



## BEHAVIORAL HEALTH BOARD

# Region 3 Behavioral Health Board Minutes

## Wednesday, September 24, 2025

### 10:00am -12:00pm (MST)

In person: Canyon County Admin Building, 111 N. 11th Ave, Caldwell, ID. 83605

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOyIFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215 8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

X	Jenifer Gorder	X	Joy Husmann	X	Amber Acree
A	Judge Eames	X	Lina Smith	X	Stacey Rosecrans
X	Christopher Partridge	X	Melissa Mezo	X	Marc Dominguez
X	Jodie Keys	X	Penny Dunham	X	Bryan Kaminskas
X	Karey Perkins	X	Mikaela Rios	A	Brad Coen
X	Jessica Werst	A	Shawneen Magee	X	Jennifer Stairs
X	Kristen Heller	X	Erin Dominguez		

Time	Agenda Item	Presenter
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair
<i>Melissa Mezo welcomed everyone and called the meeting to order at 10:02 am. Attendance was taken and everyone was introduced.</i>		
10:10am	Review and Approval of August 27, 2025, Meeting Minutes*	Melissa Mezo, Chair
<i>Motion to approve: Bryan Kaminskas Motion seconded: Karey Perkins</i>		
<i>Motion passed</i>		
10:15am	Executive Committee Update	Melissa Mezo, Chair
<i>The minutes were approved, and attendance was reviewed. The ask of the Board members is to have them present for the entire meeting so the work of the board can be done.</i>		
10:20am	Recovery Day Planning Subcommittee update	Amber Acree, Board Member

Amber Acree updated that the Recovery Day is this Saturday at 11:00. There are 80 vendors. If you are a vendor please be there by 9:00. There have been significant donations which will be raffled every hour. There is a memorial event in the Rose Garden. There are lots of volunteers who will assist. [Aacree2010@gmail.com](mailto:Aacree2010@gmail.com) if you want to add someone to the memorial event only until 9/24/25.

10:30am	Children's Mental Health/Provider Sub-Committee Update	Joy Husmann, Chair
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Joy Husmann shared that all three counties have been contacted to obtain information on the budget planning process so far for the recovery center. Their budgets need to be set by the end of October so we will be in touch with them again to finalize the project. Today the Subcommittee will start planning for the new year's goals and priorities. There should be another \$15,000 for the Board starting January 1. We will start offering the funding soon.

The Children's Mental Health (CMH)/Provider subcommittee receives directives from the Board and moves toward achieving those things. Statute requires each Regional Board to have a CMH subcommittee.

10:35am	Approval of draft Gaps and Needs report	Melissa Mezo, Chair
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Melissa Mezo shared that this is report is due at the end of the month to DHW. We have a draft and will review it today and ask for a vote of approval. Sally and Melissa will make notes and incorporate any changes into the final document.

The work that the Board has done this past year is impressive and we want to make sure the legislators and Governor know the great work we have done.

#### DISCUSSION:

There was a question regarding the [Idaho Behavioral Health Council](#) and the [Idaho Behavioral Health Planning Council](#). Please visit the links to find out more.

Do we need to increase access to treatment providers? The availability to treatment providers has decreased. Telehealth can help but it isn't the answer to helping people in rural areas to receive treatment.

Advocating for those who can't advocate for themselves should be listed under the Gaps and Needs.

Cuts to Medicaid is a big concern for next year.

Motion to accept Gaps and Needs report with changes that were mentioned: Joy Husmann

Motion seconded by Stacey Rosecrans

Motion passed.

Sean mentioned that the Gaps and Needs from all the Regions will be reviewed by the BH Planning Council next month and anyone who wants to attend is welcome.

11:35am	Diversion Systems and IBHC Subcommittee	Vito Kelso and Marc Dominguez
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Kelso and Marc work with the IBHC Subcommittee for diversion opportunities. They would like to include diversion opportunities that are in each region. They would like to use sequential intercept mapping models. They are looking at the point at which it would be possible to intervene and get people to treatment.

Melissa restated the goal as, looking for a list of people in region 3 that would support the work of diversion and are actively participating in resources or services to keep people therapeutically in the system.

They would like providers and programs that are actively happening such as recovery community centers (deflection), crisis centers (diversion deflection), Terry Reilly CCBHB (diversion deflection). They would like the board to take ownership of this. They expect the board could put a map on the website with a list of resources that match what someone would need, behavioral health wise. Would it be possible to have a smaller workgroup that could assist with this project? This will help to identify areas within the counties that people reside and what resources are available. They are also thinking of putting a resource map of some sort on the Behavioral Health Board website.

Joy asked if this was on the agenda for the statewide BHB meeting. Sean Waldron can put this on the agenda for a meeting.

11:50am	Terms expiring in 2025	Melissa Mezo, Chair
<p><i>Marc Dominguez - yes</i> <i>Lina Smith - yes</i> <i>Kristen Heller - no (she is moving)</i> <i>Amber Acree - yes</i></p>		
<p>11:55am      Community Updates      All</p>		
<p><i>Parenting with Love and Limits is now at Middleton Counseling</i> <i>Opiate Anonymous program for people on MAT treatment at 5:30 at the recovery center.</i> <i>Pop Up program - (email was sent out)</i> <i>Terry Reilly programs - Nampa Same Day Access Clinic Fridays from 8am to 1pm. They have walk in services Monday, Wednesday and Fridays for counseling in Caldwell, Nampa and Boise.</i></p>		
12:03pm	Wrap Up and Adjourn	Melissa Mezo, Chair

\*Denotes information provided in packet

Next scheduled board meeting: October 22, 2025

## Region 3 Behavioral Health Board

**Mission:** Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.

**Vision:** A healthy community through a collaborative integrated network that promotes and sustains recovery for all.

## Strategic Planning Goals

- Basic Needs
- Recovery ecosystem housing
- Engage and develop effective community recovery centers, peer and family supports, and recovery coaching with community stakeholders in the work the Region 3 Behavioral Health Board plans to do around recovery ecosystems.