



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board Minutes Wednesday, November 19, 2025 10:00am -12:00pm (MST)

In person: Canyon County Admin Building, 111 N. 11th Ave, Caldwell, ID. 83605

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/98615063473?pwd=15jaTxt3sOylFpY8b3GEiTBgVTWpZi.1>

Meeting ID: 986 1506 3473

Password: 455494

Or iPhone one-tap : US: +17193594580,,98615063473# or +12532050468,,98615063473#

Or Telephone: If Available use Call Me or Dial: US: +1 719 359 4580 or +1 253 205 0468 or +1 253 215 8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 646 876 9923 or +1 646 931 3860

A	Jenifer Gordor	x	Joy Husmann	x	Amber Acree
E	Judge Eames	x	Lina Smith	E	Stacey Rosecrans
x	Christopher Partridge	x	Melissa Mezo	E	Marc Dominguez
x	Jodie Keys	E	Penny Dunham	x	Bryan Kaminskis
x	Karey Perkins	x	Mikaela Rios	x	Brad Coen
x	Jessica Werst	x	Shawneen Magee	x	Jennifer Stairs
	VACANT	E	Erin Dominguez		

Time	Agenda Item	Presenter	Notes
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	<i>Melissa Mezo welcomed everyone to the meeting. Attendees: Sherry Johnson, Lauren Francois, Chuck Christiansen, Craig Larsen, Kristen Donovan, Michelle Schildhauer, Nate Conklin, Sean Waldron, Jose Martinez, Marti Hooper, Rachel Steiner, Jared Bank, Autumn Hutchison, Matt Sather, Eden Phillips, David Kirkemo, Megan Rubio, Catherine Brad, Lauren Francois</i>
10:10am	Review and Approval of October 22, 2025, Meeting Minutes*	Melissa Mezo, Chair	<i>Motion to approve 10/22/25 minutes: Melissa Mezo Motion seconded: Brad Coen Motion was passed</i>
10:15am	ACTION: Vote reappointment on expiring positions (Lina Smith, Amber Acree)	Melissa Mezo, Chair	<i>Vote to reappoint Lina Smith for 4 more years. All are in favor (Lina will send update to Sally)</i>

			<p><i>Vote to reappoint Amber Acree for 4 more years.</i></p> <p><i>All are in favor</i></p>
10:20am	Executive Committee Update	Melissa Mezo, Chair	<p><i>There was a request for funding for the Recovery Center in Payette and it was approved.</i></p> <p><i>The agenda was amended to include the vote for the Recovery Center funding.</i></p>
10:25am	Payette Recovery Center update	Marti Hooper	<p><i>Marti Hooper has found 7 people interested in serving on the board. She would like to have someone from Cambridge County. If you know someone in that County who would be interested in serving on the board, please let Marti know.</i></p> <p><i>An application will be given to those who are interested in serving on a board. The applications will be given to Melissa, and they will be reviewed.</i></p> <p><i>Marti reported that there were a couple of other options for a building in downtown Payette which would also house a secondhand store. This location is not as nice as the one we are currently looking at.</i></p> <p><i>The other option is a traveling recovery bus that is the idea of David Strong.</i></p>
10:40am	Children's Mental Health/Provider Sub-Committee Update	Joy Husmann, Vice Chair	<p><i>The next steps for the Recovery Center were discussed and planned. Today the members will review the application and other operational items.</i></p> <p><i>They will be reaching out to those who expressed interest in supporting the recovery center.</i></p> <p><i>Hope Guides will talk to the board about their ideas for further recovery ecosystems.</i></p> <p><i>Jacob Evans talked to the board about recovery ecosystems. This is more than a place for people to go. It is a place in which those in recovery can participate, work and receive services. Housing is really the first step in ensuring those in recovery can have a safe</i></p>

			<p><i>and affordable place to live. Then these people can become active in the community.</i></p> <p><i>Structured living helps those in recovery to get back on their feet.</i></p> <p><i>Bryan Kaminskas mentioned that there is not quality care available in the area he lives in. A recovery center in smaller counties helps people get the help they need within their community.</i></p> <p><i>Joy shared that a true recovery ecosystem works well if there are the services that a person in recovery needs.</i></p> <p><i>Joy asked for feedback on creating a successful recovery ecosystem.</i></p> <ul style="list-style-type: none"> <i>• Ensuring that housing programs are available in our community. People in recovery have a place to stay while they move toward full recovery.</i> <i>• Transportation is also important so people can get where they need to support their recovery.</i> <i>• People in recovery need someone who can set them up with the services they need.</i> <i>• Rural areas often don't even have access to Health and Welfare offices. They must travel to another county to get assistance.</i> <i>• Nate Conklin shared that community support is essential to beginning a recovery ecosystem.</i>
11:05am	Recovery Day Planning Subcommittee update	Amber Acree	<p><i>The subcommittee met last week.</i></p> <p><i>The space must be booked no more than 6 months from the event.</i></p> <p><i>They would like to get even more vendors than this last year.</i></p> <p><i>September 26, 2026, will be the date for the next event.</i></p>
11:10am	Parenting with Love and Limits (PLL)*	Autumn Hutchinson	<p><i>Matt shared this about Parenting with Love and Limits:</i></p> <ul style="list-style-type: none"> <i>• Parenting with Love and Limits is not Parenting with Love and Logic.</i> <i>• It is an evidence-based program</i> <i>• It engages families</i> <i>• It is covered by Medicaid</i> <i>• Some funding is available if you don't have Medicaid</i> <i>• It serves kids ages 10 – 18</i> <i>• Spread the word to ensure families in Idaho have access to a successful program. We need multiple agencies offering PLL.</i>

11:25am	Community Updates	All	<p><i>Marti Hooper shared an event tomorrow. She shared a flyer which was shared with the board earlier.</i></p> <p><i>Moonlight will be separating various services which may have shifted where certain services are available.</i></p> <p><i>Intermountain Hospital has expanded detox and rehab services.</i></p> <p><i>Middleton Counseling has some new services.</i></p> <p><i>Cottonwood is starting an in-person IOP for adolescents. Start times for the groups is around 3:45.</i></p> <p><i>St. Vincent DePaul is having a toy drive. Information has been sent out via email previously.</i></p> <p><i>Turkey dinner at the Hispanic Cultural Center from 10 – 2.</i></p>
11:47pm	Wrap Up and Adjourn	Joy Husmann, Vice-Chair	

*Denotes information provided in packet

Next scheduled board meeting: January 28, 2026

Region 3 Behavioral Health Board

Mission: Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.

Vision: A healthy community through a collaborative integrated network that promotes and sustains recovery for all.

Strategic Planning Goals

- *Basic Needs*
- *Recovery ecosystem housing*
- *Engage and develop effective community recovery centers, peer and family supports, and recovery coaching with community stakeholders in the work the Region 3 Behavioral Health Board plans to do around recovery ecosystems.*