

## REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# Behavioral Health Board

## Meeting Minutes

November 28, 2018

### Region 3 Behavioral Health Board member's attendance call:

Kelly Aberasturi  
Tricia Combs  
Jeri Gowen  
Cynthia Mauzerall  
Victoria Patterson  
Lina Smith (absent)  
Julie Trana

Dennis Baughman  
Penny Dunham (phone)  
Joy Husmann  
Melissa Mezo  
Mark Rekow  
Dahlia Stender  
Katie Weigand

Chuck Christiansen  
Richard Ferrara (absent)  
Penny Jones  
Gina Osterloth (phone)  
Marc Shigeta  
Heather Taylor  
Susan Wiebe

### Others present:

Michelle Barker  
Stacey Rosecrans  
Phil Sheridan  
Lori Farrens (phone)

Joe Marti  
Michael Howard  
Lexi Peters  
Leigh Peebles (phone)

Nikki Zogg  
Carolyn Rees  
Marty Cappe  
Lianna Erickson-Trembath (phone)

### CALL TO ORDER:

Melissa Mezo called the meeting to order at 10:04 a.m. There was enough presence for a quorum after taking an attendance call.

### ACTION ITEM: REVIEW AND APPROVE 11/28/2018 BOARD MEETING MINUTES

A revision to the 10/24/18 Behavioral Health Board meeting minutes was noted.

### MOTION:

The minutes for 10/24/2018 were approved with revisions. Motion carried by unanimous approval.

### ACTION ITEM: APPROVAL OF MEETING DATES FOR 2019

The Board recommended to move the November meeting date a week earlier to November 20, 2019 and also recommended to cancel the December meeting in 2019.

### MOTION:

The Board approved the calendar dates with the two revisions. Motion carried by unanimous approval.

### EXECUTIVE COMMITTEE UPDATE

There have not been any applications received for the Education Representative and the Adult Corrections Representative. According to the bylaws the Executive Committee must be voted on by the Board and currently the Executive Board includes Heather Taylor, the three County Commissioners, Penny Jones, the chair position and Victoria Patterson. There will be a vote in the January Behavioral Health Board meeting for the Executive Committee members.

**Action:** Linda Pratzner will add the action item to the January agenda to vote for the Executive Committee members.

### **REVIEW PARTNERSHIP FOR SUCCESS GRANT**

At the last Executive Committee meeting on October 31 it was decided to wait on the vote until the November Behavioral Health Board meeting for transparency. The Letter of Support approved in June of 2018 was not in accordance with the Open Law Rule. The contract has been altered to not include the Behavioral Health Board section until that vote took place. The contract includes a hiring of a Health Education Specialist Senior by Southwest District Health; who would focus on youth adolescent substance abuse prevention in Region 3. The grant indicates the Behavioral Health Board would guide the work of the position to focus on in the coming years. The position has been posted and there are six applicants on the register. Interviews have not been completed. Penny Dunham and Jeri Gowen volunteered to be involved in the interviews. Recommendation to have all board members sign off on the bylaws. Chuck Christiansen suggested to include in the bylaws to include all board members when Executive Committee meets on an action item.

### **ACTION ITEM: APPROVAL OF PARTNERSHIP FOR SUCCESS GRANT**

Chuck Christiansen recommended to vote for the approval of the grant. Heather Taylor seconded this approval.

### **MOTION:**

The Board approved the grant. Melissa Mezo initialed the Behavioral Health Board section. The contract will be amended to include the initialed section.

**Action:** Linda Pratzner will send a copy of the Memorandum of Understanding to the Board members before the January Behavioral Health Board.

### **DISCUSSION OF NOMINATIONS FOR CHAIR AND VICE CHAIR POSITIONS**

There were two nominations for Chair elect; Kelly Aberasturi and Melissa Mezo. Joy Husmann was nominated for Vice Chair elect.

### **ACTION ITEM: VOTE FOR CHAIR AND VICE CHAIR POSITIONS FOR THE NEW YEAR**

Linda Pratzner collected the paper ballots with signatures and counted the votes. Melissa Mezo asked the two board members on the phone to cast their vote verbally from Gina Osterloth and Penny Dunham. Melissa Mezo will be the new Chair and Joy Husmann was voted in for Vice Chair.

**Action:** Linda Pratzner will keep the ballots on file.

### **CHILDREN'S MENTAL HEALTH/PROVIDER SUBCOMMITTEE UPDATE**

The Subcommittee worked on the Adolescent Resource Guide at their November meeting. The Subcommittee plans to review the guide in the January meeting so this can be disseminated out to the board for more input. This guide will be on the same website which houses the Self Rescue Guide.

### **STATE PLANNING COUNCIL UPDATE**

Penny Jones received paperwork to join the State Planning Council; she signed and returned. She is waiting for the letter of acceptance.

### **ACTION ITEM: VOTE ON REGION 3 GOVERNOR'S REPORT**

The Governor's Report was created by Joy Husmann and Penny Jones to be submitted after the Board reviews. Melissa Mezo suggested to add information on the Crisis Center for Region 3. There was no vote on this report.

### **REVIEW MONTHLY REVENUE/EXPENSE REPORT**

The Miscellaneous Expenditures for \$180.00 was for a co-sponsor fee for the Idaho Integrated Behavioral Health Network Annual Conference held in April 2018.

### **RECOVERY CENTER UPDATES**

The Canyon County Community Clinic is operating under a temporary director. There are applicants, but none have been chosen to date. They are looking forward to having the Crisis Center operate out of the same building. The Gem County Recovery has been networking with the Canyon County Community Center along with the Veterans Drug Court.

### **COUNTY COMMISSIONER UPDATES**

Kelly Aberasturi reported Owyhee County had a Hazmat disaster with three injured and one fatality. The positive outcome to this disaster was a policy change to a better response for future disasters. Mark Rekow reported there is a remodel of their jail and will now be the Commissioner's Chamber. Mark Rekow has been re-elected for the next four years.

### **CRISIS CENTER COMMITTEE UPDATE**

Heather Taylor presented. The contract will be finalized with Lifeways soon. The next step is for Southwest District Health to look at the building and sign the lease. Next week there will be a Crisis Intervention Team training. This will include discussion about the crisis center and how the center can provide another resource to law enforcement. Region 3 Department of Health and Welfare (IDHW) Mental Health and the Nampa Police Department are hosting an 8-hour course which covers Advanced De-escalation Strategies on December 3rd. The training is no cost to law enforcement. Please contact Penny Dunham to register. Also there will be a Crisis Intervention Team (CIT) 32- hour training hosted by IDHW and Nampa Police on December 3 – 6, 2018.

**Action:** Linda Pratzner will distribute the flyers regarding the Advanced De-escalation Strategies training and the CIT Training.

### **DIVISION OF BEHAVIORAL HEALTH BOARD UPDATE**

Heather Taylor presented. There has been discussion on adding a "Crisis Center" section where all the crisis centers around the state can provide an update on their crisis center.

### **DISCUSSION OF BYLAWS**

Linda Pratzner will send out the bylaws to the board members for changes. Please send Linda Pratzner any feedback before January 11, 2019. At the January Behavioral Health Board there will be a review of the bylaws for updates. Also the review of the Code of Conduct will be on the agenda for board members to sign at the January Behavioral Health Board Meeting.

### **OTHER TOPICS**

Phil Sheridan, Chief Hospital Administrator provided information for the new acute care of the psychiatric hospital called Cottonwood Creek. The building is under construction with renovation. This will be primarily acute care facility with an outpatient and licensed for 72 beds. The doors open January 14, 2019.

Recovery Idaho is offering a recover coach training at the College in Caldwell on December 10<sup>th</sup> through 15<sup>th</sup>. It is eight hours a day Monday through Friday then six hours on Saturday.

The Idaho Anti-Trafficking Coalition is having a fund raiser for the Solace House in Boise; this is a shelter for victims of trafficking. Jeri Gowen will forward the flyer with Linda Pratzner for distribution.

**ADJOURNMENT**

There being no further business, the meeting adjourned at 12:08 p.m.

**NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wednesday, January 23, 2018 at 10:00 a.m.