



BEHAVIORAL HEALTH BOARD

Region 3 Behavioral Health Board Meeting

Wednesday, January 25, 2023

10:00am -12:00pm (MST)

In Person: Canyon County Admin Bldg., Community Room, First Floor
111 N 11th Ave, Caldwell, ID 83605

Join Zoom Meeting: Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/95947645966?pwd=aDF0V3ZYc1dPWUxsSFhzdmgYWTU4dz09>

Meeting ID: 959 4764 5966

Password: 084640

Or iPhone one-tap : +13462487799,,95947645966# or
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Or Telephone: +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833
4580 or +1 253 205 0468 or +1 253 215 8782 or +1 360 209 5623 or +1 386
347 5053 or +1 507 473 4847 or +1 564 217 2000 or +1 646 876 9923 or +1
646 931 3860 or +1 689 278 1000 or +1 301 715 8592 or +1 305 224 1968

| Time | Agenda Item | Presenter |
|---------|---|--------------------------------|
| 10:00am | Welcome, Call to Order and Roll Call | Melissa Mezo, Chair |
| 10:05am | Review and Approval of November 16, 2022, Meeting Minutes | Melissa Mezo, Chair |
| 10:10am | Executive Committee Update | Melissa Mezo, Chair |
| 10:15am | Children's Mental Health Sub-Committee Update | Joy Husmann, Vice-Chair |
| 10:20am | Recovery Day Update and Future Planning | Joy Husmann, Vice-Chair |
| 10:30am | Membership Contact Review | All |
| 10:40am | By-Laws & Code of Conduct/Conflict of Interest | All |
| 11:00am | Discussion: Prevention efforts for adult and adolescent substance use | All |
| 11:20am | Potential 2023 Partnerships | All |
| 11:30am | Presentation by Tara Woodward | Tara Woodward, PFS Coordinator |
| 11:50am | Community Updates | All |
| 12:00pm | Wrap Up and Adjourn | Melissa Mezo, Chair |

Next scheduled board meeting: February 22, 2023

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*



BEHAVIORAL HEALTH BOARD

**Region 3 Behavioral Health Board
Board Meeting Minutes
Wednesday, November 16, 2022
9:30 am – 11:30pm (MST)**

Board Members Present:

| | | | | |
|---------------------------|----------------------------|----------------------|---------------------------|---------------------------|
| Aaron St. George | Leslie Van Beek | Brian Lee | Christopher Partridge | Greg Dickerson |
| Jessica Werst | Stacey Rosecrans | Joy Husmann | Lina Smith | Lynden Haines |
| Marc Dominguez | Mark Rekow | Melissa Mezo | Nicole Johnson | Penny Dunham |
| Kristen Heller | Shawneen McGee | Tammy Law | Tricia Ellinger | Vito Kelse |
| Open Position | Open Position | Open Position | | |

| Topic | Discussion | Motion | Action |
|--------------------------------------|--|---------------------------------------|-----------------------------|
| Welcome and Call to Order | Meeting called to order at 10:01. Quorum was met. | | |
| Action Item: Approve Meeting Minutes | BHB meeting minutes were approved for October 26, 2022 | Motion made by Joy, second by Tricia. | Motion carried unanimously. |
| PFS Grant Update | Tara provided an overview of the activities that were completed and will provide an action plan and budget | | |

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| | for 2023 to determine where the board can support activities in Region 3. | | |
| Executive Committee Update | <p>The EC reviewed the open positions:</p> <ul style="list-style-type: none"> ✚ Open Position: Adult MH Services Consumer – (Toni rescinded her offer) ✚ Open Position: Education Representative ✚ Open Position: Juvenile Justice Rep ✚ Mental Health Treatment Provider – Greg Dickerson ✚ County Commissioner x3 – pending new commissioners for 2023 ✚ Judicial Rep. – Judge Lee <p>The EC will begin tracking attendance beginning 2023 to ensure we have the ability to operate and make decisions in a timely fashion with quorum. The PFS Grant is fully executed.</p> | | |
| Nominations/Election of Chair and Vice Chair 2-year term | Melissa Mezo and Joy Husmann were nominated for Chair and Vice Chair. There were no other nominations presented to the board. | Verbal voting was held. 19 active members, 4 open positions and 10 votes needed for majority. | See attached. 10 votes of active present members voted for Melissa Mezo as Chair and Joy Husmann as Vice Chair for a 2-year term ending December 2024. |
| Discussion, nomination, and election of a Board Secretary | There was a great deal of discussion surrounding the work that has been completed by the Chair and Vice Chair since June 2022 with regards to agenda's, meeting minutes, and web updates. The Board would like to pursue having support from IDHW DBH per the letter from Ross Edmunds terminating our contract with SWDH. | | Melissa, Joy and Jessica will reach out to IDHW DBH to determine when we could possibly have administrative support and a website for the R3 BHB. |
| Gaps and Needs Report to the Governor | The R3 BHB report was successfully submitted and received. | | |

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| Children's Mental Health/Provider Subcommittee Update | Joy shared that the SC will be working on an action plan in 2023 to line out the activities the board will be working on as outlined in the gaps and needs identified by the board. | | |
| Open Position Recruitment and Member Positions Expiring | <p>Open positions:</p> <ul style="list-style-type: none"> • Educational Rep. • Juvenile Justice Rep. <p>Positions expiring in 2022:</p> <ul style="list-style-type: none"> • Education Rep. • Judiciary Rep. • County Commissioner x2 positions • Adult MH Services Consumer Rep. <p>There was a discussion that the board attendance log needs to be reinstated to keep track of absences as it states in the Bylaws that 3 or more unexcused absences can result in termination by the EC. It was discussed that if a board member isn't committed to the time for the board that it results in the inability to meet quorum. As this is an all-volunteer board, many members are placing their time to be involved and those that aren't are jeopardizing the ability to complete the work of the full board. As County Commissioners have not been involved for some time now and they appoint their own members to the board, it is time to reach out to see if they will be appointing new commissioners.</p> | | Please determine your level of commitment to the time of 8-10 hours per month for board meeting business. Melissa will reach out to the IAC (Idaho Association of Counties) to see who will be appointing the county commissioners (3) to fulfill the statute obligation for board membership. |
| Community Updates | There were several community updates provided and those will be shared via an email to the board list serve. | | Joy will forward out all of the information received by the community partners onto the board list serve. |
| Adjourn | Meeting adjourned at 11:20 am | | |

Next scheduled board meeting: January 25, 2023 from 10:00am to 12:00pm

The Region 3 Behavioral Health Board is in compliance with Idaho's Open Meeting Law with regard to virtual meetings.

Region 3 Behavioral Health Board Members

| Name | Role to the BHB | Email/Phone | Organization | Title/Department, if known | Term Exp. |
|-----------------------|---|--|---------------------------------------|---|-----------|
| Aaron St. George | Adult SUD Services Consumer Representative | aaron@canyonrecoverycc.org | Canyon Recovery Community Center, Inc | Executive Director | 2024 |
| Open Position | Representative of Public Education System | | | | 2022 |
| Brian Lee | Representative of the Judiciary | blee@payettecounty.org | Payette County | Magistrate for the 3rd Judicial District of Idaho | 2022 |
| Christopher Partridge | Substance Use Disorder Advocate | cpartridge@trhs.org 208.466.7869 | Terry Reilly Health Services | Medical Director | 2025 |
| Open Position | MH Treatment Provider | | | | 2023 |
| Open Position | Juvenile Justice System Representative | | Owyhee County | | 2023 |
| Jessica Werst | Department of Health and Welfare Representative | Jessica Werst | Region 3 | Department of Health and Welfare Employee | 2024 |
| Kristen Heller | Certified Prevention Specialist | kheller@geogroup.com 208.519.1501 | Geo Reentry Services | Program Manager | 2025 |
| Joy Husmann | VICE-CHAIR/ Hospital Representative | Joy.Husmann@uhsinc.com 208.871.1741 | Intermountain Hospital | Community Liaison | 2023 |
| Lina Smith | Private Provider of SUD Services | linas@triviumlifeservices.org | Trivium Life Services | Addiction and Substance Abuse Counselor | 2025 |
| Open Position | County Commissioner | | | County Commissioner | 2022 |
| Open Position | County Commissioner | | | County Commissioner | 2023 |
| Mark Rekow | County Commissioner | mrekow@co.gem.id.us | Gem County | County Commissioner | 2022 |

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| Melissa Mezo | CHAIR/ Licensed Health Practitioner | mmezo@trhs.org 208.345.1170 ext. 4202 | Terry Reilly Health Services | LCSW, BH Director | 2023 |
| Penny Dunham | Department of Health and Welfare Employee | dunhamp@dhw.idaho.gov 208.642.6416 | Region 3 DHW | Clinical Supervisor | 2024 |
| OPEN Position | Adult MH Services Consumer Rep | | | | 2022 |
| Shawneen McGee | Parent of a Child w/ SUD | smagee@trhs.org 509.760.9864 | Terry Reilly Health Services | | 2023 |
| Tammy Law | Mental Health Advocate | tammyl@esgw.org 208.454.8555 | Easter Seals Goodwill | LMSW, Lead Clinician/Case Manager | 2024 |
| Tricia Ellinger | Parent of a Child w/ MH | Tricia.ellinger@gmail.com 208.260.2699 | The Idaho Parent Network | | 2024 |
| Vito Kelso | Law Enforcement Representative | vkello@idoc.idaho.gov 208.454.7601 ext. 236 | Idaho Department of Corrections | Sr. Probation and Parole Officer | 2025 |
| Nicole Johnson | Family Member of Adult MH Consumer | nicole44johnson@gmail.com 206.823.7829 | | LPC | 2025 |
| Stacey Rosecrans | Family Member of Adult SUD Consumer | directorgecore@gmail.com 208.995.5797 | Gem County Recovery Center | Executive Director | 2024 |
| Marc Dominguez | Adult Corrections Representative | Mdomingu@idoc.idaho.gov 208.454.7601 ext. 261 | Idaho Department of Corrections | Clinician | 2025 |

***Bold denotes member of Executive Committee**



The purpose of the Partnerships for Success (PFS) grant is to prevent underage drinking, and marijuana and methamphetamine use among youth.

Partnerships for Success program updates:

From mid-November through December, the PFS coordinator worked with partners to finalize multiple agreements. Agreements finalized include a subgrant with Western Central Mountains Youth Advocacy Coalition (YAC) to support the implementation of Planet Youth in New Meadows, an extended contract with Performance Digital Media for a parenting awareness campaign, and a subgrant with New Plymouth School District to support a speaker/workshop for students. We are in the final step of a finalizing a contract with Idaho Drug Free Youth (IDFY) to provide i2i Workshop and Policy Programs and Chapter establishment assistance to schools and have started sharing the opportunity for schools to apply for the programs.

The coordinator has been working on updating the action plan, discussing potential partnership opportunities with new partners, and amending the subgrant solicitation to reflect an organization-based funding award cap (\$10,000). Funding caps were previously based on activity. The updated subgrant solicitation has been finalized and is being sent to partners and updated on our website.

Opportunities for partnership:

- Please consider sharing the updated subgrant solicitation, and the IDFY school partnership announcement with any partners that may be interested.
- If you or a partner work with youth, please consider applying to prevention focused professional development. Scholarships are available for the Idaho Prevention Conference and the Northwest Alcohol Conference. Other prevention trainings will be considered. All funding opportunities can be applied for [here](#).
- Request a supply of prescription disposal pouches and educational materials for your organization to have available for clients/patients [here](#).
- Reach out with any ideas for partnership that would support your organization or community in preventing youth substance use. I'm available to brainstorm!
- Find information about all PFS resources and funding opportunities on the [PFS webpage](#) - <https://swdh.id.gov/healthy-living/youth-substance-use-prevention/>

Tara Woodward
tara.woodward@phd3.idaho.gov
Cell: (208) 477-4998





The purpose of the Partnerships for Success (PFS) grant is to prevent underage drinking, and marijuana and methamphetamine use among youth.

Partnerships for Success program updates:

Over the past month, the PFS coordinator has worked with new partners to explore opportunities for projects. Partnerships currently being explored include the creation of a series of youth substance use trends and prevention tools by an SRO, community presentations focused on providing parents education on preventing youth substance use and risky behaviors, and supporting the implementation of the Trauma Informed Response Program (TIP) in Region 3. The coordinator is working with partners to create agreements with these partners.

In December and early January, the PFS coordinator also completed grant reporting for Q2 (October 1 – December 31), finalized new images for the parent awareness campaign, and conducted outreach to school nurses for the “How to talk to adolescents about substance use” SBIRT training. Two new SBIRT trainings were scheduled. The IDFY school partnership application deadline was extended to February 10th. We’ve received applications from 4 groups, and IDFY is working with these groups to schedule workshops and staff trainings.

Opportunities for partnership:

- Please consider sharing the updated subgrant solicitation, and the IDFY school partnership announcement with any partners that may be interested.
- If you or a partner work with youth, please consider applying to prevention focused professional development. Scholarships are available for the Idaho Prevention Conference and the Northwest Alcohol Conference. Other prevention trainings will be considered. All funding opportunities can be applied for [here](#).
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