

## REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# Behavioral Health Board

## Meeting Minutes

April 24, 2019

### Region 3 Behavioral Health Board member's attendance call:

Kelly Aberasturi	Chuck Christiansen	Penny Dunham
Richard Ferrara (absent)	Jeri Gowen	Joy Husmann
Penny Jones	Tricia Lofton (absent)	Cynthia Mauzerall
Melissa Mezo	Gina Osterloth	Victoria Patterson
Mark Rekow (absent)	Marc Shigeta	Lina Smith (phone)
Dahlia Stender	Heather Taylor	Julie Trana
Katie Weigand	Susan Wiebe (absent)	Alex Zamora

### Others present:

Laura Raynor	Cristina Froude	Raquel Nunez
Claudia Ornelas	Ellen Afflick	Michelle Barker
Gina Westcott	Anne Bloxam	Jodi Cook
Breanna Caward	Emma Mahon	Nikki Zogg

### CALL TO ORDER:

Melissa Mezo called the meeting to order at 10:03 a.m. There was enough presence for a quorum after taking an attendance call.

### ACTION ITEM: REVIEW AND APPROVE 03/27/2019 BOARD MEETING MINUTES

No changes to the 03/27/2019 Behavioral Health Board (BHB) meeting minutes was noted.

### MOTION:

The minutes for 03/27/2019 were approved. Motion carried by unanimous approval.

### EXECUTIVE COMMITTEE UPDATE

The Executive Committee reviewed the attendance roster and the attendance spreadsheet will include color coding for “no” response to a meeting request to the monthly BHB meetings. A green colored “no” means the board member responded to the meeting request and a red colored “no” signifies the board member did not respond to the meeting request. The Executive Committee reviewed a draft of a “Conflict of Interest” document which will be discussed at the BHB meeting in May

**Action:** Linda Pratzner will send out a copy of the “Conflict of Interest” draft to the Board Members for review and provide feedback before the May BHB.

### STRATEGIC PLAN

The Board discussed the review of the strategic plan. This document was introduced in September 2018. The Partnership for Success Grant (PFS) has directly impacted the strategic plan. Joy Husmann presented the logo chosen for the Region 3 BHB and the pop up table tent to use at conferences, trainings, etc. Linda Pratzner will be the contact for the pop up tent for board members to check out.

**Action:** Linda Pratzner will send out the strategic plan before the May BHB meeting and include on May's agenda for the BHB meeting.

### **COUNTY COMMISSIONER UPDATES**

Mark Shigeta presented. He attended the Intermountain Hospital team meeting and received a lot of information on what we are doing for the community.

### **SEXUAL ASSAULT AWARENESS/SUICIDE PREVENTION PRESENTATIONS**

Breanna Caward and Emma Mahon presented; students from Council High School. Breanna Caward presented first on sexual assault awareness. The presentation included the definition of sexual assault, why people sexually assault, the legal side of things, why sexual assault is the most underreported crime, the victims side, statistics, the effects and how to prevent. Emma Mahon presented on suicide prevention. Her presentation included the causes of mental illness and suicide, statistics, and what we can do to help those with mental illness. The Board presented plaques to Breanna and Emma for appreciation on their efforts towards sexual assault awareness and suicide prevention.

### **STATE PLANNING COUNCIL UPDATE**

Penny Jones presented. There was discussion on the proposal to change the term limit of a member appointment from two to three years. Also, there is a need for a member from the Hispanic community for representation. A brochure on State of Homelessness was shared with the board members. The Medicaid Expansion will be implemented in nine months.

### **REVIEW MONTHLY REVENUE/EXPENSE REPORT**

The Employee Travel Cost of \$108.58 was for refreshments provided at the Children's Mental Health/Provider Subcommittee in March. The Miscellaneous Expenditure of \$94.16 was for a board member reimbursement for travel to the March Behavioral Health Board meeting.

### **DIVISION OF BEHAVIORAL HEALTH (DBH) UPDATE**

Anne Bloxam presented. May is Mental Health Awareness month and the BHB's will be presenting the award at the May meetings. Youth Empowerment Services updates are on the website. Reminder about the Transformational Collaborative Outcomes Management (TCOM) conference in May. The CMH Voucher Respite Management contract will go live May 1, 2019. Visit [www.idaho.respite.com](http://www.idaho.respite.com) for more information. Medicaid Expansion effective date is on 1/1/2020. Idaho's Response to the Opioid Crisis (IROC) is moving forward with pilot programs in the emergency department where there will be a recovery coach present. The Federal Block Grants will implement new First Episode Psychosis (FEP) programs for the districts. Treatment and Transitions (TnT) have recruited two providers to deliver service in Idaho Falls and Boise.

### **RECOVERY CENTER UPDATES**

No update.

### **IDAHO INTEGRATED BEHAVIORAL NETWORK CONFERENCE (IIBHN)**

Cristina Froude presented. Thanked the Board for awarding funding to the second annual IIBHN conference held on April 25.

### **CRISIS CENTER COMMITTEE UPDATE**

Cristina Froude presented. The grand opening of the Community Crisis Center was held Monday, April 22, 2019. There were a lot of media exposure. Currently, their Facebook currently has 111 followers. The Ribbon Cutting Ceremony was live streamed. The next step is to develop an Advisory board for the

crisis center and she will continue to focus on outreach plans and create a website in the coming fiscal year. If you would like a presentation on the crisis center, please contact Cristina.

#### **PARTNERSHIP FOR SUCCESS GRANT**

Cristina Froude presented. Amber Aberasturi no longer works at Southwest District Health. Cristina is in the process to hire another Health Educator for the PFS Grant.

#### **BEHAVIORAL HEALTH BOARD VISION**

Ross Edmunds presented. The vision was to create Behavioral Health Boards as their own entities to be able to provide to their communities. The Medicaid Expansion will have a dramatic change on the DHB. One of the areas to focus on is recovery support services to provide transportation and housing. With the Medicaid expansion it may be helpful to revisit and see if there is a capacity there for the regional behavioral health boards to go through this process to provide recovery support services.

#### **ACTION ITEM: VOTE ON CONTRACT OPTIONS**

The three contract options: 1.) Continued partnership with Southwest District Health 2.) Partnership with another 501c3 entity or 3.) Become our own 501c3 entity.

#### **MOTION:**

The board voted on continued partnership with Southwest District Health. Motion carried by unanimous approval.

#### **ADJOURNMENT**

There being no further business, the meeting adjourned at 12:06 p.m.

#### **NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wednesday, May 22, 2019 at 10:00 a.m.