

Children's Mental Health/Provider Subcommittee Meeting
Wednesday, October 26, 2022
12:30-1:30pm (MST)



BEHAVIORAL HEALTH BOARD

In Person: Canyon County Admin Bldg., Community Room, First Floor
 111 N 11th Ave, Caldwell, ID 83605

Join via Zoom

Join from PC, Mac, Linux, iOS or Android:

<https://uhsinc.zoom.us/j/91589455196?pwd=QkNIUkViaGl3UmRCSWcwOUNGekl4dz09>

Meeting ID: 915 8945 5196

Password: 951990

Or iPhone one-tap :

US: +17193594580,,91589455196# or +12532158782,,91589455196#

Or Telephone:

US: +1 719 359 4580 or +1 253 215 8782 or +1 346 248 7799 or +1 669 444 9171 or +1 669 900 6833
 or +1 386 347 5053 or +1 564 217 2000 or +1 646 876 9923 or +1 646 931 3860 or +1 301 715 8592 or
 +1 309 205 3325 or +1 312 626 6799 or +1 360 209 5623

Time	Agenda Item	Presenter
12:30 pm	Welcome, Call to Order and Roll Call	Joy Husmann, Chair
12:35 pm	Discussion regarding Grief Camp	All
12:45 pm	Action Plan Planning	All
12:55 pm	Wrap up and adjourn	Joy Husmann, Chair

Please contact Joy with any questions and thank you in advance for an RSVP
Joy Husmann @ joy.husmann@uhsinc.com or 208.871.1741

The Region 3 Behavioral Health Board is in compliance with Idaho's Open Meeting Law with regard to virtual meetings.

Region 3 Behavioral Health Board

Mission: *Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.*

Vision: *A healthy community through a collaborative integrated network that promotes and sustains recovery for all.*

Strategic Planning Goals

- *Basic Needs*
- *Crisis Assistance*
- *Prevention, Enrichment and Resiliency for all*



BEHAVIORAL HEALTH BOARD

**Region 3 Behavioral Health Board
 CMH/Provider Subcommittee Meeting Minutes
 Wednesday, September 28, 2022
 12:30-1:30pm (MST)**

Topic/Discussion	Motion	Action
Welcome and call to order		
Discussion regarding the Grief Camp presentation. The subcommittee was in support of pursuing the development and launch of grief camps.		Joy will reach out to Sharla to obtain information on demographics, specific grief ideas, and cost. Optum would be in support of a person who wants to champion this grief camp. We discussed offering the camp several times a year. Melissa and Michelle with FYI will see if they have someone who may want to provide services for the camp.
Agenda planning for future meetings and identified goals The group discussed some of the things they could begin working on immediately. Identify organizations that provide case management to better facilitate other goals and objectives. FindHelp.org has a lot of resources. Counselors co-located in schools is much needed. Work on education regarding stigma surrounding mental health and substance abuse. The Idaho Harm Reduction projects provides free naloxone to anyone who requests it. We will look at what's happening around the communities and who has an immediate need to better prioritize our work. There is a recovery coach academy to increase accreditation for more recovery coaches. When the board received \$50k in funding		We will put together an action plan in upcoming meetings as a road map to meet the goals and objectives identified by the board.

<p>for transportation, there was less than \$2k used, yet we have transportation as a goal/barrier to access services. MTM Medicaid transportation is a huge issue with poor service. Where's the data to quantify the transportation issues and in what cities/counties? Transportation in masses is much more effective than single transports. We would like to recruit an intern to develop a written report regarding the problems being solved with co-located providers within the schools via a pilot program.</p>		
<p>Wrap up and adjourn</p>		

Next scheduled board meeting: October 26, 2022

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Region 3 Behavioral Health Board
Strategic Plan Summary September 28, 2022
(A.K.A. Gaps and Needs Analysis)

The R3 BHB has identified the following goals, and top 3 activities to support each goal, as areas of priority for the coming 2023 year:

1. Basic Needs

A. Housing

1. Transitional services/housing (NIMBY)
2. Affordable, low income
3. Sex offender housing
4. Re-unification housing (transitional housing doesn't allow for kids to visit/stay), family shelters
5. Shelter for men. With the one closing in Nampa, there isn't a place for men to go now
6. Cooling and warming facilities
7. Sources of funding for paying utilities to include heat and light

B. Access to healthcare and behavioral health services

1. PHP/IOP coordinated transition programs (hours, after hour support, childcare, in home (ongoing) support after PHP/IOP)
2. Expand access to training and supporting peer supports, family supports, and recovery coaching
3. Caregiver support was acknowledged for parents, guardians, family members, etc.

C. Employment

1. Vocational Rehab
2. Tuition and placement
3. Educate employers regarding behavioral health needs (if someone feels misunderstood or not supported, they have lower motivation to engage as they already have obstacles), Mental Health First Aid (MHFA)
4. Parents being able to keep kids safe while working if they are homeless

D. Food

1. Expand programs to more communities with additional outreach
2. Premade, ready to eat meals
3. The need for more food pantries in the area. What we currently have is not enough for the people in need. There doesn't appear to be a good way to share this information with folks either

E. Transportation

1. Bring more services and resources to school districts (co-located services)
2. Utilize existing transportation services already in communities (senior buses, Medicaid transportation services, etc.)
3. Engage COMPASS and other transportation providers

2. Crisis Assistance

1. Education and training for law enforcement, EMT, first responders, schools, and communities
2. Supporting and marketing Recovery Centers within the region
3. Respite care
4. Increase mobile crisis from M-F 8-5 to 24/7 along with a co-responder model
Teen Assessment Center
5. Currently many community members are participating in the CITC meetings which are held 2x per month (via zoom) and facilitated by DHW.

3. Prevention, Enrichment and Resiliency for All

1. Engage schools in prevention services especially emergent needs
2. Meet with schools for children with any issues proactively to learn and share knowledge.
3. The need for more counselors to be in every school. Someone asked if the governor had been asked if we could use extra money in the State budget to support a counselor in every school throughout Idaho.
4. Engage community recovery centers, peer support, recovery coaching, family supports, and other community stakeholders
5. Provide Mental Health First Aid trainings to schools, first responders, those who work with the elderly, veterans, and communities requesting trainings
6. Engage specialty courts
7. Increase Collaboration with Medical Providers
 - a) Educate and engage medical providers, behavioral health providers, and emergency departments on the use of Recovery Centers, peer supports and recovery coaches
 - b) Encourage bilingual students to pursue a career in primary and mental healthcare

Notes:

1. True intensive CM Program: Helping patients navigate the system and what is available to them.
2. "Proactive Care Coordination": Helping those patients that have been released out of the hospital and ensuring that they have someone to help them from point A to B.
3. Collaboration with higher education. Can we incentivize students or those who might be retired and wanting to give back to our community?
4. Include www.findhelp.org somewhere in the document and/or how to get this information out to people who don't know it exists.
5. Suicide awareness and the 988 hotline. Board members weren't sure if it fit under #2 Crisis Assistance or Basic Needs?
6. Besides having access to counselors in the school, PARENTS and TEACHERS need access to resources as well.
7. Expanding on Telehealth services and access in the rural areas to the internet. Huge Gap!
8. We need to include something about stigma and MH.
9. Something in here about fentanyl use – overall drug use for that matter? Naloxone? Education? Whatever else we need to address. For that matter, do we have enough drug facilities in our region to meet the needs?

Region 3 Behavioral Health Board
Children's Mental Health Subcommittee Action Plan

Goal	Action Item	Responsible	Priority	Status	Start/End	Notes