



Region 3 Behavioral Health Board
Executive Committee Minutes
Wednesday, January 28, 2026
9:30am -10:00pm (MST)

In-person/Zoom at Canyon County Admin Building, 111 N. 11th Ave, Caldwell, ID. 83605

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Meeting ID: 280 369 791 309 35

Passcode: uq9Th3tm

Dial in by phone

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Phone conference ID: 273 878 617#

X=Present A=Absent E=Excused

x	Melissa Mezo (Chair)	x	Chris Partridge	E	Joy Husmann (Vice-Chair)
		x	Jennifer Stairs		

Time	Agenda Item	Presenter	Notes
9:30 am	Welcome and call to order	Melissa Mezo, Chair	<i>Meeting was called to order at 9:31</i>
9:35 am	*Review and approve minutes dated 11.19.25	Melissa Mezo, Chair	<p><i>Jessica Werst has left the department, and they are working to find a replacement.</i></p> <p><i>Motion to approve the minutes from 11/19/25: Melissa Mezo</i></p> <p><i>Motion seconded: Chris Partridge</i></p> <p><i>The motion has passed with no discussion.</i></p>
9:40 am	Funding review and considerations for partners	Melissa Mezo, Chair	<i>Sean Waldron provided clarification regarding potential start-up funding for the recovery center. In his email, he explained that the Department is unable to provide financial support for rent expenses. He also noted that funding would be more feasible once the recovery center is already</i>

			<p><i>operational rather than during the initial start-up phase.</i></p> <p><i>There are three applications for the recovery center board. The Behavioral Health Board has done all they can do. It is time for the newly formed board to take over.</i></p> <p><i>The \$15,000 is available until the end of the fiscal year.</i></p> <p><i>Sean will be available today during the full meeting.</i></p> <p><i>There were questions regarding how the formation of the recovery center transitions away from the Behavioral Health Board “brainchild” into its own entity.</i></p>
9:55 am	<p>Open positions</p> <ul style="list-style-type: none"> - Kristen Heller, Certified Prevention Specialist - Jen Gorder, Mental health Treatment Provider - Marc Dominquez, Adult Corrections - Jessica Werst, DHW (self-appointed) 	Melissa Mezo, Chair	<p><i>There are several applications that will be considered at next month’s meeting.</i></p> <p><i>Melissa will not be at the February meeting but would like to meet with the Executive Committee earlier in February to go over the applications.</i></p> <p><i>Executive Committee members will let Melissa know which times/dates work for them for an hour meeting.</i></p>
9:58 am	*Review of attendance sheet	Melissa Mezo, Chair	<p><i>Sally reached out to Erin Dominguez to see if she still would like to serve on the Board. So far there has been no response from Erin.</i></p> <p><i>There were no other questions on the attendance sheet.</i></p>
10:00 am	Wrap up and adjourn	Melissa Mezo, Chair	<i>Adjourn at 9:55 am</i>

Next scheduled board meeting:
February 25, 2026

The Region 3 Behavioral Health Board follows Idaho’s Open Meeting Law with regard to virtual meetings

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Basic Needs*
- *Recovery ecosystem housing*
- *Engage and develop effective community recovery centers, peer and family supports, and recovery coaching with community stakeholders in the work the Region 3 Behavioral Health Board plans to do around recovery ecosystems.*