

# Behavioral Health Board – Region 3 Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

# **Meeting Minutes** February 26, 2020

# Region 3 Behavioral Health Board member's attendance call:

Kelly Aberasturi (absent)	Chuck Christiansen	Greg Dickerson
Penny Dunham	Richard Ferrara (absent)	Jeri Gowen
Joy Husmann	Penny Jones	Tricia Lofton
Cynthia Mauzerall	Melissa Mezo (absent)	Chris Partridge
Gina Osterloth (absent)	Victoria Patterson (absent)	Laura Raynor
Mark Rekow (absent)	Marc Shigeta	Lina Smith
Dahlia Stender	Michelle Sundquist	Heather Taylor
Susan Wiebe (absent)	Alex Zamora	-

# **Others present:**

John Walker	Jake Mamer	Sarah Andrade
Mindy Oldenkamp	Joe Langan	Megan Segers
Bailey Baumguard	Megan Gomeza	Lori Farrens
Lianna Erickson-Trembath	Ali Shields	Michele Barker
Stacey Rosecrans	Nikki Zogg	Jaime Aanensen
Troy Cunningham	Claudia Coatney	

### **CALL TO ORDER:**

Joy Husmann called the meeting to order at 10:05 a.m. There was enough presence for a quorum after taking an attendance call.

### ACTION ITEM: REVIEW AND APPROVE 01/22/2020 BOARD MEETING MINUTES

There were no changes to the 01/22/2020 Behavioral Health Board (BHB) meeting minutes.

# **MOTION:**

The minutes for 01/22/2020 were approved. Motion carried by unanimous approval.

# **EXECUTIVE COMMITTEE UPDATE**

The Executive Committee reviewed a grant request from Lifeways and will request a presentation from Lifeways on how the funding will be utilized at the next BHB meeting. The Executive Committee made a decision to offer three scholarships for ICADD, one IIBHN scholarship, and three scholarships for the Idaho Prevention and Support Conference in Sun Valley with an additional funding to help with lodging. The applications will be reviewed at the March Executive Committee meeting. Two Board members have decided to resign from the Behavioral Health Board. The Parent of a Child with Substance Use Disorder (SUD) and the Adult SUD Consumer positions are vacant.

### PRESENTATION: VALLIVUE HIGH SCHOOL GRANT REQUEST

John Walker, Vice Principal and Jake Mamer, School Counselor from Vallivue High School presented. The funding request is for vape sensors for their school bathrooms to prevent students vaping on school grounds. A large majority of incidences occur in the large restrooms on campus. The sensor is silent and can identify the vaping substance used. If a student damages a sensor that student would be responsible for the replacement cost. As part of discipline the students who have offended the Vape Policy will include education. Any data will be shared with the Behavioral Health Board going forward. The Board supports this request from Vallivue High School for the Executive Committee to approve in March.

Action: Linda Pratzner will include the grant request from Vallivue School District on the March Executive Committee agenda

### ANNUAL PRESENTATION BY SWDH DIRECTOR

Nikki Zogg, SWDH Director presented. The Crisis Center has been billing to payers and have started receiving reimbursements in February. The Crisis Center has continued with media outreach by utilizing Medical Reserve Corps volunteers who distribute fliers to the community and working with community partners for discharge plans. The Crisis Center is piloting a project with St Luke's. Sgt Ferrara is taking new recruits to tour the center as part of his training. The Crisis Center will have a sustainability plan due December 31st, 2020 to Health and Welfare. JFAC approved funding for all seven crisis centers. The Strategic committee reviewed a community assessment data as part of an environmental scan of the whole region and identified emerging issues. The Director discussed the sequential intercept model handout for solutions to justice involved people with mental and substance use disorders. Surabhi Malesha was hired for the Suicide Prevention Grant at Southwest District Health. Surabhi will be developing a regional collective, conduct a gaps and needs analysis and develop a suicide prevention plan and will be working with local school districts and the State Department of Education to ensure suicide prevention and intervention. Rural Integrated Behavioral Network are hosting the IIBHN Annual Conference in April in Boise.

### REVIEW MONTHLY REVENUE/EXPENSE AND FISCAL REPORT

Troy Cunningham, SWDH Finance Manager presented the BHB budget. Troy has located the \$19,000. The total budget is \$79,310. Currently, the board should be at 58% expenditures for the fiscal year but only at 38%. The board will need to spend approximately \$34,000 by June 30<sup>th</sup> to avoid carryover funds. It would benefit the Board to create a budget plan for spending through a subcommittee.

# CHILDREN'S MENTAL HEALTH/PROVIDER SUBCOMMITTEE UPDATE

Joy Husmann presented. The Subcommittee continues working on the Action Plan and still looking for a chair to help facilitate the meetings.

### DIVISION OF BEHAVIORAL HEALTH BOARD UPDATE

Mindy Oldenkamp presented. The Idaho Behavioral Health Council has been created by the Governor. The Council has been tasked with creating a Strategic Plan for Idaho which is due back to the Governor by October 31<sup>st</sup>. The Council is composed of thirteen members and includes a larger advisory board to serve the Council. The first meeting will be held on March 30<sup>th</sup>. Ross Edmunds will be at the leadership call tomorrow and speak more on this Council.

### RECOVERY CENTER UPDATES

Stacey Rosecrans presented. The Gem Recovery Center is working with the Crisis Center for Telehealth. The Idaho Recovery Legislative event will be on March 10<sup>th</sup>; this is an open house from 3:30 pm to 5:30 pm. They will be making presentations to the Legislature and all centers will be represented. The Gem Recovery Center is undertaking a lot of Mental Health first aid training. There are four individuals being sent to the Mental Health Aid Youth Module in April. After May they will have two mental health first aid trainers.

## **COUNTY COMMISSIONER UPDATES**

Marc Shigeta presented. There is a budget freeze. There is a concern of landfills carrying pathogens to wildlife.

### WESTERN IDAHO COMMUNITY CENTER UPDATE

Sarah from Lifeways presented. Lifeways is working with the Crisis Center on revising the message and reframing the idea of what it means to be in crisis. The Crisis Center is able to refer directly on to an inpatient facility. They have outreached to local college and grad students to help with suicide prevention. Telehealth is currently being utilized at the Crisis Center. The client receives an email with a link; the individual needs access to a smart phone and internet or wifi.

# PARTNERSHIP FOR SUCCESS (PFS) GRANT

Jeff Cappe presented. Moving forward he will provide a written report to include in the board packet. He needs help with chronic state viewing; he has not been able to get a venue, date or kids lined up.

# **COMMUNITY PARTNERS' UPDATES**

Ambitions of Idaho have a teen transgender group starting. They do accept Medicaid and all insurances.

Free grief and loss group at Gem County Recovery Center on Tuesday evenings and Al Anon classes on Mondays at noon.

Optum focusing on Medicaid expansion and meeting the increased need.

Surbhi Maleshi is the newest SWDH team member as the Suicide Prevention Coordinator.

### **ADJOURNMENT**

There being no further business, the meeting adjourned at 12:00 p.m.

# **NEXT MEETING:**

The next Behavioral Health Board meeting is scheduled for Wednesday, March 25, 2020 at 10:00 a.m.