



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board Minutes

Wednesday, January 28, 2026

10:00am -12:00pm (MST)

In person: Canyon County Admin Building, 111 N. 11th Ave, Caldwell, ID. 83605

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Meeting ID: 280 369 791 309 35

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NA	MH Treatment Provider (Vacant)	E	Joy Husmann	x	Amber Acree
A	Judge Eames	x	Lina Smith	x	Stacey Rosecrans
x	Christopher Partridge	x	Melissa Mezo	NA	Adult Corrections (Vacant)
x	Jodie Keys	x	Penny Dunham	x	Bryan Kaminskas
x	Karey Perkins	E	Mikaela Rios	x	Brad Coen
NA	DHW Representative (TBD)	x	Shawneen Magee	x	Jennifer Stairs
NA	Certified Prevention Specialist (Vacant)	A	Erin Dominguez		

Time	Agenda Item	Presenter	Notes
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair	Meeting called to order at 10:01
10:10am	Review and Approval of November 19, 2025, Meeting Minutes*	Melissa Mezo, Chair	Motion to approve: Karey Perkins Motion second: Bryan Kaminskas Meeting minutes were unanimously approved.
10:20am	Executive Committee Update	Melissa Mezo, Chair	The meeting minutes for the Exec. Committee were approved. There was some discussion on the funding opportunities. We are looking for someone to take over the recovery center that is being formed.

			<p>There was discussion on the open positions. We have received 5 applications so far. There will be a meeting for the Executive Committee on February 12th to discuss applications. Applicants will be invited to this meeting in case there are questions for the applicants. This is an open meeting.</p> <p>Sally will send another email with the application for anyone interested.</p>
10:30am	Funding information and updates to what has been spent and available	Sean Waldron, DHW	Sean asked if we could discuss the funding after the next presentation.
10:45am	<p>3 Rivers Recovery Community Center</p> <ul style="list-style-type: none"> - Applications received for Board members - Next Steps for potential considerations - Funding potentials (Elks, St. Lukes, Weiser Memorial) 	All	<p>These are some of the questions the Department had about funding the recovery center:</p> <ul style="list-style-type: none"> • Where will the resources come from? • Who are the players? • Who is the person leading this? • What other moneys are being used to support this? <p>Melissa reviewed the background on the recovery center. The Board has put a lot of work in getting this going but the Board is not able to manage the recovery center and there are questions about what that looks like.</p> <p>Questions/Answers: Q: Does the Board do an RFP? Q: What if it isn't running by March? Do we lose funding?</p> <p>A: Because the funding has already been applied for, the application can still be used until the new fiscal year.</p> <p>Sean is not sure how the transition should occur. The belief is that it is just handed over during an open meeting such as this is appropriate, as others now know what is happening.</p> <p>Q: The start-up money is usually what is requested prior to creating a group to run it. Is there a list of criteria?</p>

			<p>A: DBH cannot be the driver of this; it needs to be the community support that drives it. There needs to be a community investment prior to DBH making a commitment.</p> <p>Sean will ask if the Boards can have a checklist for the funding money.</p> <p>This does not change the plan to move forward.</p> <p>Sean suggests that the people who have volunteered to serve on the recovery center board could meet with those who have done this before.</p> <p>Stacey is willing to assist in any way she can.</p> <p>There was discussion over long-term recovery center support from the State of Idaho.</p> <p>Amber Acree will send information about an event at the Capitol on February 3rd to support recovery centers.</p> <p>Bryan K. will work with the board members to see what the next steps are and how the Region 3 Behavioral Health Board can help.</p>
11:15am	Recovery Day Planning Subcommittee update	Amber Acree	There was a small meeting this week in which they discussed the last Recovery Day event and what they want to do at the next event. There will be a meeting next week at SIRCC as well as via Zoom. Contact Amber for information.
11:20am	Community Updates	All	<ul style="list-style-type: none"> • Vito mentioned the CIT Academy will be April 13 – 17. He can share any information if you are interested. • There is an event at the Capitol on February 4th regarding disability rights for anyone interested.
12:00pm	Wrap Up and Adjourn	Melissa Mezo, Chair	Meeting was adjourned at 11:06 am

*Denotes information provided in packet

Next scheduled board meeting: February 25, 2026

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Basic Needs*
- *Recovery ecosystem housing*
- *Engage and develop effective community recovery centers, peer and family supports, and recovery coaching with community stakeholders in the work the Region 3 Behavioral Health Board plans to do around recovery ecosystems.*