# REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# Behavioral Health Board

# Meeting Minutes January 25, 2017

## Region 3 Behavioral Health Board members attendance call:

Yvonne Baker (absent)Dennis Baughman (absent)Ferne BrandtChuck ChristiansenPenny Dunham (phone)Richard FerreraJeri GowenKenny GrayLisa Harris (absent)Penny Jones (phone)Cynthia Mauzerall (absent)Melissa Mezo

Ryan Miller (absent) Rusty O'Leary Leigh Peebles (absent)

Ruth Rafacz Mark Rekow Marc Shigeta Dahlia Stender Heather Taylor Susan Wiebe

#### Others present:

Mary JeffriesJoe LanganElda CatalanoSally OberlindacherAaron DarpliLaura RaynorCrystal LishRachel BlantonGreg Hall

Stacey Rosecrans Jose Valle Crystal Campbell (phone)

Kelli Brassfield Heather Brady Michelle Sundquist Joy Husmann Tom Bowman Valeda Gerside Lina Smith Darren Bushee Don Schultze

#### **CALL TO ORDER:**

Vice-Chairman Kenny Gray called the meeting to order at 10:02 a.m. The presence of a quorum was confirmed by taking an attendance call.

# ACTION ITEM: REVIEW AND APPROVE 11/16/2016 BEHAVIORAL HEALTH BOARD MINUTES:

No changes to the 11/16/2016 Behavioral Health Board meeting minutes were noted.

#### **MOTION:**

Dahlia Stender moved to approve the meeting minutes from 11/16/2016. Rusty O'Leary seconded the motion. Motion carried by unanimous approval.

### REVIEW OF NOVEMBER AND DECEMBER REVENUE/EXPENSE REPORT:

Kenny Gray presented the revenue and expense reports for November and December.

#### **SUB-COMMITTEE UPDATES:**

Kenny Gray initiated discussion regarding the combined Children's Mental Health (CMH) and Provider and Prevention sub-committees. He emphasized the need to reorganize the sub-committee and prioritize the committee's focus. The CMH sub-committee is required by statute. Respite care and the self-rescue manuals are two projects in progress.

Dahlia Stender submitted her resignation as chair of the CMH sub-committee. She will remain on the Behavioral Health Board. Kenny thanked Dahlia for her contributions to the CMH sub-committee as Chair. Kenny will e-mail Dahlia and Lina to determine how best to move the sub-committees forward.

#### **COUNTY COMMISSIONER UPDATES:**

Commissioner Shigeta detailed some of Payette County's struggles dealing with the recent snowpocalypse. Many have suffered leaks, cracks and cave-ins. The county is now addressing concerns regarding the inevitable snow melt and the problems that may cause.

Commissioner Rekow mentioned that Gem County has had snow but has not had any real problems with the infrastructure.

No Canyon County representative attended the meeting.

#### **EXECUTIVE COMMITTEE UPDATE:**

Kenny Gray provided a summary of the Executive Committee meeting held immediately prior to today's Board meeting. The main focus of the Executive Committee meeting was to review the application for the Idaho Department of Corrections (IDOC) Behavioral Health Board representative received from Michelle Sundquist. The Executive Committee also scheduled the quarter 2 contract monitoring call with the Division of Behavioral Health. The call is scheduled for Executive Committee members on February 22, 2017 at 9:00 a.m. at Southwest District Health.

#### **RECOVERY CENTER UPDATES:**

Canyon Clinic and Wellness staff reported the clinic is currently training two new recovery coaches. The clinic presented a letter of support request to the board. The clinic is working to obtain funding and achieve sustainability.

Stacey Rosecrans from Gem County Recovery Center mentioned that the center's greatest need is funding. The numbers are continuing to grow and they have a phenomenal volunteer coordinator on board.

#### **CRISIS CENTER UPDATE:**

Heather Taylor reported that the main focus of the last crisis center planning meeting was a discussion with the North Idaho Crisis Center Director regarding organization and structure. Heather distributed some Region 3 crisis data she collected for 2016. The crisis center has the potential to provide an alternate resource for individuals in crisis, instead of going to the hospital. The next crisis center meeting will be held January 27<sup>th</sup> at 1:00 p.m. at St. Luke's, Nampa.

Heather mentioned that regarding sustainability and funding each crisis center has looked at community partners including hospitals, local governments to discuss funds saved as well as private donations.

Commissioner Shigeta suggested looking into the cost of processing involuntary holds and putting that money toward the sustainability of the crisis centers.

#### **DIVISION OF BEHAVIORAL HEALTH UPDATE:**

Crystal Campbell reported that steering committees combining DBH staff and HUB leads are being formed. Contact Crystal for more information. She also mentioned that the Access to Recovery program is coming to an end. The grant itself went into the opioid grant. No more referrals will be accepted.

#### PRESCRIPTION DRUG MONITORING PROJECT UPDATE

Rachel Blanton notified Board members that the State of Idaho awarded a prescription monitoring drug grant. She asked Board members to let her know if they're aware of any physicians interested in partnering. Also, please let her know of any available forums to get the information to physicians and doctors.

#### CARE COORDINATION AND CARE MANAGEMENT 101

Rachel Blanton provided information on the upcoming training opportunity coming up as part of SHIP. The Care Coordination and Care Management training will be held at Southwest District Health on February 9<sup>th</sup> from 9:00 a.m. – 3:00 p.m.

#### **ANNOUNCEMENTS:**

Mary at Optum announced an upcoming training titled "Strengthening Clinical Processes". This will be offered February  $24^{th}$  from 10:30 a.m. -12:30 p.m., February 27 from 10:00 a.m. -12:00 p.m., and February 28 from 12:30 p.m. -2:30 p.m. More information is available at optumidaho.com

The second annual survey for Intermountain Hospital will be circulated soon. Please take a few minutes to complete it.

Intermountain Hospital will host a community lecture on the topic of music therapy intervention in Boise on February 23, 2017 at 12:00 p.m. Invitations will be sent out shortly.

The quarterly report from Optum will be distributed soon. Aaron Darpli mentioned he plans to distribute the reports via email and set time on agendas as requested.

Dahlia Stender reported that they've seen an increase in juvenile state commitments. In a typical year she sees one or two. So far this year they've had four. The unusually heavy snowfall and cold weather has created a crisis situation in the Weiser community. The community's one grocery store and one of two pharmacies had collapsed roofs.

Nampa Family Justice Center will host a fundraiser called "Light in the Window" on March 10, 2016. More information will be sent out.

The meeting adjourned at 11:50 a.m.