

Region 3 Behavioral Health Board
Executive Committee Minutes
Wednesday, August 27, 2025
9:30am -10:00pm (MST)



BEHAVIORAL HEALTH BOARD

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOylFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap: US: +17193594580, 98615063473# or +12532050468, 98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215 8782 or +1 346

248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

X=Present A=Absent E=Excused

x	Melissa Mezo (Chair)	x	Chris Partridge	x	Joy Husmann (Vice-Chair)
x	Jessica Werst	x	Jennifer Stairs	x	

Time	Agenda Item	Presenter	Notes
9:30 am	Welcome and call to order	Melissa Mezo, Chair	<i>Melissa called the meeting to order at 9:30 am.</i>
9:35 am	*Review and approve minutes dated 6/25/25.	Melissa Mezo, Chair	<i>Motion to approve the minutes from 6/25/25: Jessica Werst Motion seconded: Chris Partridge Motion carried</i>
9:40 am	*Review of attendance sheet	Melissa Mezo, Chair	<i>Attendance sheet was acceptable. Brad Coen and Shawneen McGee will not be in attendance at today's meeting.</i>
9:45 am	Resignation of Kristen Heller as the Prevention Specialist Recruit for October 1, 2025.	Melissa Mezo, Chair	<i>Kristen Heller is moving and will be able to stay on the Board until the end of September. If anyone knows of someone who would fit into the Certified Prevention Specialist please have them fill out an application. Applications for this position would be looked at in October and the position could be voted on by November.</i>

10:00 am	Wrap up and adjourn	Melissa Mezo, Chair	<i>This meeting was adjourned at 9:39 am.</i>
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Next scheduled board meeting:
September 24, 2025

The Region 3 Behavioral Health Board follows Idaho's Open Meeting Law with regard to virtual meetings

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Basic Needs*
- *Recovery ecosystem housing*
- *Engage and develop effective community recovery centers, peer and family supports, and recovery coaching with community stakeholders in the work the Region 3 Behavioral Health Board plans to do around recovery ecosystems.*