



**BEHAVIORAL HEALTH BOARD**

**Region 3 Behavioral Health Board Meeting  
 Wednesday, January 22, 2025  
 10:00am -12:00pm (MST)**

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOyIFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215 8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

Time	Agenda Item	Presenter
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair
10:10am	Review and Approval of November 20, 2024, Meeting Minutes* Motion: Seconded: Unanimous approval:	Melissa Mezo, Chair
10:15am	Executive Committee Update	Melissa Mezo, Chair
10:25am	Funding application process	Melissa Mezo, Chair
10:30am	MH Advocate Award (standing agenda item)	Melissa Mezo, Chair
10:35am	Recovery Subcommittee dates, TBD	Kristen Heller
10:40am	Children’s Mental Health Sub-Committee Update* (please see Board Packet)	Joy Husmann, Vice Chair
11:20am	Workforce Recommendation	Cheryl Foster
11:40am	Idaho Resiliency Project*	Wendy Stoneberg
11:50am	Community Updates	All
12:00pm	Wrap Up and Adjourn	Melissa Mezo, Chair

\*Denotes information provided in packet

Next scheduled board meeting: February 26, 2025

## **Region 3 Behavioral Health Board**

- Mission:** *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*
- Vision:** *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

### **Strategic Planning Goals**

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*