards, councils or other organizations, include any offices or upstrommittees to which you have contributed your talent?	sil əss
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down facility worked with children + throilles at healthy well and	ملاحظ
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. Why are you interested in serving on the Region 3 BH Board?	stabroa
mment on any knowledge or experience you have in fields of mental health and/ or substance use	OO ƏSE
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ems not listed, but are skills or talents you can share:	
Sovernment	
	Evaluat
tion Skills	
Bee – s pehind the scenes "get it done" person	
	Fund R
	Market
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Savvy 🔲 Social Media – Facebook, Twitter, Pinterest, etc.	seuisna
unity Organizer – someone who rallies the troops 🔲 Communications	
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Board will need members with different skill sets and talents. Please check any of the boxes below that your expertise, work experience or personal gifts/interests (check all that apply)	

December 2021

### Region 3 Behavioral Health Board

### Application / Nomination form

Applicant/Nominee Name: Amber Van Wyck Acre	e								
Home/Cell Phone: 208-284-7749	Work Phone: 208 454 3689								
Email Address: aacree@humansupports.com									
Mailing Address: 312 Valley View Rd Namp	oa Idaho 83686								
Is this address your:	⊠ Home □ Work								
Occupation/usual Daily Activity: Peer, Family, and	Youth Support and Marketing Director								
Which county/counties in region 3 do you reside or □ Adams □ Gem	r work? (Select all that apply)								
☐ Addins ☐ Gern ☐ Canyon ☐ Owyhee	☐ Washington								
If yes, please list organization name, contact name, portap here to enter text.  Is your area of passion/concern/ expertise:   Do you have a lived experience (personal or close answer	ntal Health $\;\square$ Substance Use Disorders $\; oxtimes \;$ Bot								
Please check any of the boxes below that describe  ☐ Parent of child with mental health disorder ☐ Parent of child with substance use disorder ☐ Adult mental health consumer ☐ Adult SUDs consumer ☐ Family member of person with MH diagnosis ☐ Family member of person with SUDS diagnosis ☐ Advocate for mental health ☐ Advocate for SUDS prevention, treatment, recovery ☐ Education representative, list school/grades: Click or tap here to enter text.	☐ Licensed physician or health professional, describe: Click or tap here to enter text. ☐ County Commissioner or designee x 3 ☑ Treatment service provider — mental hea ☐ Treatment service provider — SUDS ☐ Juvenile justice system — current employe ☐ Adult correction system — current employe ☐ Law enforcement, list agency: ☐ Click or tap here to enter text. ☐ Region 3 DHW BH Staff x 2 ☐ Hospital representative								
Click or tap here to enter text.  Certified Prevention Specialist	☐ 3 <sup>rd</sup> District judiciary								

Are you:	Able to attend month	hly meetings? $\boxtimes$ $)$	es □ No							
	Willing to participant  ☐ Yes ☐ No       Ye			nittees? Behavioral Health Board						
Please indicate	areas of interest:									
⊠ Chile	dren's Mental Health		☐ Family Support	Services						
	tment Service Provid	ers	☑ Recovery Supp	ort Services						
⊠ Reco	overy Activities/Cente	er	□ Community Edulation	ucation						
☐ Tran	sportation									
⊠ Hou	sing		☑ Public Policy							
☐ Emp	loyment		☐ Other: Click or t	ap here to enter text.						
				Please check any of the boxes nterests (check all that apply)						
	tions			☑ Research						
☐ Business Sav	vy	□ Fund Raising		☐ Local Government						
■ Social Media		☑ Public Speakin	g	☐ Health Care						
□ Planning				□ Community Organizer						
☐ Grant Writin	g	☐ Facilitation Skil	ls							
		☐ Evaluation								
☐ Other items	not listed but are skill	s or talents you ca	n share:Click or tap	here to enter text.						
Please comme substance use	nt on any knowledge disorders. Why are yo	or experience you ou interested in se	u have in fields of n erving on the Regio	nental health and/ or n 3 BH Board?						
a lot of work to	do still. I am very pas	sionate about men	ital health, and I wa	e along way but that we have int to be able to actually make aised, and am raising my own						
	previous experience y groups/committees			ner organizations, include any talent?						
I was on the su subcommittee		ecovery day and I	have also started to	o attend the Children's						
Please list the	contact name, phone	number and emai	il address for some	one who can tell us more						

about your participation in an organization with a service mission (church, school, community, work -

all areas of your life experience):

Kristine Heller, Joy Husmann, and Jennifer Magneson

Please add any additional information you want us to know about your interest in the BH board.

I would like to help in any way that I can. My passion for mental health and my experience in having my own diagnosis, my child's, and also navigating the school and counselor systems, I believe makes me a good candidate for this position and board.

Based on your current obligations, are there specific days or times that would make attending Regional BH board meetings difficult (for example, if you have a standing meeting on the 2nd Tuesday of the month from 9 a.m. to 11 am or if you cannot attend meetings scheduled for Mondays).

Please indicate your schedule restrictions: At this time my schedule is flexible.

Amber Van Wyck Acree, CPSS, CFSP, YSP	
	4/12/23
Applicant Signature	Date

### Please return this completed form by email or mail to: <u>mmezo@trhs.org</u>

Melissa Mezo Attn: Behavioral Health Board 300 S. 23<sup>rd</sup> Street Boise, Idaho 83702

Applications are reviewed during routine R3BHB Executive Committee meetings

# 2023 Region 3 Behavioral Health Board Attendance

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Marc Dominguez	Stacey Rosecrans	Family member of Adult MH Consumer	Vito Kelso	Tricia Ellinger	Tammy Law	Shawneen McGee	Juvenile Probation Rep.	Penny Dunham	Melissa Mezo	County Commissioner	County Commissioner	County Commissioner	Lina Smith	Joy Husmann	Kristen Heller	Jessica Werst	Samantha Tackitt	Education Representative	Christopher Partridge	Brian Lee	Jennifer Magneson	Aaron St. George	
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**Bold denotes Executive Committee Members**