### REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# Behavioral Health Board

### **Meeting Minutes** February 22, 2017

#### Region 3 Behavioral Health Board members attendance call:

Dennis Baughman

Chuck Christiansen

Penny Dunham

Richard Ferrera (absent)

Jeri Gowen

Kenny Gray (absent)

Penny Jones

Cynthia Mauzerall (absent)

Melissa Mezo

Melissa Mezo

Ryan Miller (absent) Rusty O'Leary (absent) Leigh Peebles (absent)

Ruth Rafacz (absent) Mark Rekow Marc Shigeta

Dahlia Stender Heather Taylor Susan Wiebe (absent)

#### **Others present:**

Tom BowmanJosh DanielsJoe LanganJohn GreenleeJill CralleyMike DavidsonWendy HowellPatrick Fithen (?)LaDessa Foster

Laura Raynor Rachel Gillett Mark S (Access BHS)

Darren Bushee Aaron Darpli Don Schultze
Jose Valle Lina Smith Stacey Rosecrans

Rachel Blanton

#### **CALL TO ORDER:**

Chairman Dennis Baughman called the meeting to order at 10:02 a.m. The presence of a quorum was confirmed by taking an attendance call.

# ACTION ITEM: REVIEW AND APPROVE 01/25/2017 BEHAVIORAL HEALTH BOARD MINUTES:

No changes to the 01/25/2017 Behavioral Health Board meeting minutes were noted.

#### **MOTION:**

Chuck Christiansen moved to approve the meeting minutes from 01/25/2017. Marc Shigeta seconded the motion. Motion carried by unanimous approval.

#### **NURSE FAMILY PARTNERSHIP REPORT:**

Jill Cralley, SWDH Nurse Manager, presented information on the Nurse Family Partnership (NFP) program. The program has five home visitors who visit first time pregnant moms, mostly in their teens, from prior to their 7<sup>th</sup> month of pregnancy through the baby's second birthday. The NFP is a research based program that shows a decrease in child abuse or neglect and an increase in degrees or college applications for moms and babies seen for two years.

The program is voluntary and is available only in Canyon County. For moms with previous births, NFP can refer to the early Head Start program.

#### **REVIEW OF JANUARY REVENUE/EXPENSE REPORT:**

Dennis Baughman presented the January revenue/expense report. There were no questions about the expenses. Board members requested an easier way to view the funds the Board has to use. **Action item:** Katrina will ask Patty Foster, SWDH Financial Manager, to attend the March meeting to

explain the budget report and available non-restricted funds.

#### **SUB-COMMITTEE UPDATES:**

Heather Taylor provided a summary of the last Children's Mental Health/Provider and Prevention sub-committee meeting held on January 17. The sub-committee discussed transportation goals to incorporate into the Behavioral Health Board's Strategic Plan. Several attendees will work to contact Veyo, COMPASS, and Valley Regional Transit to investigate options for transportation in Region 3.

The sub-committee attendees also discussed Respite services and the anticipated changes in Medicaid to include respite as a reimbursable service. The sub-committee recommends working on a plan of how to market respite because it is traditionally underutilized.

The Gaps and Needs Analysis is due in September. Work on the report will begin in June and the Behavioral Health Board will review and vote on the report in August.

#### **COUNTY COMMISSIONER UPDATES:**

Commissioner Shigeta said Payette County is still recovering from snow damage. Neighboring areas also recovering from snow damage are looking for places to dump debris from structural collapses.

Commissioner Rekow did not have an update.

#### **EXECUTIVE COMMITTEE UPDATE:**

Dennis Baughman reported that the executive committee held its quarterly monitoring phone call with the Division of Behavioral Health. The committee also discussed commissioner vacancies and the best way to fill those. Katrina will distribute an email to Region 3's county clerks to gauge interest in the vacancy.

#### **CRISIS CENTER UPDATE:**

At the last meeting the committee discussed ways to develop an agreement to provide money for hospitals for a room off of the emergency room where patients can go without being admitted to get support and decompress. This may be beneficial for outer areas where travel to a crisis center is not feasible.

#### **DIVISION OF BEHAVIORAL HEALTH UPDATE:**

Respite standards are expected to change and an update will be issued as soon as it is available.

Information on the Zero Suicide Initiative will be presented at the Region 3 Behavioral Health Board meeting scheduled for March 22, 2017 at 10:00 a.m. at Southwest District Health.

#### MENTAL HEALTH AWARENESS MONTH:

May is Mental Health Awareness Month. The Division of Behavioral Health (DBH) is looking for nominations for two people from each region who live with mental illness and have made a difference in reducing the stigma around mental health.

#### **BYLAWS DISCUSSION:**

Dennis Baughman discussed making changes to the bylaws to clarify some areas. Some Behavioral Health Boards are considering adding members. Some legislative drafts to clarify ambiguity in the statutes governing the Behavioral Health Boards have been proposed. Currently, the board is mandated by

Idaho Statute 39-3134 which states that the board "shall consist of 22 members..." Dennis asked if attendees have access to bylaws templates and also asked members to begin planning for a bylaw committee to look at formulating clarifications to the BHB bylaws.

#### **MEETING SCHEDULE:**

Dennis Baughman initiated discussion about reducing meeting frequency and increasing the length. Member input included willingness to pilot longer, less frequent meetings as well as concern about feeling disconnected and members losing interest if too much time passes.

#### **RECOVERY CENTER UPDATES:**

Canyon Clinic and Wellness staff reported the clinic is open and doing well. Staffing changes to extend the clinic's lifespan are being made.

Stacey Rosecrans from Gem County Recovery Center mentioned that the center's going well. Recently the center met with IDOC.

Heather Taylor asked each recovery center to identify a need and submit to the Board as preparation of the FY18 budget will soon begin.

# CANYON COUNTY COMMUNITY CLINIC DIABETES AND MENTAL HEALTH DATA PRESENTATION

Josh Daniels presented information regarding the correlation between diabetes and mental health.

#### **ADJOURNMENT**

The meeting adjourned at 11:31 a.m.

#### **NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wed., March 22, 2017 at 10:00 a.m.