REGION 3 Serving Gem, Canyon, Payette, Owyhee, Washington, and Adams Counties Behavioral Health Board

# Meeting Minutes October 25, 2017

#### **Region 3 Behavioral Health Board member's attendance call:**

Dennis Baughman (absent) Chuck Christiansen Richard Ferrara (absent) Cynthia Mauzerall Gina Osterloth (absent) Marc Shigeta Michelle Sundquist (absent) Susan Wiebe

#### **Others present:**

Lindsay Atagi Aaron Darplo Mary Jeffries Joy Husmann Gina Wescott Elda Catalano Matt Johansen LaDessa Foster

Kelly Aberasturi

Tricia Combs

Melissa Mezo

Heather Taylor

Leigh Peebles (phone)

Jeri Gowen

Lina Smith

Ferne Brandt (absent) Penny Dunham Penny Jones Rusty O'Leary (absent) Mark Rekow (phone) Dahlia Stender (phone) Julie Trana

Joe Langan Crystal Lish Stacey Rosecrans

## CALL TO ORDER:

Heather Taylor called the meeting to order at 10:02 a.m. There was enough presence for a quorum after taking an attendance call.

# ACTION ITEM: REVIEW AND APPROVE 08/23/2017 and 09/27/2017 BEHAVIORAL HEALTH BOARD MINUTES:

No changes to the minutes.

#### **MOTION:**

Susan Wiebe moved to approve the meeting minutes from 8/23/2017 and 09/27/2107 with no changes. Chuck Christiansen seconded the motion. Motion carried by unanimous approval.

## ACTION ITEM: APPROVAL OF CALENDAR YEAR DATES FOR BEHAVIORAL HEALTH BOARD MEETINGS IN 2018

The December meetings cancelled.

## **MOTION:**

Chuck Christiansen moved to approve for the November 2018 meeting on the 28<sup>th</sup> and cancel the December 2017 and 2018 meeting. Lina Smith seconded the motion. Motion carried by unanimous approval.

## **REVIEW SEPTEMBER REVENUE/EXPENSE REPORT:**

There was a question on the \$600.00 charge under Employee Development. The charge was an error and accounting revised the budget and added back the \$600.00.

# CANYON COUNTY COALITION INFORMATION:

Lindsey Atagi presented. There is a gap for coalition work in Canyon County. There are two separate funding streams both through the Idaho Office of Drug Policy. They plan to have substance abuse prevention education opportunities throughout the upcoming fiscal year. There will be lunch and learn opportunities throughout this year to educate the community and as well as recruiting for additional members. Once the community needs are identified through community assessment; a social marketing campaign will be created to address those needs. Coalitions are very effective in reducing drug threats. The next meeting will be on November 28<sup>th</sup> from 3pm to 4:30p.m.; location will be determined and this meeting will be reoccurring on the 4<sup>th</sup> Tuesday of the month.

## SUBCOMMITTEE UPDATE

Lina Smith presented. The last meeting on October 20<sup>th</sup>, the group reviewed Gaps and Needs Analysis. One of the items to work on would be an adolescent resource guide. A survey to schools on what their needs are and then bring this document to one of the Behavioral Health Board meetings. Chuck Christiansen proposed a one-hour Strategic Planning section at the November Behavioral Health Board meeting. The Self-Rescue manual will be finalized before putting on the website and there will be an email address included for any updates. As a committee it was decided to postpone the December meeting to January 2018.

**ACTION**: Linda Pratzner will send a copy of the Gaps and Needs Analysis to the Board members prior to the November 15<sup>th</sup> meeting. Linda will also block a one-hour Strategic Planning topic on the agenda in November to discuss the Gaps and Needs Analysis.

# **COUNTY COMMISSIONER UPDATES:**

No report.

# **EXECUTIVE COMMITTEE UPDATE:**

Heather Taylor provided the update. There was a discussion on the subcommittee roles and responsibilities. The Gaps and Needs Analysis will be distributed to the board for more direction. There was also discussion to create a separate subcommittee for Recovery Day event. Chuck Christiansen would like to see a representative from the recovery centers on this Recovery Day Subcommittee.

# ACTION ITEM: APPROVAL OF ESTABLISHING A RECOVERY DAY SUBCOMMITTEE

The Recovery Day subcommittee would be responsible for the Recovery Day event held every year in September.

# **MOTION:**

Lina Smith moved to approve for establishing a Recovery Day Subcommittee for Recovery Day. Chuck Christiansen seconded the motion to assist the local recovery centers with their events. Motion carried by unanimous approval.

# **RECOVERY CENTER UPDATES:**

The Gem Recovery Center has a new website Emmettrecovery.com.

# **CRISIS CENTER COMMITTEE UPDATE:**

Heather Taylor presented. The Crisis Center Committee met on October 13<sup>th</sup>. Several local leaders have verbally committed to a crisis center in Region III. Discussions are planned with all County Commissioners from Region III. The Southwest District Health Board members are working with County Commissioners in garnishing support. Amy Stahl, representative from St. Luke's Hospital informed the group that Canyon County is looking to purchase Canyon Springs High School. St. Als is willing to offer

Region III Behavioral Health Board meeting minutes 102517 - Page 2

the old Mercy Hospital as a site for the crisis center, but the group has concerns about the feasibility of the location because it is far back in Nampa and hoping to make it for all of the counties to use this site. Travis Spencer with Fruitland Fire Department was asked for his input for a need for a crisis center and there is a need in the Payette area. Currently, Payette is working on a telemedicine grant to deal with behavioral health calls. The Crisis center has outreached to the Nampa and Caldwell Rotary clubs. Discussions with United Way, YMCA, the Kiwanis Club and VEO for transportation to the crisis center. The next meeting is November 10<sup>th</sup> at Southwest District Health.

#### DIVISION OF BEHAVIORAL HEALTH UPDATE

Crystal Campbell presented. There is planning underway regarding information YES sessions targeted for Behavioral Health Boards. There are IDAPA rule and Idaho statutes proposals. The SUD Budget for SFY – 18 is depleting quickly so there were cost-saving measures implemented. Gina Wescott presented the Western Interstate Commission for Higher Education (WICHE) 2008 Report. There were extensive recommendations one was to create this particular group. WICHE will update the recommendations of 2008 by conducting a full and comprehensive inventory of the current services in Idaho and make a set of recommendations of what the array of services should be in Idaho given the current landscape. December would be ideal to review the WICHE 2008 Report to get this information to the Legislation. Chuck Christiansen recommended the Executive Committee be available for WICHE in December instead of having an official Board meeting. The Executive meeting is an open session to all.

**ACTION**: Gina Wescott will keep in touch with Heather Taylor and Dennis Baughman to set up an executive session in December for the WICHE 2008 report.

#### **OTHER TOPICS:**

Joy Husmann, Intermountain Hospital; Idaho of Drug Policy is offering a Naloxone grant for first responders. There is a three-hour free ethics lecture at Southwest District Health on November 10<sup>th</sup> from 9am to noon. It is three CEUs. She has a few spots left.

LaDessa Foster, BPA Health; the Idaho Mental Health Counselors Association has a training on Telehealth Services November 10<sup>th</sup> in Meridian. The Idaho Mental Health Counselors Association has implemented a medically managed detox in August; at the Walker Center in Gooding, Idaho. And also in August; starting a pilot program called Enhanced Safe and Sober Housing at one of the SHIP homes. These are for clients who are discharged from the hospital and in need of the higher level of care.

#### **ADJOURNMENT**

There being no further business, the meeting adjourned at 11:43 a.m.

## **NEXT MEETING**:

The next Behavioral Health Board meeting is scheduled for Wednesday, November 15, 2017 at 10:00 a.m.