



## BEHAVIORAL HEALTH BOARD

### Region 3 Behavioral Health Board Minutes

Wednesday, May 28, 2025

10:00am -12:00pm (MST)

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOylFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215

8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

x	Jenifer Gorder	x	Joy Husmann	x	Amber Acree
A	Judge Eames	x	Lina Smith	x	Stacey Rosecrans
x	Christopher Partridge	x	Melissa Mezo	x	Marc Dominguez
x	Jodie Keys	E	Penny Dunham	x	Bryan Kaminskas
E	Jessica Werst	x	Mikaela Rios	x	Brad Coen
x	Kristen Heller	E	Shawneen Magee	E	Jennifer Stairs

Time	Agenda Item	Presenter	Notes
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	All in attendance introduced themselves.
10:10am	Review and Approval of April 23, 2025, Meeting Minutes*	Melissa Mezo, Chair	Motion to approve the minutes of April 23, 2025: Chris Partridge Motion seconded: Marc Dominguez Approved unanimously
10:15am	Executive Committee Update	Melissa Mezo, Chair	A quorum was not met and the work for that Committee was extended for the next meeting in June. There is an additional application that can now be added to the next month's application review.
10:25am	Recovery Day Planning Subcommittee update	Amber Acree, Board Member	The group came up with a layout for the event and the website will soon be updated with a QR code. The Recovery Day Event is September 27, 2025 (10:00 am is the start time). <ul style="list-style-type: none"> <li>Car show</li> </ul>

			<ul style="list-style-type: none"> <li>• Motorcycle show</li> <li>• Live show with speakers and performers</li> <li>• Vendors</li> <li>• Food trucks</li> <li>• Handholding for Recovery</li> <li>• Native American performers</li> <li>• Memorial for those lost</li> <li>• Dunk tank</li> <li>• Airbrush tattoos</li> <li>• Petting zoo</li> </ul> <p>Vendors must go through the city of Nampa if they are going to be selling something. We don't charge the vendors anything to be present at the event. To help with this event please let vendors know that this event would be a good event to be a part of. There will be a lot for volunteers to help with on the day of the event.</p> <p>There are opportunities for sponsorship which will be listed on a banner and on t-shirts. If you are interested in sponsorship contact Marti Hooper at 208-741-0001.</p> <p>Joy mentioned that it would be helpful to have a packet available to give to the board distribution list. There was a question regarding if there is need for police officer coverage is needed. Marti commented that it is probably in the application that was filled out to hold the event.</p> <p>Stacey Rosecrans shared several events that will be happening in June and July. She will try to get information to the Board.</p>
10:45am	Children's Mental Health/Provider Sub-Committee Update	Joy Husmann, Vice Chair	<p>Payette and Washington County meetings are set up to discuss recovery center suggestions. Please attend these meetings if possible. This will be a bit of a learning experience. They will most likely want to review the information before making their decision. The Washington County Courthouse meeting date is June 2<sup>nd</sup> at 9:30 AM.</p>

			<p>The Payette County Courthouse is June 9<sup>th</sup> at 10:30 AM.</p> <p>Scholarship applications were sent out and will be reviewed during the Subcommittee meeting today. A Body and Mind will review the applications that the Subcommittee sends onto them. There were 22 applications received. It is important to have Adams County involved. Joy will follow up with Adams County soon.</p> <p>Joy and Marc have talked to several successful recovery centers. Sustainability is important to the county and looking at successful recovery centers will help. They use grants and private funding in addition to fund raising. The communities understand the value which helps tremendously. The Fletcher Group is assisting with some technical aspects.</p>
11:05am	Placeholder for MH Advocate Award – Sue Hill	Melissa Mezo, Chair	<p>Sue Hill is the mental health court coordinator and veterans’ treatment court coordinator and has been in that role for almost 7 years. She has been at the Courthouse for 14 years.</p> <p>Marc shared that this is a yearly award. Sue’s name was brought up regarding the valuable work she does.</p> <p>Mary Wright read the letter that was presented to her for the Mental Health Advocate award.</p>
11:10am	Reminder – June meeting at Health and Welfare (Caldwell)	Melissa Mezo, Chair	<p>The in-person meeting will be at the DHW building in Caldwell. Most members will be available for the in-person meeting.</p>
11:15am	Bylaw update	Melissa Mezo, Chair	<p>Melissa shared the Bylaws. She wondered if there was a way to change the requirement of having a county commissioner as part of the Executive Committee.</p> <p>It was mentioned that this is an expectation but maybe it could be a different role.</p>

			<p>Section three mentions who the Executive Committee membership is. It would be good if we could reword that.</p> <p>Joy mentioned that might be a requirement to start up.</p> <p>Chuck Christiansen mentioned that it was set up with the original language of the code. He believes that if you have two of the three entities mentioned you are meeting the letter of the law even without the presence of a county commissioner. The language of the law hasn't changed since 2014.</p> <p>Melissa mentioned that if there is a tie, the tie goes to the Yays and not the Nays.</p> <p>There was a question regarding who will always be doing the secretarial duties now that DHW is overseeing the operational portion of the Board. Sean shared that in the foreseeable future DHW will be the operating partner.</p> <p>Melissa believes the language is sufficient for the operational partner.</p> <p>Attachment A: Is duplicative and could be removed.</p> <p>Article IV: The term should be for four years, but they would be on a staggered basis so not every member needed to be reappointed at the same time. We are still trying to stagger these so that members are reappointed every four years. We can keep this.</p> <p>(note: all sections were reviewed and only noted here if there were changes or conversation to report)</p> <p>We do not have an actual treasurer, but DHW acts as the fiscal agent.</p> <p>The secretary position is completed by DHW.</p>
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			<p>The draft of the new Bylaws will be reviewed either in June or July and voted on.</p> <p><b><u>Strategic Planning Goals:</u></b> These need to be what the Gaps and Needs analysis reflected.</p>
11:45am	Community Updates	All	<p>Jared shared that there is a new safe and sober that is opening in Pocatello.</p> <p>Vito Kelso shared that there is a Crisis Intervention Team Collaborative will be having a 40-hour academy coming from August 4 – 8. There is a resource fair on August 6<sup>th</sup> from 3 to 5 at the Nampa Police Dept. The law enforcement officers will be learning de-escalation tactics and how to deal with or work with someone who is in a mental health crisis. If you want more information contact <a href="mailto:cit@gmail.com">cit@gmail.com</a></p> <p>Marc shared that the Dept. of Corrections is working on meeting the community's needs. Probation officers are visiting the Southwest District Health office today to get a tour and see what they do. They are then going to tour the Western Idaho Community Crisis Center. We are trying to get a handout card created to give out when they do home visits.</p> <p>Intermountain Hospital has openings for adolescents aged 12 to 17. They also have day treatment (outpatient). There is also an evening availability. You don't need to be inpatient to attend the outpatient programs. Just call the main number and set up a time to come in for an assessment and get into services, usually the same day or next day.</p>

Marti Hooper shared that there is an arcade night in which 100 people will be paid for to go. They just need to call and sign up. There is a bar-b-que in the park coming up. There are events planned every month until the recovery in the park and it's all free. If you can support the Breeze laundry, they have offered to assist us in providing laundry services for the homeless and will match dollar for dollar up to \$8,000. They have a debit card that is only usable in their washers which helps us to be able to fund this. We are starting free parenting classes as well.

Amber is now working with an ACT Team. Anyone in the community who is coming in and out of the hospitals or out of the jails the ACT can help bridge that gap between leaving the facilities and going back into the community.

Cottonwood Creek has openings for adolescents and adults in our inpatient as well as outpatient services. They are open 24/7 to take walk-ins for crisis services. There is a PHP program for adults only. There is also a program for adolescents and adult with plenty of openings. There is also an after school and evening program for those who have commitments during the day. These programs are for mental health services primarily.

Mary Wright shared that there is a training tomorrow on trauma informed care.

John Hall mentioned that there is room for some recovery coach training events. There are some scholarships through the board.

Lina Smith shared that there is a golf event coming up on June 26<sup>th</sup> from 1 – 4. There is free food (donations welcome). The flyer will be sent out.

			<p>Sean Waldron shared that NAMI Idaho is looking to replace some individuals on their board of directors and they wanted to fill some vacancies. If you are interested contact <a href="mailto:ed@namiidaho.org">ed@namiidaho.org</a></p> <p>Kristen Heller mentioned that they are now offering Sublocade injections for MOUD patients at Terry Reilly.</p> <p>Jen G. shared that West Valley Medical Center will be starting a detox program. They are currently admitting patients from the emergency room. They also have a mental health intensive outpatient program.</p>
12:00pm	Wrap Up and Adjourn	Joy Husmann, Vice-Chair	

\*Denotes information provided in packet

Next scheduled board meeting: June 25, 2025 (Caldwell, IDHW)

## Region 3 Behavioral Health Board

**Mission:** *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

**Vision:** *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

## Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*