REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

Behavioral Health Board

Meeting Minutes March 22, 2017

Region 3 Behavioral Health Board members attendance call:

Dennis Baughman

Chuck Christiansen

Jeri Gowen (absent)

Penny Dunham (phone)

Kenny Gray

Penny Jones

Cynthia Mauzerall (absent)

Ryan Miller (absent)

Rusty O'Leary (absent)

Michelle Sundquist (absent)

Richard Ferrera (absent)

Lisa Harris (absent)

Melissa Mezo (absent)

Leigh Peebles

Ryan Miller (absent) Rusty O'Leary (absent) Leigh Peebles
Ruth Rafacz (absent) Mark Rekow Marc Shigeta
Dahlia Stender Heather Taylor Susan Wiebe

Others present:

Stacey Rosecrans Rachel Gillett Patty Foster Joy Husmann Pat Fithen Marty Cappe Mike Davidson Laura Raynor Lina Smith LaDessa Foster Elda Catalano Rachel Blanton Jose Valle Julie Trana Heather Brady Don Schultze Kira Burgess-Elmer Crystal Campbell Tom Bowman Aaron Darpli John Greenlee

Mallory Hogan Cara Osterson

CALL TO ORDER:

Chairman Dennis Baughman called the meeting to order at 10:00 a.m. The presence of a quorum was confirmed by taking an attendance call.

ACTION ITEM: REVIEW AND APPROVE 01/25/2017 BEHAVIORAL HEALTH BOARD MINUTES:

One change to the 02/22/2017 Behavioral Health Board meeting minutes was noted.

MOTION:

Kenny Gray moved to approve the meeting minutes from 02/22/2017 with the requested change. Heather Taylor seconded the motion. Motion carried by unanimous approval.

REVIEW OF FEBRUARY REVENUE/EXPENSE REPORT:

Patty foster presented the February revenue/expense report. Board members asked questions about carry over funds. The Board has operated very conservatively. The Executive committee is working to align the strategic plan with the budget.

SUB-COMMITTEE UPDATES:

Lina Smith provided a summary of the last Children's Mental Health/Provider and Prevention sub-committee meeting held on March 17. The committee covered quite a bit of information. The raw data from the recue manual is available. Once it's built the plan is for people to go in and update their information.

Dori Boyle from health and Welfare, Division of Medicaid, answered questions regarding Veyo services available to Medicaid clients. The committee also discussed the best way to marked respite services and chose to begin by creating and distributing flyers to participants and providers.

Beginning in June, the committee plans to pilot longer, less frequent meetings and will meet for three hours with light refreshments provided. Board members asked questions about how to ensure that less frequent meetings don't lead to disconnect. The sub-committee intends to use an online project tool like Google Drive or Base Camp to facilitate this and will email regular updates.

Board members also discussed how to help organize Recovery Day. Joy Husmann will be available to assist but will not be the sole organizer. Kenny is also available to help plan the event.

Elda Catalano encouraged the sub-committee chairs to work on objectives for the Children's Mental Health sub-committee to help encourage focused, productive use of time and improve attendance.

ACTION ITEM: No action was taken on this agenda item. The sub-committees already meet jointly. After piloting longer, less frequent meetings this topic can be revisited if needed.

COUNTY COMMISSIONER UPDATES:

Commissioner Shigeta said Payette County is now dealing with water problems from all of the snow. Commissioner Rekow noted that Gem County is also dealing with flooding.

EXECUTIVE COMMITTEE UPDATE:

Dennis Baughman provided a summary of the executive committee meeting today. The committee voted to approve a \$1,000 funding request for First Tee of Idaho. Mike Davidson will provide a summary report of the event to the Behavioral Health Board. The executive committee also voted to fund three registration only scholarships for the upcoming Idaho Conference on Alcohol and Drug Dependency (ICADD). Katrina will send ICADD applications out.

CRISIS CENTER UPDATE:

At the last meeting the committee discussed ways to develop an agreement to provide money for hospitals for a room off of the emergency room where patients can go without being admitted to get support and decompress. This may be beneficial for outer areas where travel to a crisis center is not feasible.

DIVISION OF BEHAVIORAL HEALTH UPDATE:

Crystal Campbell provided the Division of Behavioral Health update. She highlighted the new items of interest on the YES program website at yes.idaho.gov. These new items include monthly updates, calendar of events page, new resource under "I want more information" titled "What is the CANS?"

Crystal notified board members that The 21st Century Cures Act was passed by Congress in early December. This Act provides funding for states to use to fight the opioid epidemic. Idaho is eligible for up to \$2 million per year for 2 years and the application has been submitted. Crystal also mentioned that a statewide steering committee has been developed to help with the Peer Support Connections Conference in the fall of 2017.

RECOVERY CENTER UPDATES:

Millennium funding for the recovery centers has still not been determined. Canyon Clinic and Wellness is working to reconfigure enough to operate as a volunteer agency. Canyon Clinic and Wellness has not yet identified a funding need to submit to the Behavioral Health Board but some fundraising plans are in place.

The Gem County Recovery Center faces similar funding issues. The clinic has a large fundraiser planned for June 3 and Stacey will send a flyer to be distributed.

Dennis asked that Kathy Skippen be invited to the May Behavioral Health Board meeting to discuss the state of Idaho's recovery centers and Recovery Idaho.

ZERO SUICIDE INITIATIVE

Kira Burgess-Elmer, from Division of Behavioral Health, presented information on the Zero Suicide Initiative. Of people who died by suicide, 45% had contact with a primary care provider in the month before their death. This initiative is a leadership driven model to help ensure that clinicians are trained adequately in how to handle positive screen results.

MENTAL HEALTH AWARENESS MONTH NOMINATIONS

The opportunity is available to nominate two people from Region 3 who live with mental illness and has made a community-based, or individual difference in reducing the stigma around mental health. Nominations are due to Division of Behavioral Health by March 31.

COORDINATED ENTRY PRESENTATION

Dennis asked board members for input regarding hosting a presentation on coordinated entry. Initially the presenters requested an hour. Board members discussed the informational benefits of this presentation and asked that a half hour presentation be provided.

ICADD SCHOLARSHIPS

Scholarships to attend the upcoming Idaho Conference on Alcohol and Drug Dependency are available through the Behavioral Health Board and the Office of Drug Policy.

ADJOURNMENT

There being no further business, the meeting adjourned at 11:31 a.m.

NEXT MEETING:

The next Behavioral Health Board meeting is scheduled for Wed., April 26, 2017 at 10:00 a.m.