

## REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# Behavioral Health Board

## Meeting Minutes

March 27, 2019

### Region 3 Behavioral Health Board member's attendance call:

Kelly Aberasturi	Dennis Baughman (phone)	Chuck Christiansen (absent)
Tricia Combs	Penny Dunham	Richard Ferrara
Jeri Gowen (absent)	Joy Husmann	Penny Jones (phone)
Cynthia Mauzerall	Melissa Mezo	Gina Osterloth
Victoria Patterson	Mark Rekow	Marc Shigeta
Lina Smith (absent)	Dahlia Stender (absent)	Heather Taylor (absent)
Julie Trana	Katie Weigand	Susan Wiebe

### Others present:

Joe Langan	Stacey Rosecrans	Crystal I.
Tammy Lish	Heather Corisis	Anne Bloxham
Doug Doney	Brian Crawford	Matt Johansen
Ryan Hulbert	Cristina Froude	Amber Aberasturi

### CALL TO ORDER:

Melissa Mezo called the meeting to order at 10:03 a.m. There was enough presence for a quorum after taking an attendance call.

### ACTION ITEM: REVIEW AND APPROVE 02/27/2019 BOARD MEETING MINUTES

No changes to the 02/27/2019 Behavioral Health Board meeting minutes was noted.

### MOTION:

The minutes for 02/27/2019 were approved. Motion carried by unanimous approval.

### ACTION ITEM: APPROVAL OF PFS ACTION PLAN AND BUDGET

Amber Aberasturi presented the Action Plan for the Partnership for Success grant and the budget. There are three required strategies: Implement strengthening families; coordinate DITEP training in schools; disseminate "Be the Parents" media campaign. The fiscal year 2019 will end June 30<sup>th</sup>; and may not roll over to the next fiscal year so it is strongly encouraged to spend. Amber plans to spend money on deterra drug activation pouches for distribution to community partners, she will be coordinating a Council Bike Day on May 16<sup>th</sup>, and partner with the 2C Drug Free Coalition to host parent learning session(s).

### MOTION:

The Partnership for Success (PFS) action plan and budget were approved. Motion carried by unanimous approval.

### EXECUTIVE COMMITTEE UPDATE

The Executive Committee reviewed and approved a \$2500.00 grant request submitted for \$2,500 CIT trainer scheduled for June 24 -27, 2019. This training will be in Emmett and is open to all law

enforcement in Region 3. The scholarship applications for ICADD, IIBHN and Prevention and Support conferences were reviewed. The Executive Committee approved five ICADD scholarships instead of three since there were no applications for the Prevention and Support scholarship. There was one applicant for the IIBHN conference who used the wrong form to apply for ICADD. The Committee disqualified her for ICADD but approved her for IIBHN. There were eight ICADD applicants and five were chosen.

**Action:** Linda Pratzner will send out the flyer for the CIT training. Linda Pratzner will notify the winners of the IIBHN and ICADD scholarships.

### **DISCUSSION: REVIEW CONTRACT OPTIONS**

The Board discussed contract options 1.) Continued partnership with SWDH; 2.) Become our own 501C3; 3.) Partner with another 501C3. Joy Husmann will ask some specific questions regarding the options at the Leadership call scheduled for Thursday, March 25<sup>th</sup>, 2019. Kelly Aberasturi would like to a questionnaire to be sent out to the board members. Linda Pratzner will meet with Kelly and Amber Aberasturi to create the questionnaire. The voting for the three contract options will need board approval at the April BHB meeting.

### **COUNTY COMMISSIONER UPDATES**

Mark Rekow presented. Gem county is seeing a lot more growth and the roads are huge concern. Gem County is also seeing a lot more out of county traffic for driver's license, car registration and illegal dumping of trash. Kelly Aberasturi presented. Their new community building is being built at the Owyhee County fairgrounds.

### **CHILDREN'S MENTAL HEALTH/PROVIDER SUBCOMMITTEE (CMH/P) UPDATE**

Joy Husmann presented. The Subcommittee completed the revisions on the Adolescent Resource Guide and waiting for provider updates. The Subcommittee would like to push the Guide to the website by April. The website will be the same website which houses the Canyon County Self Rescue manual. Any updates please send to Linda Pratzner. There was discussion on how the subcommittee will continue. They will wait for direction from the board to determine what they will focus in the coming months. The next meeting is scheduled for May 15, 2019.

### **STATE PLANNING COUNCIL UPDATE**

No update.

### **REVIEW MONTHLY REVENUE/EXPENSE REPORT**

The Employee Travel Cost for \$80.96 was refreshments for the CMH/P Subcommittee in February. The Miscellaneous Expenditure for \$94.16 was for board member reimbursement for travel to the February BHB meeting.

### **STRATEGIC PLANNING**

Joy Husmann presented. The Strategic Plan was presented in September 2018 to the board to be deployed in 2019. Since then the Partnership for Success grant was received and addresses goal number one in the Strategic Plan. The board needs to review the plan, set goals and priority for the coming year. This will be an agenda topic to setup goals, timelines, and attaching subcommittees to the plan.

### **DIVISION OF BEHAVIORAL HEALTH (DBH) UPDATE**

Anne Bloxam presented. May is Mental Health month awareness the theme this year centers around suicide awareness and prevention. This year the awards will be presented by the Behavioral Health Program Manager. The nominee is due April 15<sup>th</sup>. Please send your nomination to Holly Walund. Youth

Empowerment Services continues expansion of Wraparound services and DBH has signed a contract for voucher respite with BPA Health. There will be a new application process. Reminder about the Transformational Collaborative Outcomes Management Conference will be May 1<sup>st</sup> – 2<sup>nd</sup>. Registration link is on the DBH update. IROC is increasing money going to ODP and targeting increase funding for the availability of Naloxone. They hired a statewide DBH Opioid coordinator; this individual will be focused on the Opioid coordination. This is a joint position between the DBH and ODP. The Treatment and Transitions (TnT) grant is a 1million grant yearly for five years. This grant supports expansion of safe and stable housing for behavioral treatment and recovery support services. The DBH welcomes Mindy Oldenkamp; she has been hired and in they are at the transitioning phase to transfer the contract monitoring to her.

The Board nominated Cynthia Mauzerall for this year's Empowerment Award recipient.

Action: Linda Pratzner will send the nomination to Holly Walund.

### **RECOVERY CENTER UPDATES**

The Recovery Centers are planning for Recovery month in September. The Recovery Centers are holding a breakfast to kick off the Idaho Recovery Open Awareness Ride (IROAR) event and ending the event with a Gem County fair on Recovery Day. The kickoff breakfast will be in Canyon County. Once Stacey Rosecrans has flyers from Optum for the IROAR event she can distribute.

### **CRISIS CENTER COMMITTEE UPDATE**

Cristina Froude presented. The grand opening of the Community Crisis Center will be Monday, April 22, 2019; there will be an open house from 9am to 5pm with the ribbon cutting ceremony at noon. The center will be operational April 24<sup>th</sup>. All are welcome to attend. The Crisis Center Committee is working on their bylaws and putting together an Advisory Committee. Please contact Cristina if you are interested in joining the Advisory Committee at email: [Cristina.Froude@phd3.idaho.gov](mailto:Cristina.Froude@phd3.idaho.gov)

### **OTHER TOPICS:**

Ellen Afflick from Cottonwood Creek Behavioral Hospital presented. The facility does not have a residential detox and is primarily for mental health. Patients can be directly admitted to their facility without going through the emergency room at a hospital. They are licensed for 72 beds with 48 rooms; 24 of the rooms are private. Their intensive outpatient program will be open in the next couple of weeks. They accept all types of insurance and accept male and female patients over 18 years of age.

### **ADJOURNMENT**

There being no further business, the meeting adjourned at 11:53 a.m.

### **NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wednesday, April 24, 2019 at 10:00 a.m.