



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board Minutes

Wednesday, April 23, 2025

10:00am -12:00pm (MST)

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOylFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215

8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

x	Jenifer Gorder	x	Joy Husmann	x	Amber Acree
A	Judge Eames	Ex	Lina Smith	x	Stacey Rosecrans
x	Christopher Partridge	x	Melissa Mezo	x	Marc Dominguez
x	Jodie Keys	x	Penny Dunham	x	Bryan Kaminskis
		Ex	Mikaela Rios	Ex	Brad Coen
Ex	Jessica Werst	x	Shawneen McGee	x	Jennifer Stairs
x	Kristen Heller				

Time	Agenda Item	Presenter	NOTES
10:04am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	
10:10am	Review and Approval of March 26, 2025, Meeting Minutes*	Melissa Mezo, Chair	<i>Motion to approve with changes noted: Marc Dominguez Seconded: Kristen Heller Motion passed</i>
10:15am	Executive Committee Update	Melissa Mezo, Chair	<i>Approved the meeting minutes from March 26, 2025. The MOUs were approved for BPA and A Body and Mind. The new member applications will be reviewed at the next meeting.</i>
10:25am	Recovery Day Board Recruitment	All	<i>We need someone from the Board to be part of the subcommittee.</i>

			<p><i>Ambre Acree would like to be on this subcommittee. She does not want to be the chairperson.</i></p> <p><i>Craig Larsen also volunteered to be on the subcommittee.</i></p> <p><i>David volunteered</i></p> <p><i>Keith from the recovery center will be a chairperson</i></p> <p><i>Joy Husmann, David Kirkemo, John, Melissa Mezo are all interested in being on the subcommittee.</i></p> <p><i>John volunteered</i></p> <p><i>Marti Hooper shared that the \$150,000 millennium fund grant was awarded to the Recovery Center, and they are very excited to move forward.</i></p> <p><i>SIRCC Address: 204 9th Ave. S., 208-505-5497, open 10:00 AM – 5:00 PM</i></p> <p><i>The Recovery Center will head up the Recovery Day Event on Sept. 27th at Lakeview Park from 10:00 – 5:00.</i></p> <p><i>There are lots of fun activities and hope that everyone takes part.</i></p> <p><i>Discussion:</i></p> <ul style="list-style-type: none"><i>• In the past we would support any recovery events that were planned in our area. We anticipate doing the same thing this year.</i><i>• This is a great chance to celebrate the recovery centers and the work they are doing.</i><i>• This is driven by the recovery community and the Board helps to support it.</i> <p><i>The time and date for meetings will be worked out through the people who would like to participate in the planning.</i></p> <p><i>Joy will work with Marti to plan the time and date.</i></p>
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			<i>This will be a subcommittee of the Board (Recovery Day Planning Subcommittee).</i>
10:40am	<p>Children's Mental Health Sub-Committee Update</p> <p><i>Action Item: Approve Peer Support and Recovery Coach Scholarship.</i></p> <p><i>Action Item: Approve name of the Tri-County Recovery Center</i></p> <p><i>Action Item: Approve the draft proposal for presenting on the Tri-County Recovery Center</i></p>	Joy Husmann, Vice Chair	<p><i>The Pro Forma that the CMH Subcommittee is working on is a presentation that can be used when submitting ideas to organizations such as the Counties. The presentation was previewed at this Region 3 Behavioral Health Board meeting. The funding for this new recovery center would not include any funding from the legislature.</i></p> <p><i>Increasing workforce in the Tri-County Recovery Center is one of their goals. They need to come up with a name for the organization name for the new recovery center. It would cost \$120 to create the name and EIN (tax identification number). The non-profit status is not part of this.</i></p> <p><i>Suggestions:</i></p> <ul style="list-style-type: none"> • <i>Payette Recovery Center</i> • <i>Tri-North RCC</i> • <i>Idaho United Recovery Group</i> • <i>Tri-West RCC</i> • <i>Three Rivers Recovery Community Center</i> <p><i>Joy Husmann shared the proposed application for the scholarship for the Peer Support and Recovery Coach Scholarship for approval by the Board. Joy mentioned that the person needs to be able to attend in-person.</i></p> <p><i>Discussion:</i></p> <ul style="list-style-type: none"> • <i>There is a question about what the word Agency means on the application. – The agency refers to where they work or volunteer. We might want to think about changing the wording to include volunteering as well as working.</i>

- *There is a suggestion to find out if the person has any barriers to participating in an in-person training.*
- *Who would be contacted regarding questions on the application? – They will add Kristen Heller’s contact information.*
- *There was a question about if someone with a felony would be able to become a recovery coach or peer support. – IDAPA rules state who can and cannot be a peer support or recovery coach.*
- *There is a question about passing the background check required. – A person must have started the background process or completed the background process to attend the training.*

Motion to approve the Peer Support and Recovery Coach Scholarship application with recommended changes: Chris Partridge
Motion seconded: Kristen Heller
Motion was passed

Motion to approve the naming of the recovery center in the Tri-Counties as Three Rivers Recovery Community Center: Kristen Heller
Motion seconded: Marc Dominguez
Motion was passed

Motion to approve the recovery center draft proposal for the Three Rivers Recovery Community Center: Melissa Mezo
Motion seconded: Jennifer Stairs
Motion was passed

Discussion:
One question to expect from during a City Council Meeting would be long term sustainability.

			<i>The CMH/Provider Subcommittee is prepared to answer that question and is also answered in the proposal.</i>
11:25am	Bylaw update	Melissa Mezo, Chair	<i>Bylaws need to be updated soon. They will be sent out to the members for review. Please take time to review them and they will be discussed at the next meeting.</i>
11:30am	ACT Team presentation	Lucinda Baker	<p><i>Cindy Baker and Meredith Sievers for the Region 3 ACT Team with Human Supports of Idaho.</i></p> <ul style="list-style-type: none"> • <i>Clients who qualify have a severe mental illness.</i> • <i>What a client can expect:</i> <ul style="list-style-type: none"> ○ <i>The client information is reviewed by the team lead.</i> ○ <i>The client comes in for an assessment and an eligibility screening is done by Magellan.</i> ○ <i>A treatment plan is then worked on.</i> • <i>Staff who are part of the work:</i> <ul style="list-style-type: none"> ○ <i>There is a medical team that assists the clients with their medications.</i> ○ <i>There are two peer support specialists on the team.</i> ○ <i>Two counselors are also a part of the team.</i> ○ <i>They can have individual counseling either in the office or in the client's location.</i> ○ <i>They do med-checks.</i> • <i>This is a volunteer program.</i> • <i>They meet with clients in the jail as well.</i>
11:45am	Community Updates	All	<p><i>Courageous Survival is available for veterans or first responders and active military. The program is like the ACT Team services.</i></p> <p><i>Intermountain Hospital offers evening virtual LOP and it's from 7 to 9 PM. So, anyone who needs that</i></p>

			<p><i>extra support in their intensive outpatient program we can offer that to them in the evening.</i></p> <p><i>The Rural Road Show from Linc has launched and will be focusing on specific counties. They will be focusing on personal care assistance. Our mission is to keep people living as independently as they choose.</i></p> <p><i>Cottonwood is open 24/7 for walk-ins. If anyone is going through a crisis they can come in day or night. They can get a meal and receive a medical evaluation.</i></p> <p><i>June 7th the All 12-Step Club is doing a bike rally in memory of Dan Hopper. They want vendors from 9 – 6 at the All 12-Step Club on 9th street in Caldwell. They will have the entire street cut off for the day.</i></p> <p><i>NAMI TV Walks Event on Saturday May 24th. A walk for mental health to raise awareness.</i></p>
11:55pm	Wrap Up and Adjourn	Melissa Mezo, Chair	

*Denotes information provided in packet

Next scheduled board meeting: May 28, 2025

Region 3 Behavioral Health Board

Mission: Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*