



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board Minutes

Wednesday, October 22, 2025

10:00am -12:00pm (MST)

In-person at Canyon County Admin Building, 111 N. 11th Ave, Caldwell, ID. 83605

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Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOyIFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215 8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

E	Jenifer Gorder	x	Joy Husmann	x	Amber Acree
E	Judge Eames	E	Lina Smith	x	Stacey Rosecrans
x	Christopher Partridge	x	Melissa Mezo	x	Marc Dominguez
x	Jodie Keys	x	Penny Dunham	x	Bryan Kaminskas
x	Karey Perkins	E	Mikaela Rios	E	Brad Coen
x	Jessica Werst	x	Shawneen Magee	x	Jennifer Stairs
	VACANT (CPS Position)	A	Erin Dominguez		

Time	Agenda Item	Presenter	Notes
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	Meeting was called to order at 10:03. Attendees introduced themselves.
10:10am	Review and Approval of 9/24/2025, Meeting Minutes*	Melissa Mezo, Chair	Motion to approve the minutes for 9/24/25: Karey Perkins Robles Motion seconded: Jessica Werst Motion carried
10:15am	Executive Committee Update	Melissa Mezo, Chair	The meeting minutes were approved for the Executive Committee Meeting for 9/24/25. The attendee list was reviewed. There was a motion to approve a funding letter for the Governor that will be sent out no later than November 19 th .

			<p>There was an amendment to this morning's agenda to include a vote for the Meeting Minutes from the Special Executive Committee meeting on October 15th which passed.</p>
10:25am	Children's Mental Health/Provider Sub-Committee Update	Joy Husmann, Vice Chair	<p>We are moving forward with the Three Rivers Recovery Community Center (TRRCC). The Board will not be part of the work that is done at this recovery center but would like to help get it off the ground. This would help the Adams, Washington and Payette Counties. Washington and Payette Counties were not able to support this project this year, financially.</p> <p>The Board has funding available every year of \$15,000. We have changed the date of the funding application to November 2025 during the Executive Committee Meeting. We have identified a building that could be leased/rented for a year for just under \$15,000.</p> <p>There was a suggestion to apply for a grant through the Millenium Fund to assist with further funding for the recovery center.</p> <p>We need to establish a board of directors to enable the Three Rivers Recovery Community Center as part of the steps necessary to get set up as a 501c3 so that donations and further funding would have a place to go and be utilized.</p> <p>The Children's Mental Health/Provider Subcommittee is asking for guidance from the membership of the Region 3 Behavioral Health Board for direction to move forward on this project.</p> <p>Discussion:</p> <ul style="list-style-type: none"> • There is some interest from others who are not a member of the board. • There was a question about the number of members that would be appropriate for the TRRCC board. There was mention that there is 9 – 11 members on other boards. • There was discussion on finding a building that could be “donated” and wouldn't require a rent

payment. There are a lot of people who would support a project like this.

- There was a lot of support in the meeting for TRRCC.
- There was a question regarding the board members and the makeup of the board.
- This Board would not be forming the Board for the TRRCC. This is something that needs to be independent of this Board.
- The Children's Mental Health/Provider Subcommittee can come up with some recommendations on what has shown effective.

Chat comments:

It should include financial experts, various community stakeholders (business, faith, LEO, etc.) those with lived experience, and maybe even youth and education sector representatives.

It is also their fiduciary duty to ensure the organization is in compliance with its nonprofit status and state non-profit law.

- The Executive Director does not sit on the Board. The Executive Director does what the Board decides to do.
- A board needs to be formulated. The board could help with rent for the first year, but it would need to be sustainable after that.
- There was a question about whether there should be a person from the Region 3 Behavioral Health Board on the TRRCC Board.
- If the Children's Mental Health/Provider subcommittee assists with this process, there

needs to be a date attached to when they step away from the new TRRCC Board.

Steps to take:

- 1) Organization and the Governance.
- 2) Facility and Operations Setup
- 3) Community Engagement and Programming
- 4) Funding and Sustainability

Joy Husmann has a letter that would help to guide through the formulation which was guided with the help of the Fletcher Group.

The funding application for the startup money would need to be to the Board by November. It then goes through several other steps and approvals before the funding is available. If we miss the November deadline we would need to wait until March.

Members suggestions for work from the Children's Mental Health/Provider Subcommittee:

- Establishing a base, so help is available.
- The more help we can get, the better.
- List of people interested in being part of the TRRCC Board could be made and identify those who are committed.
- There was a suggestion to NOT have a community provider being the driving force of the TRRCC Board.
- The TRRCC Board needs to be running before funds are provided.
- Define the board composition and criteria.
 - Review and finalize the ideal board composition, establish selection criteria:
 - Expertise, lived experience, community representation, commitment to mission, availability and diversity.

			<ul style="list-style-type: none"> ○ Recruitment Plan: <ul style="list-style-type: none"> ▪ Identify potential candidates from professional networks, community organizations, and public recommendations. ▪ prepare a board member position description outlining expectations, responsibilities, and term limits. ○ Outreach and Screening: <ul style="list-style-type: none"> ▪ Conduct outreach to prospective candidates. ▪ collect resumes/CVs and statements of interest. ▪ Screen candidates for conflicts of interest and alignment with the center's mission. ○ Interview and Vetting: <ul style="list-style-type: none"> ▪ Schedule interviews with top candidates. ▪ assess for skills, experience and cultural fit, check references as appropriate. ○ Finalize Recommendations: <ul style="list-style-type: none"> ▪ Present a slate of recommended board members. ● Sustainability needs to be there. ● Members need to have some kind of skill set to get this off the ground.
11:30am	Gaps and Needs report submitted*	Melissa Mezo, Chair	This has been submitted and has been sent out to the members.
11:35am	Recovery Day update	Amber Acree, Board Member	Amber Acree shared a slide show . This Recovery Day was a huge success! There were 87 vendors which included treatment providers, holistic treatment, recovery-based merchandise and other community partners along with food and entertainment.
11:45am	Community Updates	All	Karey Perkins Robles shared that there is a Parent Summit on November 8 th .

			<p>Amber Acree mentioned openings in the organization she works for. There is also a trunk or treat on Thursday.</p> <p>Pop-ups are happening in each city the Recovery Center supports to help bring awareness and give resources to people who need them.</p> <p>Watch your email for several events that are happening.</p>
12:00pm	Wrap Up and Adjourn	Joy Husmann, Vice-Chair	Meeting adjourned at 11:50am

*Denotes information provided in packet

Next scheduled board meeting: November 19, 2025

Region 3 Behavioral Health Board

Mission: Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.

Vision: A healthy community through a collaborative integrated network that promotes and sustains recovery for all.

Strategic Planning Goals

- Basic Needs
- Recovery ecosystem housing
- Engage and develop effective community recovery centers, peer and family supports, and recovery coaching with

community stakeholders in the work the Region 3 Behavioral Health Board plans to do around recovery ecosystems.