



Behavioral Health Board – Region 3

Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

Meeting Minutes June 24, 2020

Region 3 Behavioral Health Board member's attendance call:

Kelly Aberasturi	Chuck Christiansen	Greg Dickerson
Penny Dunham (absent)	Richard Ferrara	Jeri Gowen
Joy Husmann	Penny Jones (absent)	Tricia Lofton
Cynthia Mauzerall (absent)	Melissa Mezo	Chris Partridge
Laura Raynor	Mark Rekow (absent)	Marc Shigeta
Lina Smith	Aaron St. George (absent)	Dahlia Stender
Michelle Sundquist	Heather Taylor	Susan Wiebe
Alex Zamora		

Others present:

Jeff Cappe	Mindy Oldenkamp	Brooke Bennett
Camryn Conrad-Renteria	Kirsten Walker	Ali Shields
Megan Gomeza	Troy Cunningham	Wendy Stoneberg
Crystal Lish		

CALL TO ORDER:

Melissa Mezo called the meeting to order at 10:06 a.m. There was enough presence for a quorum after taking an attendance call.

ACTION ITEM: REVIEW AND APPROVE 05/27/2020 BOARD MEETING MINUTES

There were no changes to the 05/27/2020 Behavioral Health Board (BHB) meeting minutes.

MOTION:

The minutes for 05/27/2020 were approved. Motion carried by unanimous approval.

EXECUTIVE COMMITTEE UPDATE

The Executive Committee reviewed the attendance roster; there were no concerns. The Executive Committee reviewed the IDHW/SWDH contract and the SWDH/BHB Memorandum of Agreement and there were no changes. The contract and MOA were signed last year for another four years. The contract and MOA are part of the monthly agenda items for the BHB to review. There is one open seat on the board for the Parent of a Child with Substance Use Disorder position; please forward any applications to Linda Pratzner.

REVIEW MONTHLY REVENUE/EXPENSE AND FISCAL REPORT

Troy Cunningham, SWDH Finance Manager presented the BHB budget. He developed a tool which calculates strong projections and reduces carry over. The Budget subcommittee can meet to review this tool and review the financial requests in the past. Linda Pratzner keeps copies of

these requests. Troy Cunningham received confirmation on carry over funds into fiscal year 2021 and received written permission for this carry over. Troy will keep for his documentation. There were not any limitations for the transportation and housing expenses and is up to the Board's discretion. Troy will be joining the budget subcommittee in July as well as Heather Taylor. Update on the CARES fund to pay for the conference phones. Any monies from the CARES fund comes out of appropriation and this would be trading our general fund dollars for federal dollars. Any CARES funding we receive will reduce our state appropriation by the same amount and may not look favorably since the BHB budget has had carry over funds. The board will not proceed for reimbursement from the CARES Act.

Action: Troy Cunningham will meet with Linda Pratzner before the budget subcommittee has their initial first meeting in July.

BUDGET SUBCOMMITTEE DISCUSSION

Chuck Christiansen presented. The purpose of this subcommittee is to serve the full board and will meet whenever there is an issue for discussion. There will be some carry over funds from the last fiscal year so the subcommittee could look at what to do with this carry over. Troy Cunningham, SWDH Finance Manager volunteered to join this subcommittee. What does the year look like with the money we have and as we move forward in the year with via funding COVID. The subcommittee could convene and discuss these types of COVID funding. The subcommittee can provide a blue print for the Executive Committee outlining what money is available to spend. Chuck Christiansen, Penny Dunham, Aaron St. George, Chris Partridge, Lina Smith, Marc Shigeta, Heather Taylor and Troy Cunningham will meet in July.

CHILDREN'S MENTAL HEALTH/PROVIDER (CMH/P) SUBCOMMITTEE UPDATE

Joy Husmann presented. The CMH/P subcommittee will be discussing carry over funds from the PFS grant. Cristina Froude will be joining the CMH/P subcommittee as co chair as part of her NNU Master's project. The Self Rescue manual and the Adolescent Resource Guide will be reviewed at today's CMH/P Subcommittee meeting. Please forward any changes to Linda Pratzner for these guides. Jeff Cappe has coffee sleeves, conversation cards and bookmarks for the PFS grant for distribution. The Be the Parent bookmarks are given out at Oasis food distribution sites in District 3 and also schools who provide lunches.

DIVISION OF BEHAVIORAL HEALTH BOARD UPDATE

Melissa and Joy presented. IDHW has opened a COVID-19 hotline to assist Idaho residents with resources. The Idaho Tobacco Project amended a statute to include e-cigarettes and will be in effect 7/1/2020. Additional IROC funding and Idaho is eligible to receive \$7,845,696 starting September 1, 2020 and ending August 31, 2022. DBH has applied for and was awarded a Substance Abuse and Mental Health Services Administration (SAMHSA) emergency grant to bring needed resources to Idahoans during this COVID-19 crisis. Optum has begun development of Youth Peers for Idaho. Optum will be providing specialized training courses that will target specific on working with Youth. Brooke Bennet from Optum will bring more information on this program at next month's BHB meeting.

Action Item: Linda Pratzner will resend the new platform Optum Idaho out to the distribution list.

RECOVERY CENTER UPDATES

Joy Husmann presented. Each of the Recovery Centers in Idaho will be receiving one-ninth of \$300,000 as a one-time payment at the beginning of FY2021 by the Department of Health and Welfare. The building for the Gem County Recovery Center is provided by the Gem County Commissioners and had mentioned last year the Recovery Center is outgrowing their space. Joy Husmann will reach out to Commissioner Rekow on this topic. The Recovery Center has been on the BHB agenda for updates and request for any additional help. There have been several emails sent to the recovery centers to engage them in the board.

COUNTY COMMISSIONER UPDATES

Kelly Aberasturi presented. During COVID-19 the county is open and are asking people to consider your health is your responsibility. Started a PCHAT group in Owyhee County with Jeff Cappe heading up this group. There are PCHAT groups in each county in District 3. These groups focus on looking for ways to improve the health and wellbeing of residents. Marc Shigeta presented. Payette County is working on budget and appointed a new Clerk for their county.

WESTERN IDAHO COMMUNITY CENTER UPDATE

Richard Ferrara presented. The sustainability progress with third party payer contracts is moving forward for reimbursement services. Nikki Zogg, SWDH Director and Lifeways will make budget requests to the Board of Commissioners in District 3 and to the Caldwell and Nampa City Councils for funding support. The first six months of operation had a \$99,100 in cost savings to the community with 338 services provided and 28 diversions from jail. The Crisis Center is increasing their telehealth communication to assist clients. The Quarterly report for the Crisis Center was reviewed.

Action: Linda Pratzner will send out the fourth quarter WIDCCC report to the BHB distribution list.

PARTNERSHIP FOR SUCCESS (PFS) GRANT

Jeff Cappe presented. He reopened the SafeTalk Class and had a good response with 124 people registered for the class. He will know who took the class at the end of June and will report those numbers at the next BHB meeting. The action plan and budget for PFS will be reviewed at the next meeting as well. The Youth Summit cancelled due to COVID-19 but will reopen this summit at the beginning of the school year. All 500 mental health screenings have been completed and will be doing this next year. He has received the Be the Parent Bookmarks and these will need to be translated into Spanish. Please reach out to Jeff Cappe at jeff.cappe@phd3.idaho.gov to request convo cards, the bookmarks and coffee sleeves.

COMMUNITY PARTNERS'S UPDATE

Recovery for Life is currently hiring for two therapist positions please email Lina Smith at linas@recovery4lifeidaho.com

Intermountain Hospital is celebrating its 40th anniversary this year and will be celebrating virtually. They are accepting adult Medicaid for acute detox, mental health and partial hospitalization. They are also having telehealth assessments and making direct provider referrals.

Ambitions of Idaho is posting on their Face Book page a series of mini-videos which includes breathing techniques, short stories, etc.

ADJOURNMENT

There being no further business, the meeting adjourned at 12:03 p.m.

NEXT MEETING:

The next Behavioral Health Board meeting is scheduled for Wednesday, July 22, 2020 at 10:00 a.m.