



Region 3 Behavioral Health Board Meeting
Wednesday, February 22, 2023
10:00am -12:00pm (MST)

In Person: Canyon County Admin Bldg., Community Room, First Floor
 11th Ave, Caldwell, ID 83605

Join Zoom Meeting:

<https://uhsinc.zoom.us/j/95947645966?pwd=aDF0V3ZYc1dPWUxSFhZmdmgyWTU4dz09>

Meeting ID: 959 4764 5966

Password: 084640

Or iPhone one-tap :

US: +13462487799,,95947645966# or +16694449171,,95947645966#

Or Telephone:

US: +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833 or +1 719 359
 4580 or +1 253 205 0468 or +1 253 215 8782 or +1 360 209 5623 or +1 386 347
 5053 or +1 507 473 4847 or +1 564 217 2000 or +1 646 876 9923 or +1 646 931
 3860 or +1 689 278 1000 or +1 301 715 8592 or +1 305 224 1968 or +1 309 205
 3325 or +1 312 626 6799

| Time | Agenda Item | Presenter |
|---------|---|----------------------------|
| 10:00am | Welcome, Call to Order and Roll Call | Melissa Mezo, Chair |
| 10:10am | Review and approval of meeting minutes dated January 25, 2023 | Melissa Mezo, Chair |
| 10:15am | Executive Committee Update | Melissa Mezo, Chair |
| 10:20am | Children's Mental Health/Provider Sub-Committee Update | Joy Husmann, Chair of SC |
| 10:25am | By-Laws & Code of Conduct Review | All |
| 10:35am | Review of potential partnerships for the Region 3 BH Board | Scott Rasmussen, DBH |
| 11:15am | Presentation from Geoff Bremner | Geoff Bremner, Bend Health |
| 11:30am | Presentation from Liza Ruys | Liza Ruys, Crush the Curve |
| 11:45am | Community Updates | All |
| 12:00pm | Wrap up and adjourn | All |

Next scheduled board meeting: March 22, 2023

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*



BEHAVIORAL HEALTH BOARD

**Region 3 Behavioral Health Board
Board Meeting Minutes
Wednesday, January 25, 2022
10 am – 12:00 pm (MST)**

Board Members Present:

| | | | | |
|-----------------------------|-----------------------|----------------------|---------------------------|-----------------|
| Aaron St. George | Kristen Heller | Brian Lee | Christopher Partridge | Vito Kelso |
| Jessica Werst | Stacey Rosecrans | Joy Husmann | Lina Smith | Penny Dunham |
| Marc Dominguez | Mark Rekow | Melissa Mezo | Nicole Johnson | Tricia Ellinger |
| Tammy Law | Shawneen McGee | Jennifer Magnusen | Open Position | Open Position |
| Open Position | Open Position | | | |

| Topic | Discussion | Motion | Action |
|--------------------------------------|---|---|----------------------------------|
| Welcome and Call to Order | Meeting called to order at 10:01. Quorum was met. | | |
| Action Item: Approve Meeting Minutes | BHB meeting minutes were approved for November 16, 2022 | Motion to approve by Stacey, second by Shawneen | Motion carried unanimously. |
| Executive Committee Update | The EC reviewed the open positions: | | Mental Health Treatment Provider |

| | | | |
|---|---|--|--|
| | <ul style="list-style-type: none"> ✚ Open Position: Mental Health Treatment Provider <ul style="list-style-type: none"> ○ Jennifer Magneson, PsyD, Human Supports of ID ✚ Open Position: Education Representative ✚ Open Position: Juvenile Justice Rep ✚ Adult MH Services Consumer ✚ County Commissioner (x3) ✚ Judicial Representation <p>There was some conversations with DBH regarding administrative support, however, at this time, although they had committed to that administrative support last year they are unable to do so. They're currently providing that administrative support for region 4. But we'll be transitioning out of that work very soon. The R3 BHB website update will be in February as well.</p> <p>There was a brief discussion regarding potential partners for 2023 and that will be moved to the full board in February.</p> <p>Monthly attendance will be captured beginning January 2023. Please notify Melissa or Joy if you will be unable to participate in the meetings</p> | | <p>Jennifer Magneson, PsyD, Human Supports of ID was appointed to the board</p> <p>Options for consideration include:</p> <ul style="list-style-type: none"> • Partner with a 501c3 agency; partner with a city, state or governmental agency; <p>Will reach out to Scott Rasmussen for a presentation at the February meeting to review options.</p> |
| Children's Mental Health/Provider Subcommittee Update | Joy shared that the SC will be working on an action plan in 2023 to line out the activities the board will be working on as outlined in the gaps and needs identified by the board. | | Updated the Action Plan |
| Recovery Day Update and Future Planning | Planning will be begin in March or April for the September National Recovery Month activities in R3 | | Kristin will be organizing the subcommittee and meetings. |
| Membership Contact Review | Membership information was reviewed and updated on the master list and will be sent out with the February packet. | | Any updates/changes, please email Joy. |
| Bylaws & Code of Conduct/Conflict of Interest Review | Each year we review our Bylaws, Code of Conduct and Conflict of Interest Policy to see if any changes are needed. | | Bylaws, Code of Conduct and Conflict of Interest Policy will |

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|--|---|--|--|
| | | | be reviewed at February's meeting after board members have time to review. |
| Discussion: Prevention Efforts for Adult & Adolescent Substance Use Disorder | Mark Dominguez shared that there is an Opioid Task Force meeting that is working to identify needs in the community to present back to the State. We should try and work with agencies already doing some of this work and collecting data. Focus on care coordination for those re-entering the community to help them with success by putting re-entry coordinators in each District of P&P. There was additional discussion regarding hospitals and SUD patient beds, recovery housing communities to include our recovery centers, adolescents vaping, safe schools, how the board can utilize and collaborate with the PFS grant, parent education, support groups, youth crisis & assessment centers, | | Items were placed on the Action Plan. We would like to reach out to the Oxford House to provide a presentation to the board. |
| Potential 2023 Partnerships | There was some discussion with regards to partnership options, State/Federal partner or 501c3 partner, and RFP's. | | Scott will be here in February to present to the board and have a more robust discussions with question/answer. |
| Presentation by Tara Woodward on PFS | Tara presented on the PFS summary documents from December 2022 and January 2023 and the efforts in the community to reduce substance use by adolescents in the community. The PFS grant will end June 30, 2023 and funds will need to be spent by then. | | Please see summaries and email Tara with any questions. The CMH/Provider SC will be continuing their work to identify areas where the board can collaborate. |
| Community Updates | There were several community updates provided and those will be shared via an email to the board list serve. | | Joy will forward out all of the information received by the community partners |

| | | | |
|---------|------------------------------|--|----------------------------|
| | | | onto the board list serve. |
| Adjourn | Meeting adjourned at 12:00pm | | |

Next scheduled board meeting: February 22, 2023 from 10:00am to 12:00pm

The Region 3 Behavioral Health Board is in compliance with Idaho's Open Meeting Law with regard to virtual meetings.

Husmann, Joy

From: Melissa Mezo <mmezo@trhs.org>
Sent: Thursday, February 9, 2023 12:31 PM
To: Rasmussen, Scott M. - Reg5
Cc: Husmann, Joy; Rosie.andueza@dhw.idaho.gov; Prochaska, Tiffany - CO 3rd; Melissa Mezo
Subject: [EXTERNAL] RE: Administrative Support for Behavioral Health Board [EXTERNAL EMAIL]

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Good afternoon Scott – thank you for your willingness to join the meeting on February 22, 2023. We will be meeting at our regular time of 10:00am – 12:00 noon.

Joy – can you please confirm that the invite has been sent to Scott?

Regarding questions, the Executive Committee and Board members have asked the following questions:

1. In statute, the Boards have been identified as recipients of \$50,000 which supports an administrative assistant position. As a non-recipient of those funds, where is that money allocated too currently?
2. What options does the Region 3 BH Board regarding future partnerships? Specifically, what is the process for partnership? What are our options? We have identified the following:
 - a. 501c3
 - b. City partner
 - c. State partner
 - d. Federal partner
 - i. If any or all of the above are options, what is the formal process to include a RFP? Also, how long does this process take? Who is involved in the process to include selection? Who will draft the RFP that ultimately will go out?
3. If we were to partner with one of the above, are we eligible for the \$50,000 that each board receives?

4. 5 of 7 Public Health Districts are in receipt of the \$50,000. Besides Region 3, we understand Region 4 is also in the same position not having a partner. What (if anything) is their future and how are they currently being supported by DBH?

Thank you for your time and we look forward to your participation in our next regularly scheduled meeting on February 22, 2023.

Thanks, Melissa

Melissa Mezo, LCSW
Behavioral Health Director
Terry Reilly Health Services
mmezo@trhs.org - www.trhs.org
Office: 208- 345-1170 ext. 4202



From: Prochaska, Tiffany - CO 3rd <Tiffany.Prochaska@dhw.idaho.gov>
Sent: Thursday, January 19, 2023 4:31 PM
To: Melissa Mezo <mmezo@trhs.org>; Andueza, Rosie <Rosie.Andueza@dhw.idaho.gov>
Cc: joy.husmann@uhsinc.com; Rasmussen, Scott M. - Reg5 <Scott.Rasmussen@dhw.idaho.gov>
Subject: RE: Administrative Support for Behavioral Health Board [EXTERNAL EMAIL]

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Hello Melissa,

I addressed your questions below in blue font. Please reach out with any further questions.

Thank you

Tiffany Prochaska
Human Services Specialist
Division of Behavioral Health
Idaho Department of Health and Welfare

From: Melissa Mezo <mmezo@trhs.org>
Sent: Thursday, January 12, 2023 1:02 PM
To: Prochaska, Tiffany - CO 3rd <Tiffany.Prochaska@dhw.idaho.gov>; Andueza, Rosie <Rosie.Andueza@dhw.idaho.gov>

Cc: joy.husmann@uhsinc.com; Rasmussen, Scott M. - Reg5 <Scott.Rasmussen@dhw.idaho.gov>; Bryan, Sally - Reg5 <Sally.Bryan@dhw.idaho.gov>; Hoseid, Ryan - Reg1 <Ryan.Hoseid@dhw.idaho.gov>; Melissa Mezo <mmezo@trhs.org>
Subject: RE: Administrative Support for Behavioral Health Board [EXTERNAL EMAIL]

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Hi Tiffany - thank you for the response. Regarding the \$50,000 provided for administrative support to each Regional BH Board, as regions who are not currently receiving this money, I would like to throw out a couple of options for consideration:

- Speaking only for the Region 3 BH Board, all members of our Board are volunteers and working full-time jobs in our communities, have families, kiddoes, etc. and otherwise aren't able to take on an administrative role. As previously noted, Ross had indicated we would have the administrative support, but I understand you are now saying this isn't an option due to restructuring of DBH? As provided in the memo that we sent, the support that will be provided includes the following:
 - Administrative support team will provide coaching and training to the board leadership including the board secretary on specific administrative support functions i.e. agenda prep and distribution, meeting scheduling, minutes, and assignment follow-up.
 - Administrative support team may offer materials that could be used by the elected board secretary i.e. agenda templates, board membership application, etc.
 - Administrative support team will provide assistance with the website to the board leadership and board secretary for posting agenda's, meeting minutes, or other relevant board information.
- Is DBH willing to pay for the administrative support should the Board consider hiring an outside person to do this work without partnering with another community agency? If so, what are those standards/guidelines? Below you noted self-sustaining, and I want to be able to ensure I fully understand what this means. Our next meeting is on January 25, 2023, and I would like to communicate this back to our Executive Committee as well as the General Board members. DBH will not hire an outside person to provide administrative support. We encourage the board to elect a secretary. DBH will provide coaching and training to the elected secretary as well as the support identified above.

If the Board partners with an outside agency, will we be provided the \$50,000 that we originally were given but weren't able to keep due to the dissolution of the contract between SWDH and DBH? In order for the Board to access this funding, it must first pass the readiness criteria and review by the State Planning Council.

Scott – I had wanted to reach out to you as well to ask about having you present at the January or February meeting to discuss and review potential partnering opportunities. I see you have been Cc'd on this email so it seemed like a natural fit to ask about your availability.

Also, can you provide me with some context to the other individuals Cc'd on this email as I am not familiar with these folks.

Thank you so much! Melissa

Melissa Mezo, LCSW
Behavioral Health Director
Terry Reilly Health Services
mmezo@trhs.org - www.trhs.org
Office: 208- 345-1170 ext. 4202



From: Prochaska, Tiffany - CO 3rd <Tiffany.Prochaska@dhw.idaho.gov>
Sent: Thursday, January 12, 2023 9:46 AM
To: Melissa Mezo <mmezo@trhs.org>; Andueza, Rosie <Rosie.Andueza@dhw.idaho.gov>
Cc: joy.husmann@uhsinc.com; Rasmussen, Scott M. - Reg5 <Scott.Rasmussen@dhw.idaho.gov>; Bryan, Sally - Reg5 <Sally.Bryan@dhw.idaho.gov>; Hoseid, Ryan - Reg1 <Ryan.Hoseid@dhw.idaho.gov>
Subject: RE: Administrative Support for Behavioral Health Board [EXTERNAL EMAIL]

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Good Morning Melissa,

Thanks for the email. I would like to start by explaining that DBH has had a significant number of changes within our division since Ross issued the memo in March and the current memo reflects the changes in direction associated with our division transition. We are currently working with the R4 BHB in moving away from DBH providing direct service to the board and instead enabling the board to be self-sustained. We believe this can be achieved in a short period of time. The idea for the future is to provide the same level of support to both R3 and R4.

Please let us know if you have any other questions.

Thank you

Tiffany and Rosie

Division of Behavioral Health
Idaho Department of Health and Welfare

From: Melissa Mezo <mmezo@trhs.org>
Sent: Friday, January 6, 2023 12:50 PM
To: Prochaska, Tiffany - CO 3rd <Tiffany.Prochaska@dhw.idaho.gov>; Andueza, Rosie <Rosie.Andueza@dhw.idaho.gov>
Cc: joy.husmann@uhsinc.com; Melissa Mezo <mmezo@trhs.org>
Subject: FW: Administrative Support for Behavioral Health Board [EXTERNAL EMAIL]

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Good afternoon Tiffany and Rosie – I did have a clarifying question regarding the BHB Support Memo dated 12.29.22. I have attached an additional document from Ross Edmonds dated March 2022 regarding the support the board would be provided. Based on what you sent Tiffany, I don't see that DHW would be providing an administrative person to take minutes for the Region 3 BHB? Is this accurate? Also, as I understand, DHW is currently providing this service to the Region 4 BHB but am not certain if that is being offered to us?

Thank you for clarifying my questions! Thanks, Melissa

Melissa Mezo, LCSW
Behavioral Health Director
Terry Reilly Health Services
mmezo@trhs.org - www.trhs.org
Office: 208- 345-1170 ext. 4202



From: Prochaska, Tiffany - CO 3rd <Tiffany.Prochaska@dhw.idaho.gov>
Sent: Thursday, December 29, 2022 1:50 PM
To: Melissa Mezo <mmezo@trhs.org>; joy.husmann@uhsinc.com
Cc: Andueza, Rosie <Rosie.Andueza@dhw.idaho.gov>
Subject: Administrative Support for Behavioral Health Board

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Hello,

Please see the attached memo regarding support for Region 3 Behavioral Health Board. Please let Rosie and I know if you have any questions.

Thank you

Tiffany Prochaska
Human Services Specialist
Division of Behavioral Health
Idaho Department of Health and Welfare

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IDAHO DEPARTMENT OF
HEALTH & WELFARE

BRAD LITTLE – Governor
DAVE JEPPESEN – Director

ROSS EDMUNDS – Administrator
DIVISION OF BEHAVIORAL HEALTH
450 West State Street, 3rd Floor
P.O. Box 83720
Boise, Idaho 83720-0036
PHONE 208-334-6997

To: The Region 3 Behavioral Health Board Members

From: Ross Edmunds, Division of Behavioral Health Administrator

Date: March 31, 2022

Re: Contract with Southwest District Health

During the Region 3 Behavioral Health Board (R3BHB) meeting held on March 23, 2022, the R3BHB made the decision to maintain current board leadership. As a result, Southwest District Health (SWDH) has elected to terminate its contract with the Division of Behavioral Health (DBH), as they had previously indicated they would, should the current leadership remain in their positions. On March 31st, 2022, DBH received a formal request from SWHD to terminate the contract between SWDH and DBH effective April 30, 2022. This contract currently provides administrative and fiduciary support for the R3BHB. DBH accepted the terms of SWDH's request on March 31, 2022 and will be terminating this contract effective April 30, 2022. Beginning May 1, 2022, SWDH will no longer be responsible for any fiscal oversight, administrative support, or any other duties outlined in the contract scope of work for the R3BHB.

A temporary part-time employee supervised by DBH will be hired to provide basic administrative support to the BHB while the BHB determines how to proceed and which legal entity will serve as the fiscal agent moving forward. This position will be compensated through funding allocated for the BHB. DBH will also provide a web page for the board.

Due to the time required to hire staff to support the BHB, the R3 BHB will need to make plans to proceed until a support person is in place. This plan will need to include coverage of all administrative support functions necessary to support BHB meetings, including agenda setting/distribution, arranging meeting accommodations, minute taking/distribution, etc. The State hiring process, combined with the current job market, may put onboarding of a new employee out a couple of months. There are likely other items that need to be addressed and we wanted to notify the board as soon as we had reached a decision to provide time to plan.

Finally, DBH has advised the Idaho State Behavioral Health Planning Council of the R3 BHB/SWDH status change. Per Idaho Statute 39-3125, before the R3 BHB will be eligible for any funding through DBH family support and recovery support services for the region, the R3 BHB will need to reestablish, through the Behavioral Health State Planning Council, that it has *“demonstrated readiness to accept responsibility of the family support and recovery support services for the region.”*

Region 3 Behavioral Health Board Members

| Name | Role to the BHB | Email/Phone | Organization | Title/Department, if known | Term Exp. |
|-----------------------|---|--|---------------------------------------|---|-----------|
| Aaron St. George | Adult SUD Services Consumer Representative | aaron@canyonrecoverycc.org | Canyon Recovery Community Center, Inc | Executive Director | 2024 |
| Open Position | Representative of Public Education System | | | | 2022 |
| Brian Lee | Representative of the Judiciary | blee@payettecounty.org | Payette County | Magistrate for the 3rd Judicial District of Idaho | 2022 |
| Christopher Partridge | Substance Use Disorder Advocate | cpartridge@trhs.org 208.466.7869 | Terry Reilly Health Services | Medical Director | 2025 |
| Jennifer Magneson | MH Treatment Provider | jmagneson@humansupports.com 208.454.8389 | Human Supports of Idaho | PsyD | 2023 |
| Open Position | Juvenile Justice System Representative | | | | 2023 |
| Jessica Werst | Department of Health and Welfare Representative | Jessica.Werst@dhw.idaho.gov | Region 3 | Department of Health and Welfare Employee | 2024 |
| Kristen Heller | Certified Prevention Specialist | krheller@trhs.org | Terry Reilly Health Services | LMSW, Associate Behavioral Health Director | 2025 |
| Joy Husmann | VICE-CHAIR/ Hospital Representative | Joy.Husmann@uhsinc.com 208.871.1741 | Intermountain Hospital | Community Liaison | 2023 |
| Lina Smith | Private Provider of SUD Services | linas@triviumlifeservices.org | Trivium Life Services | Addiction and Substance Abuse Counselor | 2025 |
| Mark Rekow | County Commissioner | mrekow@co.gem.id.us | Gem County | County Commissioner | 2022 |
| Open Position | County Commissioner | | | County Commissioner | 2023 |
| Open Position | County Commissioner | | | County Commissioner | 2022 |

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|---------------------|--|--|---|--|-------------|
| Melissa Mezo | CHAIR/ Licensed Health Practitioner | mmezo@trhs.org 208.345.1170 ext. 4202 | Terry Reilly Health Services | LCSW, BH Director | 2023 |
| Penny Dunham | Department of Health and Welfare Employee | penny.dunham@dhw.idaho.gov 208.642.6416 | Region 3 DHW | Clinical Supervisor | 2024 |
| OPEN Position | Adult MH Services Consumer Rep | | | | 2022 |
| Shawneen McGee | Parent of a Child w/ SUD | smagee@trhs.org 509.760.9864 | Terry Reilly Health Services | | 2023 |
| Tammy Law | Mental Health Advocate | tammyl@esgw.org 208.454.8555 | Easter Seals Goodwill | LMSW, Lead Clinician/Case Manager | 2024 |
| Tricia Ellinger | Parent of a Child w/ MH | Tricia.ellinger@gmail.com 208.260.2699 | Idahoans for Safe Schools | | 2024 |
| Vito Kelso | Law Enforcement Representative | vkello@idoc.idaho.gov 208.454.7601 ext. 236 | Idaho Department of Corrections | Sr. Probation and Parole Officer | 2025 |
| Nicole Johnson | Family Member of Adult MH Consumer | nicole44johnson@gmail.com 206.823.7829 | | LPC | 2025 |
| Stacey Rosecrans | Family Member of Adult SUD Consumer | directorgecore@gmail.com 208.995.5797 | Gem County Recovery Center | Executive Director | 2024 |
| Marc Dominguez | Adult Corrections Representative | Mdomingu@idoc.idaho.gov 208.614.6752 | Idaho Department of Corrections | Clinician | 2025 |

***Bold denotes member of Executive Committee**