



Behavioral Health Board – Region 3 Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

Region 3 Behavioral Health Board Meeting Wednesday, May 25, 2022 from 10:00am - 12:00pm

In Person: Canyon County Administration Building, Community Room located at 111 N 11th Ave, Rm 130 Caldwell, ID 83605

Via Zoom: Join from PC, Mac, Linux, iOS or Android: <https://uhsinc.zoom.us/j/99926143611?pwd=R1ozNnRCZVhkV1rTlpKaXVPVWdwQT09>

Password: 979765 and Meeting ID: 999 2614 36110

Or Telephone: +1 253 215 8782 or +1 346 248 7799 or +1 669 900 6833 or +1 301 715 8592

Time	Agenda Item	Presenter
10:00am	Welcome, Call to Order and Roll Call	Melissa Mezo, Chair
10:05am	Review and Approval of April 27, 2022, Meeting Minutes*	Melissa Mezo, Chair
10:10am	Mental Health Advocate Award – Vito Kelso	Melissa Mezo, Chair/Alejandra Del Toro, Empower Idaho
10:20am	Executive Committee Update	Melissa Mezo, Chair
10:25am	Children’s Mental Health Sub-Committee Update	Joy Husmann, Vice-Chair
10:30am	New Logo and Website Overview	Aaron St. George
10:50am	Recovery Subcommittee	All
11:30am	Board Positions and Expirations Dates*	Melissa Mezo, Chair
11:35am	988 Presentation*	Nicole Coleman, DHW
11:50am	Roots and Branches Presentation*	Dr. Ryan Hulbert
12:00pm	Wrap Up and Adjourn	Melissa Mezo, Chair

*denotes information provided in packet

Next scheduled board meeting: June 22, 2022



Behavioral Health Board – Region 3
 Serving Adams, Canyon, Gem, Owyhee, Payette
 and Washington Counties

Region 3 Behavioral Health Board Meeting Minutes

Wednesday, April 27, 2022

10:00 am – 12:00 pm

Board Member Attendees:

Aaron St. George	Alex Zamora	Brian Lee	Christopher Partridge	Greg Dickerson
Jennifer Burlage	Ivy Smith	Joy Husmann	Lina Smith	Lyndon Haines
Marc Dominguez	Mark Rekow	Melissa Mezo	Penny Dunham	Penny Jones
Shawneen McGee	Tammy Law	Tricia Ellinger	Vito Kelso	

Topic	Discussion	Motion	Action
Welcome and Call to Order	Meeting called to order at 10:01. Quorum met.		
Action Item: Approve Meeting Minutes	Board members reviewed the revised January and March BHB meeting minutes.	Motion made (Joy Husmann), and seconded (Vito Kelso) to approve revised January and March minutes. Motion carried unanimously.	
Executive Committee Update	Melissa Mezo provided an overview of the April 27 Executive Committee meeting. March committee meeting minutes were approved. The board did not have any member applications to review, current open positions on the board include Certified prevention specialist, county commissioner, family member of adult SUD consumer. Any applications after April 30, 2022, should be sent to Melissa Mezo at mmezo@trhs.org .		

	<p>Committee will notify the Office of Drug Policy, Partnerships for Success program, that the board is no longer in a contractual relationship with SWDH.</p> <p>The committee identified a location for future board meetings, the remaining meetings for 2022 will occur at Treasure Valley Community College – Caldwell Center.</p>		
<p>Children’s Mental Health Subcommittee Update</p>	<p>Joy Husmann provided an overview of committee progress. The committee has been working on its strategic plan. Development of an action plan is in progress. The group is looking to support existing efforts within the community. The May committee meeting will focus on assignments to support the action plan.</p>		
<p>IDHW Contract Updates and Next Steps</p>	<ul style="list-style-type: none"> • Update on dead action item from January 2022 (Melissa Mezo) – This item was planned to be revisited at the April meeting. The contract has since been terminated between SWDH and IDHW and no further action is needed on this item. • IDHW support and staffing updates (Jennifer Burlage) – IDHW will be hiring a part-time administrative support for the board. A member of the Executive Committee will be invited to participate in the interview process. IDHW plans to create a standalone website for the board, this is anticipated to go live at the end of May. SWDH will host any materials until the new site is launched. <p>Aaron St. George requested that a board member be involved in the website development process to ensure the board can manage the site beyond IDHW support. Aaron also volunteered to donate the costs of a new domain and development of a website.</p> <ul style="list-style-type: none"> • Interim support (Melissa Mezo) – Joy and Melissa will be providing interim administrative support to the board. This will include new calendar invitations, development of meeting agendas, and minutes. 		<p>IDHW will stop any progress on developing an external website on behalf of the board. Will await any future guidance from the board.</p> <p>IDHW will pause its efforts to hire board support staff, they will wait for future guidance from the board.</p>

	<p>Aaron St. George also volunteered one of his team members to provide administrative support to the board.</p> <ul style="list-style-type: none"> • Board function discussion - <u>statutory requirements</u>, advisory, partner with other governmental entity, RFP for non-profit support – The board discussed the pros and cons of the R3BHB partnering with an entity who is able to provide fiduciary support or act as an advisory board. The Board requested an action item was requested to be added to the May meeting to determine the future structure of the board. 		
Budget Review	SWDH provided an overview of the board spending year to date.		
Recovery Subcommittee	<p>Joy Husmann, CMH subcommittee chair facilitated a discussion about a future recovery subcommittee within the board. Previously this committee led recovery month planning efforts on behalf of the board. The CMH subcommittee would like to partner with this group – if formed – on recovery efforts moving forward. The recovery month efforts have historically included a large community event with speakers, resources, vendor tables, family activities, and giveaways.</p> <p>Aaron St. George volunteered to lead this subcommittee. Interested board members included Ivy, Lina, and Joy stated she is aware of additional members who may be interested.</p>		
Community Updates	<p>Dr. Ryan Hulbert – new iteration of book for tribal communities. Dr. Hulbert to share new resource with Melissa for distribution.</p> <p>Tricia Ellinger – The Idaho Parent Network is working to draft legislation to ban use of restraints in public schools. For more information or to participate in proposed legislation development please reach out to her.</p>		
Adjourn	Meeting adjourned at 12:00 pm		

Next Behavioral Health Board Meeting:
Wednesday, April 25, 2022

Region 3 Behavioral Health Board Members

Name	Role to the BHB	Email	Organization	Title/Department, if known	Term Exp.
Aaron St. George	Adult SUD Services Consumer Representative	aaron@canyonrecoverycc.org	Canyon Recovery Community Center, Inc	Executive Director	2022
Alex Zamora	Representative of Public Education System	azamora@wilderschools.org	Wilder School District	Director of Virtual Learning, Curriculum, and Prof. Development	2022
Brian Lee	Representative of the Judiciary	blee@payettecounty.org	Payette County	Magistrate for the 3rd Judicial District of Idaho	2022
Christopher Partridge	Substance Use Disorder Advocate	cpartridge@trhs.org	Terry Reilly Health Services	Medical Director	2023
Greg Dickerson	MH Treatment Provider	gdickerson@humansupports.com	Human Supports of Idaho	LMSW	2023
Ivy Smith	Juvenile Justice System Representative	ismith@co.owyhee.id.us	Owyhee County	Owyhee County Chief Probation Office/ Administrator	2022
Jennifer Burlage	Department of Health and Welfare Representative	Jennifer.Burlage@dhw.idaho.gov	Region 3 and 4	Department of Health and Welfare Employee	2022
Jeri Gowen	Certified Prevention Specialist	preventionassociates1@gmail.com	Prevention Associates	Prevention Specialist	2022
Joy Husmann	VICE-CHAIR/ Hospital Representative	Joy.Husmann@uhsinc.com	Intermountain Hospital	Community Liaison	2022
Lina Smith	Private Provider of SUD Services	linas@recovery4lifeidaho.com	Recovery 4 Life	Addiction and Substance Abuse Counselor	2025
Lyndon Haines	County Commissioner	Lhaines@co.washington.id.us	Washington County	County Commissioner	2022
Marc Shigeta	County Commissioner	mshigeta@payettecounty.org	Payette County	County Commissioner	2022
Mark Rekow	County Commissioner	commissioners@co.gem.id.us	Gem County	County Commissioner	2022

Melissa Mezo	CHAIR/ Licensed Health Practitioner	mmezo@trhs.org	Terry Reilly Health Services	LCSW, BH Director	2022
Penny Dunham	Department of Health and Welfare Employee	dunhamp@dhw.idaho.gov	Region 3 DHW	Clinical Supervisor	2022
Penny Jones	Adult MH Services Consumer Rep	Pennyjones1952@gmail.com			2022
Shawneen McGee	Parent of a Child w/ SUD	smagee@trhs.org	Terry Reilly Health Services		2022
Tammy Law	Mental Health Advocate	tammyl@esgw.org			2025
Tricia Ellinger	Parent of a Child w/ MH	Tricia.ellinger@gmail.com	The Idaho Parent Network		2022
Vito Kelso	Law Enforcement Representative	vkelso@idoc.idaho.gov	Idaho Department of Corrections	Sr. Probation and Parole Officer	2025
Nicole Johnson	Family Member of Adult MH Consumer	nicolej@abmhealthservices.com	ABM Clinic	Executive Director and LPC	
Vacant	Family Member of Adult SUD Consumer				
Marc Dominguez	Adult Corrections Representative	Mdomingu@idoc.idaho.gov	Idaho Department of Corrections		

***Bold denotes member of Executive Committee**

988 Transition Guide for Outpatient Providers

Starting May 16th Region 3 Mobile Crisis after-hours calls (1700-0800 and all day on weekends and holidays) are being routed to the Idaho Crisis and Suicide Hotline (ICSH).

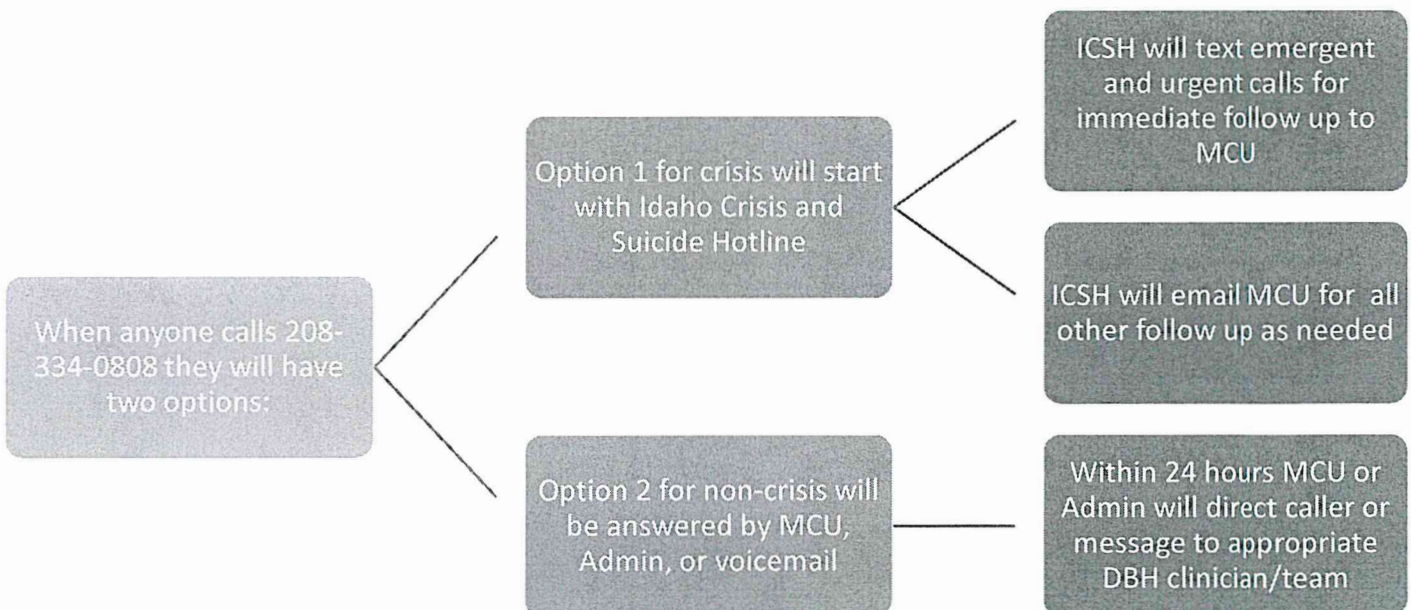
Starting July 16th, all Region 3 Mobile Crisis calls will be routed to the Idaho Crisis and Suicide Hotline 24/7. At this time, ICSH will become 988. Mobile Crisis will continue to conduct field response.

The Idaho Crisis and Suicide Hotline (ICSH/988) will de-escalate and handle all possible calls but will continue to send the following types of follow ups to MCU:

- Requests for consult
- Request for MCU complex follow up such as program applications for treatment
- Requests for welfare checks

Providers will reach a phone tree when calling Mobile Crisis. They will have two options: press 1 for crisis or 2 to leave a message for Behavioral Health. (This number can also be provided to clients to call as well)

- Option 1 will route to Idaho Crisis and Suicide Hotline (ICSH/988) and they will de-escalate, support, or provide resources and referrals. If there is a Mobile Crisis level of response needed, the Idaho Crisis and Suicide Hotline (ICSH/988) will reach out to Mobile Crisis for urgent follow up.
- Option 2 will send them to a voicemail for non-urgent follow up with expected follow up within 24 hours.



County Assistance Program (CAP)

PROPOSAL

Ryan J. Hulbert, Ph.D.

Purpose:

Assist in building resiliency to emotional and substance abuse problems, in either smaller or larger counties.

Goal:

Provide all county individuals and families with access to meaningful and engaging resources that are easily accessible in their own native language.

Cost:

\$1.00 per county resident per year. (e.g., If a county has 5,000 residents = \$5,000.00 per year)

Resources Available:

- Unlimited Access to On-line books, videos, self-assessments, and mini-courses
- Books Currently available (pdfs, e-books, audio books)

Drivers' Ed for the Brain: Finding greater peace and joy (English and Spanish)

Growth Rings: Becoming the person you were meant to be (English and Spanish)

No Longer Settling for Half of the Rainbow (English and Spanish)

- Self-Assessments Currently Available

Everyday Hero Individual (English, Spanish)

Everyday Hero Family (English, Spanish)

Current Perspective Assessment (English, Spanish)

Connectedness (English)

- On-line Mini-courses Currently Available (so far only in English)

Drivers' Ed for the Brain

Growth Rings

Which Came First, the Soul or the Ego

- Paperback copies for those who prefer a physical copy

Drivers' Ed for the Brain (currently translated in Afrikaans, Braille, Arabic, English, German, Hindi, Mandarin Chinese, Russian, Spanish - Translations underway in Farsi, Dutch, Swahili)

Drivers' Ed for the Brain (Native American version)

Growth Rings (Braille, English, and Spanish)

Which Came First, the Soul or the Ego (English and Spanish)

No Longer Settling for Half of the Rainbow (English and Spanish)

- County Resident as Local Coordinator for networking, promoting, distributing materials, scheduling workshops (\$15.00 per hour)
- Promotional Materials
- Supervision, progress reporting, and investing in additional resources and languages

Additional:

- Two 2-hour Workshops per year on a variety of topics for individuals and families