



Behavioral Health Board – Region 3
 Serving Adams, Canyon, Gem, Owyhee, Payette
 and Washington Counties

Region 3 Behavioral Health Board Meeting Minutes

Wednesday, September 22, 2021

10:00 am – 12:00 pm

<https://swdh.zoom.us/j/98727597097?pwd=YnRSTUudm5zL3JZL21rRTBaU2YzZz09>

Board Member Attendees:

Aaron St. George	Alex Zamora	Brian Lee	Charles Christiansen	Christopher Partridge
Greg Dickerson	Heather Taylor	Ivy Smith	Jeri Gowen	Joy Husmann
Laura Raynor	Laurie Edwards	Leslie Van Beek	Lina Smith	Marc Shigeta
Mark Rekow	Melissa Mezo	Michelle Sundquist	Penny Dunham	Penny Jones
Shawneen McGee	Tricia Ellinger	Vito Kelso		

Agenda:

Topic	Discussion	Motion	Action
Welcome and Call to Order	Meeting called to order at 10:09 am. Quorum met.		
Action Item: Approve August Meeting Minutes	Board members reviewed the August BHB meeting minutes.	Motion made, and seconded, to approve August minutes. Motion carried unanimously.	Emily to upload approved minutes to the BHB website.
EC Update	Melissa Mezo presented. <ul style="list-style-type: none"> There are 6 terms expiring at the end of December 2021. Board members Penny Jones, Greg Dickerson, Lina Smith, and Vito Kelso have confirmed that they will renew their term. Laura Raynor and Chuck Christiansen are resigning from their roles, leaving a mental health advocate position and family member of an SUD consumer position open. Heather Taylor is retiring from H&W at the end of November 2021, leaving the position of H&W representative open. 		

	<p>Should the board meet in December, they will need someone to fill that vacancy, whether permanent or temporary.</p> <ul style="list-style-type: none"> Joy attended the Monthly Statewide Behavioral Health Board Leadership Call, and it was discussed if a person with a criminal record versus a felony can serve as a board member. The EC discussed that it would be a case-by-case situation. Joy will inquire further and report back to the EC at the October meeting. 		
Update from Special EC Meeting held on September 10 th	<p>Melissa Mezo presented.</p> <ul style="list-style-type: none"> There was a special EC meeting held on September 10th. Board members reviewed the minutes. The minutes were approved at the EC meeting. Heather Taylor drafted a letter in response to the memos from SWDH and sent it to the EC members for review and feedback. The EC will meet to approve the letter and then submit it to SWDH with an invitation to meet face-to-face to review the letter. 		Emily to create a Doodle poll for EC to convene to review and approve the letter.
Review of 2022 Board Meeting and Subcommittee Schedule	Board members reviewed the public meeting notice with the times and dates for year 2022 BHB meetings.		Emily to upload the meeting schedule to BHB website and SWDH kiosk. Emily will add verbiage from Board Bylaws to acknowledge how often BHB meets.
Review Preliminary Survey Results and Complete Survey	<p>Joy and Emily reviewed the preliminary results from the strategic plan survey.</p> <ul style="list-style-type: none"> 11 Board members and 12 non-board members completed the survey. Melissa noted that Goal 3, Increase Collaboration with Medical Providers, should potentially be reworded to represent collaboration with medical and behavioral health providers. Housing was identified as a top need, especially in rural communities. Vito Kelso attends monthly Idaho Housing and Finance Coalition meetings and will provide updates to the BHB. Caroline Bell will also provide updates as needed. 		Emily to email the BHB the results from the survey on September 27 th .

	<ul style="list-style-type: none"> Once the link to the survey closes (September 27th), Emily will finalize the information and send it the BHB for review on September 29th. The report to the Governor is due in September, but the regional BHBs have until end of October to complete the questionnaire and submit the report. Joy shared that the next steps will be to put the goals and priorities into an action plan. 		
Transportation Workgroup/ WIDCCC Update	<p>Sam Kenney and Emily Straubhar presented.</p> <ul style="list-style-type: none"> Emily met with the transportation subgrant monitor in August and was given the okay to include the Recovery Centers in the transportation resource. Emily meets with DBH end of September and will discuss the feasibility of involving the recovery centers. Some concerns included different screening processes and ensuring clients have the appropriate level of care and diagnosis. The Crisis Center has transported two clients with the transportation resource. Some barriers to accessing the service include a low client census at the Crisis Center and more education for Victory Transport. 		Emily will follow-up with DBH to see what the process would be if the Recovery Centers could begin to access the service, i.e., a contract with each Recovery Center.
Budget Update	<p>Charlene Cariou provided a budget update.</p> <ul style="list-style-type: none"> Charlene walked BHB members through the FY21 RBHB and FY22 RBHB – Budget Planning Tools. All BHB members have access to the Google Drive where the links live. At the end of FY21, the R3BHB had a total of \$55,614.55, with a carry forward amount of \$5,178.45. The annual budget for FY22 is \$55,178.46. Board members requested that the hyperlinks to the budget be included in the body of the email that gets sent to BHB members with the agendas and packets. The Finance Subcommittee meets in October for their quarterly meeting. 		
Introduction of PFS Coordinator	<p>Tara Woodward introduced herself as the new PFS coordinator and shared the projects she is working on.</p> <ul style="list-style-type: none"> SWDH is soliciting for subgrant proposals for multiple community-led substance use prevention efforts. 		

	<ul style="list-style-type: none"> • Prescription drug disposal pouches and prescription lockboxes have been distributed at community events and shared with various community partners. • New educational materials to distribute with prescription drug safety materials are being developed and will be printed soon • The PFS coordinator has been focusing on doing outreach, learning about the diverse communities served, and building relationships with schools, law enforcement, and various community organizations. • Prescription drug disposal pouches (small, and medium), Be the Parents conversation cards, magnets, and coffee cup sleeves are available for distribution to the community. • SWDH is partnering with 2CDFC, the Office of Drug Policy, and the Caldwell Youth Mayor’s Advisory Council to hold a Sticker Shock event on November 17th. • Tara is currently researching opportunities to partner with veterans and Latino populations. 		
Community Updates	<p>Penny Jones asked the group if they know of any mental health resources for first responders in Region 4. Sam Kenney shared the Coronavirus Counseling Assistance for Frontline Workers telephone number.</p> <p>Brennan Serrano shared the resources that Cottonwood Creek offers. They accept adolescents to their inpatient location, in addition to adolescent IOP ages 12-17. The is also an open house scheduled for October 14th.</p>		
Adjourn	Meeting adjourned at 12:03 pm.		

Next Behavioral Health Board Meeting:
Wednesday, October 27, 2021