# REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# Behavioral Health Board

# Meeting Minutes August 28, 2019

# Region 3 Behavioral Health Board member's attendance call:

Chuck Christiansen Kelly Aberasturi Penny Dunham Richard Ferrara Jeri Gowen Joy Husmann Penny Jones (absent) Cynthia Mauzerall Tricia Lofton (absent) Melissa Mezo Victoria Patterson Gina Osterloth (absent) Laura Raynor Mark Rekow (absent) Marc Shigeta (absent) Lina Smith Dahlia Stender Michelle Sundquist Heather Taylor (absent) Alex Zamora Susan Wiebe

Others present:

Stacey RosecransJeff CappeCristina FroudeNathan JensenMichelle BarkerJoe LanganJoe MartiMegan SegersLeanne Schwartz

Nikki Zogg Jaime Aanensen

# **CALL TO ORDER:**

Melissa Mezo called the meeting to order at 10:04 a.m. There was enough presence for a quorum after taking an attendance call.

#### ACTION ITEM: REVIEW AND APPROVE 07/24/2019 BOARD MEETING MINUTES

There were no changes to the 07/24/2019 Behavioral Health Board (BHB) meeting minutes.

### **MOTION:**

The minutes for 07/24/2019 were approved. Motion carried by unanimous approval.

#### EXECUTIVE COMMITTEE UPDATE

The Executive Committee reviewed the attendance roster for board members; there were no issues. The Committee approved Gregory Dickerson as the newest board member for the Mental Health Treatment Provider representative. The Executive Committee reviewed the Memorandum of Agreement (MOA) between Southwest District Health (SWDH), Idaho Department of Health and Welfare (IDHW), and the Region 3 BHB. This will replace the last MOA signed in 2016. The MOA will be reviewed at the September BHB meeting.

Action Item: Linda Pratzner will put on the BHB agenda for the meeting in September.

# ACTION ITEM: VOTE FOR THE REGIONAL EMPOWERMENT AWARDS NOMINATION

The BHB reviewed the nomination for Aaron St. George from Ivy Williams.

#### **MOTION:**

The nomination was approved. Motion carried by unanimous approval.

Action: Linda Pratzner will turn in the approved nomination to Mindy Oldenkamp at IDHW.

#### ANNUAL PRESENTATION BY SWDH DIRECTOR

Nikki Zogg presented. The Medicaid Expansion will start January 1<sup>st</sup>, 2020 and about 60-80% of SWDH clients are underinsured so some of those clients will be on Medicaid. Each health district will receive an additional 100,000 funding for work on opioid prevention. SWDH will host a resident from Family Medicine Residency of Idaho and will be assigned for three years to our facility. SWDH is working on a three-year community health needs assessment for our region. We recently have been working on establishing the Western Idaho Community Health Collaborative which is currently formed. This new collaborative includes 10 counties; our six counties plus four counties from region 4. Part of the reason for a larger collaborative group so we could be ready to receive any shared savings that come from Medicaid as they move to value based contracting. The plan is to look at larger funding opportunities and initiatives to help leverage local resources and dollars to focus on priority issues in our region. SWDH went through a strategic planning process years ago and plan to revisit this process again. Currently, the top three strategic priorities are around Diabetes, high blood pressure and unplanned pregnancies with behavioral health at the fourth spot. For the strategic planning process Nikki would like to include a board member from the Behavioral Health Board on the Strategic Plan Committee and Dr. Summers from the SWDH Board of Health has agreed to be part of the strategic planning process as well. SWDH is committed to helping the Behavioral Health Board.

#### **DISCUSSION ITEM: STRATEGIC PLAN UPDATE**

The Strategic Plan was reviewed and Joy Husmann recommended structuring the strategic plan like an action plan to assign tasks. The revisions were done in red and there are a couple of strategies which have been done and completed. The board was asked to prioritize the six goals and strategies for the Children's Mental Health/Provider Subcommittee to focus on. Cristina Froude recommended a survey to be sent out to the behavioral health distribution email list to determine the top three goals and/or strategies. The survey will be created by Jeff Cappe and the final results will be shared at the next Behavioral Health Board in September.

Action Item: Linda Pratzner will send out a Survey Monkey to her distribution list.

#### **COUNTY COMMISSIONER UPDATES**

Commissioner Aberaturi presented. New housing development in Homedale is moving forward using storage units. The funding on these units are much easier through banks. The Boise City Planning and Zoning approved another housing development for homeless veterans.

# STATE BEHAVIORAL HEALTH BOARD UPDATE

The next meeting is scheduled October  $16 - 18^{th}$  in Boise.

#### REVIEW MONTHLY REVENUE/EXPENSE REPORT

Linda Pratzner presented. The Miscellaneous Expenditure for 94.16 was a charge for mileage reimbursement for a board member to attend the BHB meeting and the rest of \$281.96 was allocated to the State Controller's Office for use of the accounting software for finance services.

#### DIVISION OF BEHAVIORAL HEALTH (DBH) UPDATE

An update was included in the board packet for August for review.

# RECOVERY CENTER AND RECOVERY SUBCOMMITTEE UPDATES

Stacey Rosecrans presented the update. The Idaho Recovery Open Awareness Ride (IROAR) event kicks off at 8am on August 29<sup>th</sup> in Caldwell with a breakfast. Then the ride continues to the Capitol for

speakers and around the state ending in Emmett with the Governor speaking at the Recovery Day Fair on Labor Day. Stacey brought t-shirts for the volunteers. The Gem Recovery Center is hosting a "Life is not a drag" event for the LGBTQ community support on September 24<sup>th</sup> at the Emmett Fairgrounds starting at 7pm.

Action: Linda Pratzner will send out a reminder for the IROAR event.

#### CRISIS CENTER UPDATE

Christina Froude presented the update. She met with Caldwell Police Department (PD) and had a very successful meeting. She will continue to meet with Caldwell PD regularly to improve the relationship and work together to get people into the Crisis Center. There has been a reduction across the state for all Crisis Centers of 2 million dollars. The first cut takes effect in January and the second cut takes place in July.

# PARTNERSHIP FOR SUCCESS (PFS) GRANT

Jeff Cappe presented. He passed out the updated Action Plan to the PFS Grant to the board members.

#### **COMMUNITY PARTNERS' UPDATES**

Ambitions of Idaho is providing parenting classes for trauma informed parenting interventions. They accept Medicaid. A copy will be sent to Linda Pratzner for distribution.

#### **ADJOURNMENT**

There being no further business, the meeting adjourned at 12:09 p.m.

# **NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wednesday September 25, 2019 at 10:00 a.m. The next Children's Mental Health/Provider Subcommittee is scheduled Friday, October 18, 2019 at 11:00am