



## BEHAVIORAL HEALTH BOARD

### Region 3 Behavioral Health Board Minutes

Wednesday, March 26, 2025

10:00am -12:00pm (MST)

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOylFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215

8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

x	Jenifer Gordor	x	Joy Husmann	E	Amber Acree
A	Judge Eames	x	Lina Smith	A	Stacey Rosecrans
x	Christopher Partridge	x	Melissa Mezo	x	Marc Dominguez
E	Jodie Keys	x	Penny Dunham	x	Bryan Kaminskis
		x	Mikaela Rios	x	Brad Coen
x	Jessica Werst	A	Shawneen McGee	E	Jennifer Stairs
x	Kristen Heller	A	Alexander Copple		

Time	Agenda Item	Presenter	NOTES
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	
10:10am	Review and Approval of February 26, 2025 Meeting Minutes*	Melissa Mezo, Chair	Motion to approve the February 26, 2025 meeting minutes: Chris Partridge Motion seconded: Brad Coen Meeting minutes were unanimously approved
10:15am	Executive Committee Update	Melissa Mezo, Chair	The attendance sheet was reviewed. There was a resignation from Samantha Tackitt as the Adult Mental Health Consumer Representative. We are seeking applications for that position. Please let others know of this opening.
10:30am	MH Advocate Award Action Item: Vote on nomination submissions	Melissa Mezo, Chair	Discussion on nominations for this award:  Previous Advocate Awardees: 2020: Daniel Pugmeyer

			<p>2021: Mark Shigetta  2022: Vito Kelso  2023: Kristen Heller  2024: Tricia Ellinger</p> <p>Marc nominates <u>Sue Hill</u>, mental health court coordinator  Votes: 6</p> <p>Jared nominates <u>Emily Flint</u>, counselor.  Votes: 1</p> <p>Vito nominates <u>Rebekah Koepnik</u> with DHW in the Center of Excellence.  Votes: 4</p> <p>Kristen nominates <u>Emily Hardig</u> with Terry Reilly.  Votes: 2</p> <p>Chris nominates Ben Seymour.</p> <p>Personal testimony was heard regarding the two leading nominees.</p> <p>Sue Hill is the nominee for this year's award.  Marc and Vito will work on the write-up for Sue's award by Friday, April 4<sup>th</sup>. We will email those who were nominated so they are aware of the appreciation.  The actual award will not be available until June but there will be a certificate available in May.</p>
10:45am	Board Expectations*	Melissa Mezo, Chair	<p>Melissa sent out an email regarding board member expectations. She would like to know if there is feedback after that email.</p> <p>Q: Is attendance required at Subcommittee meetings?  A: The expectation as a board member is that you're here from at a minimum of 10am – 12pm, with an additional commitment of up to 6 hours per month.</p>
10:55am	Children's Mental Health Sub-Committee Update	Joy Husmann, Vice Chair	Goal 1:

	<ul style="list-style-type: none"> <li>Applications for the remaining \$4,000</li> </ul>	<p>We outlined a pro forma which outlines our expenses and operating costs for a recovery center in the tri-counties (Adams, Washington and Payette counties). We are putting together a timeline. The subcommittee is working together to get this work accomplished. Jennifer Stairs investigated a physical location. We have identified the district 3 Department of Corrections former office in Payette. It would cost \$800/month which is reasonable.</p> <p>We are looking at dates and times to schedule our presentations to the cities and counties in Payette, Washington and Adams to request potential opioid abatement funding money that each of the counties have received.</p> <p>There was some discussion regarding how the funding could be used. It was brought to the attention of the board that gift cards should not be purchased using moneys provided by DHW. If they want to give vouchers for gas that would be acceptable, but gift cards should not be purchased. It is recommended that they look for other ways to provide help for transportation.</p> <p>Joy asked if there are any other suggestions or questions. The Board has already approved the funding recommendations. The MOU from the Fletcher Group will be available to be approved in the April meeting.</p> <p>Once the Recovery Center is self-sustaining the Board will step away from this work.</p> <p>Brad Coen volunteered to try to help get the Subcommittee scheduled to talk to the city leaders. He will try to be at any meetings he is able to schedule to represent the Board.</p> <p>Goal 2:</p> <p>We want to be mindful to allocate some of the money we might receive through grants to support our existing recovery centers and the work they are doing. The money they will be receiving through state funding will eventually go away. We want to work together with the counties as well.</p> <p>Goal 3:</p> <p>We are working with the Duck Valley Indian Reservation regarding the protocol for addressing their tribal council.</p>
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11:30am	Wraparound with BPA Health	Mindy Oldenkamp	<p>This is a new service being offered by BPA Health. Wraparound is a family-driven, team-based process in Idaho's YES system that builds support networks to help families confidently address complex challenges. The Care Coordinator helps guide the team through the process. The service is covered by Medicaid. One of the goals is to keep the children at home and in their communities. They want to reduce hospitalizations and improve multi-system coordination. Team members can be the Care Coordinator, teachers, counselors, family members, doctors, etc. Any youth 18 or under is eligible, Medicaid eligible, CANS assessment with level 2 or 3. There are further qualifications for special circumstances. Wraparound lasts for 12 to 18 months. Referrals can be done through the BPA website.</p> <p>Q: Is there a waitlist for Wraparound?  A: No, the parent can contact BPA directly</p> <p>Q: How is this funded – can private insurance pay?  A: The child must be eligible for Medicaid.</p> <p>Q: Is there reimbursement for the professionals that participate in Wraparound?  A: BPA is the provider of the service. The professionals can attend meetings, but they can also provide feedback via email. All the paperwork is done by BPA.</p> <p>Q: How about homeschooled children?  A: Education is just one of many of the components of the team.</p>
11:45am	Community Updates	All	Crisis Intervention Team training August 4.

			<p>Terry Riley has a walk-in clinic on Mondays in Boise, 8 – 1. In Caldwell 11 – 4 on Wednesdays. DBT group starting next week.</p> <p>Intermountain Hospital –</p> <ul style="list-style-type: none"> <li>• Adult partial hospitalization and intensive outpatient evening program, starting March 31<sup>st</sup> from 7 to 9.</li> <li>• Daily outpatient treatment for adolescents and adults. The adolescent program is 4 days a week from 4:30 to 7:00 so they don't miss school.</li> </ul> <p>Cottonwood Creek is starting a partial hospitalization program April 1<sup>st</sup> which will start with adults only with eight hours a day of group therapy and five days a week.</p> <p>Linc works with people with disabilities to keep them self-sufficient. It is self-directed. If someone has a disability and wants to return to work there is a team that works with them to get them back into the workforce. On April 10<sup>th</sup> they are launching a rural roadshow. There are three facilities Caldwell, Boise and Twin Falls that will explain to the community what we do. They will also assist with people who need help filling out applications.</p> <p>Nampa Recovery Center –</p> <p>People are finding us, and we aren't even open yet. We are working on the Recovery in the Park event. We are looking for some people to be on our Board that are from the Caldwell area. We have helped over 4,000 people so far.</p> <p>Adult Corrections –</p> <p>This was a busy legislative session. The Director has resigned his position with IDOC and the Deputy Director has been assigned as the new Director.</p> <p>Recovery Coach Training Academy –</p> <p>Let John Hall know if you know anyone interested in the Recovery Coach Training.</p> <p><a href="https://www.idahorca.com/trainings">https://www.idahorca.com/trainings</a></p>
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12:00pm	Wrap Up and Adjourn	Melissa Mezo, Chairperson	Adjourned at 12:03pm
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\*Denotes information provided in packet

Next scheduled board meeting: April 23, 2025

## Region 3 Behavioral Health Board

**Mission:** *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

**Vision:** *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

## Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*