



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board Minutes

Wednesday, January 22, 2025

10:00am -12:00pm (MST)

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOyIFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215

8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

NA	Jenifer Gorder	x	Joy Husmann	x	Amber Acree
A	Judge Eames	x	Lina Smith	x	Stacey Rosecrans
x	Christopher Partridge	x	Melissa Mezo	E	Marc Dominguez
x	Jodie Keys	x	Penny Dunham	NA	Bryan Kaminkas
x	Samantha Tackitt	x	Mikaela Rios	x	Brad Coen
x	Jessica Werst	x	Shawneen McGee	x	Jennifer Stairs
E	Kristen Heller	x	Alexander Copple		

Time	Agenda Item	Presenter	Notes
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	Anne Banks, David Kirkhamel, Hailey Clements, Isabella Moreno, Jose Martinez, Katie Francis, Mary Wright, Railene Garcia, Sean Waldron, Tristan Mitchell, Christina Ward
10:10am	Review and Approval of November 20, 2024, Meeting Minutes*	Melissa Mezo, Chair	The meeting minutes were not included in the packet. The minutes will be included in the packet for next month and the vote will be taken at that meeting.
10:15am	Executive Committee Update	Melissa Mezo, Chair	Two new applications have been approved; Bryan Kaminkas will be the representative for Adult SUD Services Consumer Representative and Jennifer Gorder will be the representative for Mental Health Treatment Provider. There were \$13,000 in funding applications that were approved (three applications). There was one for \$4,200 from Martha Hooper to assist their start-up to pay for an initial three months' rent for a physical location to reestablish a recovery community center in Region III.

			Another application was from the CMH/Provider Subcommittee on behalf of BPA to hold a Recovery Coach, 40-hour, training in April in Payette, for \$3,000. The third application was from the CMH/Provider Subcommittee on behalf of A Mind & Body for a Peer Support, 40-hour (one week) training in April in Payette for \$5,850.00. The applications will be reviewed by DHW before funding will be available.
10:25am	Funding application process	Melissa Mezo, Chair	<p>Sean Waldron mentioned that applicants need to be vendors for the State of Idaho which can be arranged through Sally Bryan if needed. The next application process will be in August.</p> <p>Sean Waldron reminded the Chairperson that there needs to be a funding approval form filled out to accompany the approved applications.</p> <p>The time it takes to get the funds sent to the organizations depends on if all the information needed is available. After all the information is received it will take 2-3 weeks for payment to be received.</p> <p>Sean Waldron shared that the Board would want to review the funding application document, so they are familiar with it.</p> <p>ACTION: Sally will change the application wording to be a funding proposal instead of a grant proposal. DONE</p> <p>Joy Husmann reminded everyone that the next application process will be in August.</p> <p>Sean Waldron reminded everyone that the board still needs to fill out the funding recommendation.</p> <p>Melissa Mezo reminded everyone that they can submit applications anytime, but they are only reviewed two times a year.</p>
10:30am	MH Advocate Award (standing agenda item)	Melissa Mezo, Chair	<p>Mary Wright mentioned that this award is to recommend someone who has been important in their community. This is done statewide from every region. In May or June, a presentation will be made to the recipient. There is a physical award that will be mailed to the recipient.</p> <p>Melissa would like to have a nomination by the board by the March meeting to be approved in the April meeting.</p>
10:35am	Recovery Subcommittee dates, TBD	Kristen Heller	<p>Melissa Mezo mentioned that there is a need have a new chairperson for the Recovery Subcommittee.</p> <p>Stacey Rosecrans asked if it would be wise to have the new Recovery Center involved in this (New Dawn Treatment and Recovery).</p>

			<p>Joy Husmann mentioned that we need someone who is willing to step up and handle the workload for this subcommittee. Kristen Heller had taken this on and no longer has time to do all the planning that is necessary. We need someone soon who can plan the Recovery Day event.</p> <p>Joy Husmann mentioned that a board member must be on the subcommittee, but the chairperson doesn't need to be a board member.</p> <p>There was some discussion on fund raising for recovery centers during the event. The New Dawn Treatment and Recovery is willing to assist with the event.</p>
10:40am	Children's Mental Health Sub-Committee Update* (please see Board Packet)	Joy Husmann, Vice Chair	<p>Joy Husmann mentioned that the Fletcher group has signed an MOU to provide a recovery ecosystem to the Payette, Washington and Adams County through the Behavioral Health Board. There are goals to develop other recovery ecosystems in other areas as well. She reviewed the work they have done during the CMH Subcommittee meeting. The Fletcher Group has been able to develop all the documents such as the Talking Points and FAQ's. We need to get the community involved in the work that we are doing to make this successful. The work needs to be driven by the community and nurtured by the community. The early targeted Counties were chosen because of a lack of support services in those communities. The CMH Subcommittee is looking to set up the work and then hand it off to the Board for the Recovery Community to take on.</p> <p>There have been issues getting the documents distributed via email. There is a possibility that the Fletcher Group could obtain a drive that could be accessed by members to review.</p> <p>David mentioned that he is working on finding a property in the Weiser area that could be used.</p> <p>There are two questions for the board:</p> <ol style="list-style-type: none"> 1) Is the board comfortable with the CMH Provider subcommittee writing and submitting grants on behalf of the Board? Chris Partridge asked if it would work to have the Executive Committee review these via email? Joy mentioned that the grants can be reviewed via email, but the vote must take place via an emergency meeting (voting can't be done via email). 2) How can the Board provide support for the new recovery centers?

			<p>There was a question about how to apply for the Recovery Coach Training opportunity. Joy Husmann mentioned that as soon as DHW approves the funding proposal there will be a mechanism to enlist folks to attend those trainings. It will be distributed through email. The hope is to hold the training in April 2025.</p>
11:20am	Workforce Recommendation	Cheryl Foster	<p>Joy Husmann mentioned that the Idaho Behavioral Health Council is the judiciary branch of behavioral health for us in the State of Idaho, along with the Idaho State Planning Council, who does work at the umbrella level above the regional behavioral health boards. The BH Council shared that they would be holding some Town Hall community meetings, and they shared their Strategic Plan which aligns well with the Strategic Plan that the Board has. Cheryl Foster is here to share what is being worked on.</p> <p>Cheryl Foster shared that she is the Project Manager for the Idaho Behavioral Health Council. The Strategic Action Plan covers 2024 – 2028. The BH Council is happy to have the input from the Behavioral Health Boards. The BH Council is made up of a small group of high-level leadership in different agencies. The five areas are Prevention, Promotion, Recovery, Treatment and Engagement. After some work, the BH Council came up with 11 priority recommendations: Workforce, Program Awareness & Anti-Stigma, Primary Prevention Programs & Protective Factors, Foster Care, Diversion Systems, Help the Helpers, Crisis Centers, Criminal Justice-Continuum of Care, Treatment Courts, Competency Restoration, Supportive Housing. Implementation Teams are being implemented to determine what this looks like in the communities. Some ideas are to provide incentives to students to attend career tech or higher education institutions for BH fields, enhance the training programs, loan repayment, and reviewing the Medicaid paperwork burden on agencies. There will be a few of the action items picked to work on.</p> <p>It was mentioned that it would be good to change some of the IDAPA rules that make it prohibitive for some of the Recovery Coaches to work. Cheryl asked that we send her those suggestions because she is on the Workforce Workgroup and could bring the suggestion to the workgroup.</p>

11:40am	Idaho Resiliency Project*	Wendy Stoneberg	Hailey Clements shared that there are some free training opportunities through the Idaho Resilience Project for a limited time. They have a list of free mental health trainings available. There are local contractors across the state. Some examples are, Hope, Children of Trauma and Resilience, Community Resilience Model Training, Everyday Strong Parent Education, and “The Real Deal” – Teen Mental Health Series and Curriculum (Animation Series). These are available for free right now and available for any organization. To reach out please contact community@idahoresilienceproject.org . The free trainings will be available until June 2025. If you miss the free opportunities these trainings will be available for a cost.
11:50am	Community Updates	All	<ul style="list-style-type: none"> • Trivium Life Services has a lot of openings right now for medication management and medications for opiate use disorder so reach out if you know someone who needs help. • Stacey Rosecrans shared that tomorrow is the statewide convergence of the recovery community centers on the Capitol building and there will be presentation in the rotunda from 8:00 to 4:00. They will have information for the public and for the legislators and senators.
12:02pm	Wrap Up and Adjourn	Melissa Mezo, Chair	

*Denotes information provided in packet

Next scheduled board meeting: February 26, 2025

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that*

promotes prevention and ready access to a full range of services.

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*