

## REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# Behavioral Health Board

## Meeting Minutes

June 28, 2017

### Region 3 Behavioral Health Board member's attendance call:

Dennis Baughman	Ferne Brandt (absent)	Chuck Christensen
Penny Dunham	Richard Ferrara (absent)	Jeri Gowen (absent)
Kenny Gray (resigned)	Penny Jones	Cynthia Mauzerall
Melissa Mezo (absent)	Ryan Miller (resigned)	Rusty O'Leary
Leigh Pebbles	Mark Rekow	Marc Shigeta (absent)
Ruth Rafacz	Dahlia Stender	Heather Taylor
Michelle Sundquist (absent)	Susan Wiebe (absent)	Pam White (absent)

### Others present:

Mike Davidson	Joy Husmann	Julie Trana
Jeanie Gilbert	Stacey Rosencrans	Kelli Brassfield
Crystal Campbell	Mary Jeffries	Lina Smith
Michele Chadwick	Darren Bushee	Don Schultze

### CALL TO ORDER:

Chairman Dennis Baughman called the meeting to order at 10:00 a.m. There was not enough presence for a quorum after taking an attendance call. Announcement: Commissioner White will not be able to participate with us; but Commissioner Kelly Aberasturi from Owyhee County has expressed interest and has turned in an application. He will be invited to the board and the next meeting. Lisa Harris will not be able to attend so there will be a vacancy for Parent of a child with SUD. Kenny Gray is no longer with Pathways so he resigned his position to the Board so there will be a vacancy for an SUD treatment provider. Applications are on the SWDH website under Behavioral Health Board. Since Kenny was the co-chair so there is a vacancy for this position.

**ACTION ITEM:** Linda Pratzner will invite Kelly Aberasturi to the next meeting in July.

### 2017 RECOVERY MONTH AWARDS:

Crystal Campbell announced the 2<sup>nd</sup> Annual Recovery Month starting September 1<sup>st</sup>. A reminder the nominations for two people are due July 31<sup>st</sup>. For the additional information visit [www.behavioralhealthevents.dhw.idaho.gov](http://www.behavioralhealthevents.dhw.idaho.gov)

**ACTION ITEM:** Crystal Campbell will forward the web address and information on Recovery Month to Linda Pratzner for distribution.

### REVIEW JUNE REVENUE/EXPENSE REPORT:

No questions regarding the expense report.

### EX-OFFICIO POSITION DISCUSSION:

This would be a non-voting member to the board and this would be someone from the health or medical system. Rusty made a comment to look at amending the by-laws and how to include this position. There

is not anything in the statute currently that would prevent this addition of an ex-officio member; there are other Boards looking at this ex-officio member. This member could be a prevention provider.

### **FUNDING SMALL PROJECTS**

There is leftover cash from last year and projected to have leftover cash this year and do not have to spend this. Hiring a project manager to go after grants or opening up money for people to apply for are a couple of ideas. Funding is not long-term (2 more years), so projects cannot be continuously funded. Another option to explore granting by contracting services instead of hiring. How does an application process start; who reviews and assesses; how are there checks and balances the money is spent correctly? A strategic plan was created last year. There is not a mechanism currently in place to identify potential funding sources to address our gaps and needs.

**ACTION:** Rusty O’Leary will reach out to Norma Jaeger to speak about locating grants at the next Board meeting.

### **SUB-COMMITTEE UPDATES:**

Lina Smith provided the update. The last meeting the gaps and needs was reviewed; the committee is half way through and will finish this at the next meeting in August. This year for Recovery Day there will be a Planning Committee. The roads in downtown Caldwell are under construction and the paths are limited to the Train Depot where the event usually takes place. The Voices of Recovery are holding an event at Esther Simplot Park the same weekend as our event; possible merge with this event with ours. Another idea is to hold Recovery Day at the Recovery Center. Rescue Manual is still being edited by Linda Pratzner. Once this is finalized the Rescue Manual can be uploaded to a website. The Canyon County Resource Guide should be called Region 3 and include the counties under this region. The next Children’s Mental Health Sub-Committee meeting is on August 18<sup>th</sup> and will be in the Canyon Room at SWDH.

**ACTION ITEM:** Joy Husmann will send Linda Pratzner information regarding Recovery Day for distribution. Lina Smith will construct an email for a Recovery Day Planning Committee for Linda to distribute. Linda Pratzner will send the Self-Rescue Manual out for revisions.

### **COUNTY COMMISSIONER UPDATES:**

Commissioner Rekow nothing to report.

### **EXECUTIVE COMMITTEE UPDATE:**

Dennis updated with the announcements at the start of the meeting.

### **RECOVERY CENTER UPDATE:**

The association is now developing standards for our Recovery Center and are working with Recovery Idaho regarding standards for training recovery coaches. The Canyon Recovery Center is doing well.

Gem County Recovery Center has adopted the minimum standards for recovery centers across the state and working on making a more uniform training and using Recovery Idaho coaches or the C card model trained coaches. Gem County has a big event planned for Recovery Day. Valor Health is partnering with them and giving a big space by the hospital. The Gem County Recovery Day is planned for September 23<sup>rd</sup> opening up their schedule so they can participate in the Canyon Recovery Day.

### **CRISIS CENTER COMMITTEE UPDATE:**

Dennis Baughman provided the update. The Committee is looking at what Region 2 is doing in partnering with their local hospitals. On July 12<sup>th</sup> there will be a meeting at the Canyon County building with Commissioner Dale; the department will ask for continuing funding on the centers that already exist and no additional funding for new centers. The centers are 50% self-sustaining funding.

### **DIVISION OF BEHAVIORAL HEALTH (DBH) UPDATE**

Crystal Campbell provided the update. The IDAPA rules and statutes; are starting to take recommendations from the community. Contact Treena Clark at [Treena.clark@dhw.idaho.gov](mailto:Treena.clark@dhw.idaho.gov)

Heather Taylor requested an update in the DBH talking points of any Legislative updates the division works on. For the SUD populations highlights – working to roll out medication treatment services for individuals suffering from opiate use disorders and working with BPA health who are reaching out to providers that have interest. This may be up and running in August.

There is a sub grant opportunity and is due July 7<sup>th</sup> submit all questions by June 30<sup>th</sup>. The website will be updated with these questions [www.ira.dhw.idaho.gov](http://www.ira.dhw.idaho.gov) The 2017 Fee Determination brochure is now available on the department's website.

### **STATE HOSPITAL NORTH ADVISORY BOARD UPDATE:**

Michele Chadwick presented the update. The last meeting was a couple months ago. Their Representative from Region 1 has made weighted blankets for clients to use and another board member has made it possible to work with Corrections in Cottonwood and Orofino who have a quilting program so then they can make weighted blankets for police officers to use to comfort. If you want to assist, please let her know. One of the things that has helped individuals in crisis is little notes i.e. "Somebody out there is thinking about you." Any notes please notify Michele. They are working on a comfort room for individuals to do self-care. Michele is accepting any donations for this comfort room. They are utilizing TeleHealth but they need a psychiatrist; please let her or Todd know if you know of anyone to refer. The gaps and needs are not being addressed; lack of housing for individuals when they are released from the hospital. They need more beds. Dottie Owens, Ada County Coroner has 2 to 3 overdoses a day. Michele and Dottie are attending town hall meetings to see what can be done in Idaho. There is a disconnect on who investigates overdoses. Law enforcement is first on scene so everyone that goes through the post process will start receiving 8 hours of CIT training. Michele Chadwick thanked Heather Taylor for her willingness to help her with this endeavor. The Criminal Justice Commission will be providing CIT training at one of their meetings.

**ACTION:** Heather Taylor will find out the exact date for CIT trainings and inform the Board.

### **OTHER TOPICS**

Mike Davidson – finished up their 1<sup>st</sup> Tee program last Friday; the team was on the news. Twenty-one kids completed the program and 18 qualified for perfect attendance and received golf bags. Mike will be presenting 1<sup>st</sup> Tee at the next board meeting.

Penny Jones – received her contract this year and will be providing prevention service for the Grandview area. This affects 200 kids district-wide; start with grades K all the way up to the 11<sup>th</sup> grade.

### **ADJOURNMENT**

There being no further business, the meeting adjourned at 11:47 a.m.

### **NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wed., July 26, 2017 at 10:00 a.m.