



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board
Executive Committee Minutes
Wednesday, January 22, 2025
9:30am -10:00pm (MST)

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOylFpY8b3GEITBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap: US: +17193594580, 98615063473# or +12532050468, 98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215 8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

X=Present A=Absent E=Excused

x	Melissa Mezo (Chair)	x	Chris Partridge	x	Joy Husmann (Vice-Chair)
x	Jessica Werst	x	Jennifer Stairs		

Time	Agenda Item	Presenter	Notes
9:31 am	Welcome and call to order	Melissa Mezo, Chair	Attendees: Drew Piccola, Sally Bryan (notes), Sean Waldron, Craig Larsen, Bryan Kaminskaskas
9:33 am	Review and approve minutes dated 11/20/2024.		Motion to approve: Chris Partridge Seconded: Jessica Werst Unanimous decision: no objections
	Review of attendance sheet		No identified concerns and no comments
	<p>ACTION ITEMS:</p> <p>Review Applicants for Board Positions:</p> <p><u>Adult SUD Services Consumer Representative:</u> Craig Larsen Tristan Mitchell Bryan Kaminskaskas</p> <p>Nomination for one individual: Chris nominates Bryan Kaminskaskas. Jessica seconds Chris' nomination.</p>		<p>Applications were reviewed.</p> <p>Craig and Tristan's applications had been reviewed. Craig is a recovery coach supervisor.</p> <p>Tristan was not able to attend the meeting today. He is a Live-in House Manager at a residential treatment facility. He has lots of background and history with addiction and recovery.</p> <p>Bryan shared that he applied because Joy asked him if he was interested. He has been in</p>

	<p>There was discussion that there might be a conflict of interest with Craig's application.</p> <p>Motion was approved and no objections were heard.</p> <p><u>MH Treatment Provider:</u> Drew Piccola Jennifer Gorder</p> <p>Nomination for one individual: Jessica Werst nominates Jennifer Gorder. Chris seconded the nomination. The nomination was carried.</p>		<p>many aspects of the recovery community and has lived experience.</p> <p>Chris asked Bryan what we are missing as far as recovery in this community. Bryan commented that it is difficult to access a mental health treatment. Also, resources for people working through the recovery process such as housing. There are rules that must be followed for safe and sober housing, but it leaves some without housing.</p> <p>The applications for the MH Treatment Provider were reviewed.</p> <p>Drew Piccola spoke about her background and work history. Joy asked how Drew was planning on working up the ladder at Clara Vida. Drew mentioned that she is excited to do some crises work in the community. She enjoys working with first responders and the community.</p> <p>Jenifer Gorder's application was reviewed.</p>
	<p>Approve funding requests (standing agenda item)</p> <p>ACTION ITEMS:</p> <ol style="list-style-type: none"> 1. Request for Funding with the Canyon County Recovery Center 2. Request for Recovery Coaching Training 3. Peer Support Specialist Training <p>First application:</p>	<p>Melissa Mezo, Chair</p>	<p><u>Recovery Center Start-up</u></p> <p>Startup fee's for rent to establish a recovery community center for Region 3.</p> <p>Sean mentioned that it is possible but wants to ensure that there are no other organizations that can assist with this cost.</p>

	<p>Marti Cooper application for \$4,200 Motioned to approve: Jessica Werst Seconded: Chris Partridge Motion carried</p> <p>Recovery Coach 40-hour training for \$3,000.00 For BPA on behalf of the CMH Subcommittee Motioned: Chris Partridge Seconded: Jessica Werst Motion carried</p> <p>A Mind & Body Behavioral Health on behalf of the Region 3 CMH Subcommittee for \$5,850.00 Motioned: Chris Partridge Seconded: Jessica Werst Motion carried</p>		<p>Melissa mentioned that from their discussions with other organizations there are no other alternative funds.</p> <p>Sean mentioned that DHW would not want to favor one organization over another.</p> <p><u>Recovery Coach Training funding:</u> The request for the “BPA” to fund recovery coach trainers from BPA for a one-week training. This request was for \$3,000.</p> <p>The other request is for \$5,850.00 for a 40-hour training for Peer Support training for 10 individuals. To increase the number of people who are certified peer support coaches.</p> <p>Sean asked if these requests were on behalf of the CMH Subcommittee, not for services directly from BPA.</p> <p><u>Peer Support Training funding:</u> Joy reminded people that the Peer Support training would happen over a one-week period and not be carried over time.</p> <p>Joy mentioned that the Recovery Coach Training would help support a much-needed training in a rural area.</p> <p>There were questions regarding if there is a need for recovery coaches in the community and if there are organizations looking to hire these positions.</p>
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10:18	Wrap up and adjourn	Melissa Mezo, Chair	

Next scheduled board meeting:
February 26, 2025

The Region 3 Behavioral Health Board follows Idaho's Open Meeting Law with regard to virtual meetings

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*