

# REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

## *Behavioral Health Board*

### **Meeting Minutes October 23, 2019**

#### **Region 3 Behavioral Health Board member's attendance call:**

Kelly Aberasturi	Chuck Christiansen (absent)	Greg Dickerson
Penny Dunham	Richard Ferrara	Jeri Gowen
Joy Husmann	Penny Jones (absent)	Tricia Lofton
Cynthia Mauzerall (absent)	Melissa Mezo	Gina Osterloth (absent)
Victoria Patterson (absent)	Chris Partridge	Laura Raynor
Mark Rekow (absent)	Marc Shigeta	Lina Smith
Dahlia Stender	Michelle Sundquist	Heather Taylor
Susan Wiebe	Alex Zamora	

#### **Others present:**

Jeff Cappe	Joe Langan	Leanne Schwartz
Camille McCashland	Sam Mauk	Claudia Ornelas
Becky Role	Michelle Barker	Jennifer Stairs
Melinda Smyser		

#### **CALL TO ORDER:**

Melissa Mezo called the meeting to order at 10:04 a.m. There was enough presence for a quorum after taking an attendance call. Melissa introduced the newest member to the board, Dr. Christopher Partridge.

#### **ACTION ITEM: REVIEW AND APPROVE 10/23/2019 BOARD MEETING MINUTES**

There were revisions to the 09/25/2019 Behavioral Health Board (BHB) meeting minutes. Melissa recused herself from the vote since she was not at the September meeting.

#### **MOTION:**

The minutes for 09/25/2019 were approved with revisions. Motion carried by unanimous approval.

#### **EXECUTIVE COMMITTEE UPDATE**

The Executive Committee reviewed the attendance roster for board members; there were no issues. The Committee approved to extend the substance use disorder advocate position to another four-year term.

**ACTION ITEM: APPROVAL OF 4-YEAR EXTENSION OF SUD ADVOCATE**

The approval of the four-year extension of the Substance Use Disorder (SUD) Advocate position.

**MOTION:** The SUD Advocate position was approved for another four years. Motion carried by unanimous approval.

**REGIONAL EMPOWERMENT AWARD**

Moved this presentation to November.

**OFFICE OF DRUG POLICY (ODP) UPDATE**

Melinda Smyser presented. On June 13<sup>th</sup>, the Governor's Office put together an Executive Order which focuses on combating the opioid and SUD crisis by creating an Opioid and SUD Advisory Group made up of 22 people from the community. There will be regular meetings for this Advisory Group and is an 18-month committee. The Opioid Advisory group will be focus on four tasks 1) advancing the goals and strategies from the Idaho Opioid Misuse and Overdose Strategic Plan; 2) best practices in other states; 3) review prescribing practices; and 4) explore various treatment pathways. The next Opioid Advisory Group meeting is scheduled for December 11th. There is a medical marijuana petition coming up in Canyon County; this petition needs 55,000 to get on the ballot for next November. There is a Naloxone mini-grant opportunity for first responders, SUDs agencies, and crisis centers. The ODP has a hospital campaign called "Speak out, Opt out, Throw out." This program is used in five hospitals within Idaho. Camille McCashland, Grant Project Directory presented on the Partner for Success Grant. This is the second year of the grant and targets underage drinking, methamphetamines and marijuana for the seven regions which focuses on the Hispanic population. Jeff Cappe is the PFS grant coordinator at SWDH. On November 18<sup>th</sup> there is a five-hour site visit scheduled to review the PFS Action Plan at SWDH. PFS has a Be the Parent campaign located on the ODP website; this is for parents to help prevent their kids from drinking.

**Action:** Linda Pratzner will send information regarding the next Opioid Advisory Committee from Melinda Smyser. Camille McCashland to send out survey results to Linda Pratzner for distribution.

**REVIEW MONTHLY REVENUE/EXPENSE REPORT**

Linda Pratzner presented. No report at this time. Troy Cunningham is the new SWDH financial manager and will be presenting at the November BHB meeting. Linda Pratzner requested funds to pay half towards a purchase of new computer equipment. This will be an action item on the November BHB meeting.

**SET CRITERIA FOR BHB UPDATES**

Joy Husmann presented. This includes updates from subcommittees, recovery centers, crisis center, county commissioners, and the PFS grant. Any attachments with statistics help with updates. These updates should include information on events and how the BHB can help out. Joy and Melissa to work together on a document which will help define these criteria for the BHB updates; any feedback is welcome.

### **CHILDREN'S MENTAL HEALTH/PROVIDER SUBCOMMITTEE ATTENDANCE**

Joy Husmann presented. The last CMH/P Subcommittee was cancelled due to only five RSVPs for the October 18<sup>th</sup> meeting. The goal is to increase participation by either changing the day and time of this meeting or more outreach. The Chair and Vice-Chair asked for board members to volunteer their time to attend the next CMH/P Subcommittee which will follow the BHB meeting in November.

### **DIVISION OF BEHAVIORAL HEALTH (DBH) UPDATE**

Heather Taylor presented. DBH has announced a funding opportunity for Idaho's five federally recognized tribes. Each tribe has the opportunity to apply for up to \$50,000 to address the opioid epidemic in their communities. The Treatment and Transitions Grant will be opening another safe and sober home within the Treasure Valley area.

### **STATE BEHAVIORAL HEALTH BOARD UPDATE**

No report.

### **RECOVERY CENTER AND RECOVERY SUBCOMMITTEE UPDATES**

No report.

### **COUNTY COMMISSIONER UPDATES**

Kelly Aberasturi presented. He attended the Crisis Center Committee Advisory meeting.

### **CRISIS CENTER UPDATE**

Richard Ferrera presented. There were 54 services for September and 39 in August. The Crisis Center Advisory Committee elected a Chair (Richard Ferrara) and a Vice-Chair (Heather Taylor). Lifeways is increasing outreach to promote the Crisis Center.

### **PARTNERSHIP FOR SUCCESS (PFS) GRANT**

Jeff Cappe presented. At the BHB September meeting asked for assistance to contact teachers for a four-hour DITEP training. Alex Zamora will reach out to his contacts in Vallivue and Caldwell and Joy Husmann has reached out to the Nampa, Kuna, Homedale, and Payette school districts. He has been delivering coffee sleeves to the local coffee shops which include Be the Parent program information. These coffee sleeves are available for board members to distribute to their local coffee shops or winter events. Jeff would like to distribute these coffee sleeves at the Caldwell Night Parade. Jeff has Conversation Cards in English and Spanish. These are conversation starters for parents to talk to their kids; Jeff would like to offer at restaurants to put at tables for free for families to take. These Conversation Cards are available for distribution. He is working on an "Every 15-Minutes program." This is a school-wide play focusing on the effects of a DUI due to underage drinking.

### **COMMUNITY PARTNERS' UPDATES**

A Run for Respect 5K will be held October 26, 2019 from 1:00 pm to 4:00 pm at Indian Creek Plaza in Caldwell. For more information contact [kaylee@aafvhope.org](mailto:kaylee@aafvhope.org)

Ambitions of Idaho is holding Spanish speaking DUI class, an eight-hour treatment in November.

Prevention Associates has a new website and they are in the process of expansion.

The ownership of Recovery4Life is changing to Crossroads of Western Iowa. This change takes affect November 1<sup>st</sup>.

Optum is holding a Youth Support Endorsement Training November 1<sup>st</sup> at Riverside Hotel in Garden City. Linda Pratzner will send a flyer with more information on this training.

**ADJOURNMENT**

There being no further business, the meeting adjourned at 12:10 p.m.

**NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wednesday, November 20, 2019 at 10:00 a.m.

The next Children's Mental Health/Provider meeting is scheduled Wednesday, November 20, 2019 at 12 p.m.