



Region 3 Behavioral Health Board Minutes

Wednesday, June 25, 2025

10:00am -12:00pm (MST)

In-Person meeting at 3402 Franklin Road, Caldwell, ID.

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOylFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215

8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

x	Jenifer Gorder	x	Joy Husmann	x	Amber Acree
x	Judge Eames	x	Lina Smith	A	Stacey Rosecrans
x	Christopher Partridge	E	Melissa Mezo	x	Marc Dominguez
x	Jodie Keys	A	Penny Dunham	x	Bryan Kaminskaskas
x	Jessica Werst	E	Mikaela Rios	x	Brad Coen
x	Kristen Heller	x	Shawneen Magee	x	Jennifer Stairs

Time	Agenda Item	Presenter	Notes
10:00am	Welcome, Call to Order and Roll Call	Joy Husmann, Vice Chair	
10:10am	*Review and Approval of 5/28/25, Meeting Minutes - ACTION ITEM	Joy Husmann, Vice Chair	Motion to approve 5/28/25 meeting minutes: Brian Kaminskaskas Seconded: Marc Dominguez Motion carried
10:15am	Executive Committee Update	Joy Husmann, Vice Chair	There were four applicants for two positions, Parent of a Child with Mental Health and Adult Mental Health Consumer. They were all qualified.
10:20am	Introductions of new Board members	Joy Husmann, Vice Chair	Erin Dominguez was elected as the Parent of a Child with Mental Health, and she explained her experience professionally and personally. Kary Perkins was elected as the Adult Mental Health Consumer. She was not able to attend this meeting. She has a lot of passion and has a lot of experience representing people with mental health challenges.
10:25am	*Approval of Bylaws ACTION ITEM	Joy Husmann, Vice Chair	Motion to approve the small changes that were made to the Bylaws. Joy reminded everyone to review the code of conduct. The Bylaws were shared prior to the meeting for members to review. Motion to approve the Bylaws by Marc Dominguez Motion seconded by Brian Coen Motion was carried.

10:30am	July meeting date will be cancelled	Joy Husmann, Vice Chair	<p>Joy mentioned that we typically cancel the July meeting due to low attendance. She asked if anyone had an agenda item that would need to be discussed in July.</p> <p>No agenda items were heard.</p> <p>The next meeting will be August 27, 2025, at the Canyon County Administration building.</p>
10:35am	Recovery Day Planning Subcommittee update	Amber Acree, Board Member	<p>The flyer was finalized and has been given to Joy to be distributed.</p> <ul style="list-style-type: none"> • Raffle tickets will benefit the Recovery event next year. • Live music • Dunk Tank • Arts and crafts • Native American dancing • Memorial • Petting Zoo • Food vendors <p>They need at least 100 volunteers – please contact Amber to sign up.</p> <p>They are working to get Jelly Roll to attend but nothing final yet.</p> <p>Vendors are welcome.</p> <p>Christina Ward shared that she reached out to Magellan to see if they could attend.</p> <p>Meetings are Wednesdays at 3:00.</p> <p>Vendors can be anyone associated in the recovery effort.</p> <p>Vendors are asked to provide a \$100 “basket” for the raffle.</p> <p>Kristen Heller mentioned in the chat that she can share the historical vendor registration logs, so you know who has attended in the past and the contact person. She asked if there is an alternative for vendors having to do a \$100 basket donation to participate.</p> <p>There is no alternative to the \$100 raffle basket for vendors.</p> <p>Joy Husmann mentioned that this event is a way to support the community, and it is part of the mission of the regional board. We want to try to ensure that all counties are benefiting from this work, not just Canyon County.</p> <p>Amber Acree mentioned that there will be some radio advertising.</p>

10:55am	<p>Children’s Mental Health/Provider Sub-Committee Update</p> <ul style="list-style-type: none"> • Update on Recovery Ecosystem <ul style="list-style-type: none"> ○ Ross Edmunds letter of support • Update on Scholarships • Scholarship applications being accepted for Certified Peer Support and Recovery Coach training 	Joy Husmann, Vice Chair	<p>Joy Husmann shared that there are currently funds available for</p> <ul style="list-style-type: none"> • \$3,000 in fuel vouchers • \$14,000 was used to provide scholarships for the Recovery Coach and Peer Support trainings. <p>Fifteen scholarship applications were received. Providing these scholarships will help build the workforce for recovery positions in our area. If you have applied for someone please let them know that you have submitted it and assist them as they work through the process.</p> <p>Joy will send an email at the end of this week and will launch another round of applications. The trainings will probably be held in the Canyon County Administration building. It will be required that the people attend these trainings in person.</p> <p>Marc Dominguez shared that they have been to two County Commissioner meetings and presented the Recovery Ecosystem proposal.</p> <p>The Commissioners asked how they would be involved in this Recovery Ecosystem. In general, they have been very supportive. Washington, Payette and Canyon County would like to work together to get this proposal off the ground. There have been several letters of support. They still need an entity that could take this on in the future.</p> <p>Joy Husmann shared that there is a meeting scheduled with Adams County Commissioners. They are working very hard to make this effort successful.</p> <p>There was a question about the recovery center and what it would do.</p> <p>Marc Dominguez mentioned that the Ecosystem Model includes a recovery center, but it is so much more. It would include a lot of services or supports.</p> <p>There was a comment that there is a need to have a place for people to detox. Right now, this is difficult for the community to find a place locally. There is also a need for detox for those who don’t have Medicaid. It would be great if all the services were available in one location.</p> <p>Joy Husmann commented that it would work very well if there were a Peer Support person at the ER with a patient who is detoxing to help them with that process. Recovery centers also will need Peer Support staff. We are trying to focus on getting resources to the rural areas.</p>
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11:20am	Drug Trends	Savannah Clary with Aegis labs	<p>They serve as a medication monitoring partner for clinicians and all sorts of different clinical areas. They monitor medication, adherence and treatment adherence.</p> <p>The definition of novel psychoactive substances, in general, is a group of modified synthetic substances that have been created to mimic prescription or traditional illicit drugs. They have been created to evade detection by standard toxicology or to get around regulatory loopholes. Some of these synthetic drugs might be fentanyl, benzodiazepines. They may be weaker or stronger than the common drug. There are also some synthetic stimulants, hallucinogens and synthetic cannabinoids. Some of these drugs are used in a veterinary setting.</p> <p>In the Washington/Oregon/Idaho area they have seen Fentanyl, Bromazolam, Zylazine and Phenibut.</p> <p>They have also seen a rise in the use of synthetic urine to evade toxicology testing. They developed a bio detect analysis that would help identify the absence of key biomarkers that would be expected to be present in routinely analyzed human urine.</p> <p>They can also analyze oral fluid.</p> <p>Aegis has a clinical team that can be contacted with questions. Clinical@aegislabs.com</p> <p>Dr. Partridge commented that the cost of doing toxicology is expensive and if it was less expensive it might be easier to find out how prevalent the substances use issue is in our communities. He is interested in finding out more about the forensic toxicology that the state did.</p>
11:35am	Community Updates	All	<p>Human Support is moving to behind Bus Valley.</p> <p>A gentleman on the board is looking for a grant writer. If you know someone please contact Joy Husmann and she will put you in touch with him.</p>
12:00pm	Wrap Up and Adjourn	Joy Husmann, Vice-Chair	Joy adjourned the meeting at 11:34 AM

*Denotes information provided in packet

Next scheduled board meeting: August 27, 2025

Region 3 Behavioral Health Board

- Mission:** *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*
- Vision:** *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Basic Needs*
- *Recovery ecosystem housing*
- *Engage and develop effective community recovery centers, peer and family supports, and recovery coaching with community stakeholders in the work the Region 3 Behavioral Health Board plans to do around recovery ecosystems.*