



## Behavioral Health Board – Region 3 Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

### Children’s Mental Health/Provider Subcommittee Meeting

#### A G E N D A

Wednesday, June 22, 2022

12:30-1:30pm

**In person:** Treasure Valley Community College 205 S 6th Ave, Room #211, Caldwell, ID 83605

**Via Zoom:** Join from PC, Mac, Linux, iOS or Android: <https://uhsinc.zoom.us/j/97228066270?pwd=cUIlWWpQUHRFYnBZbzE5YjJOenM1dz09>

Meeting ID: 972 2806 6270 and Password: 961679

Or iPhone one-tap : US: +16699006833,,97228066270# or +12532158782,,97228066270#

Or Telephone: +1 669 900 6833 or +1 253 215 8782 or +1 346 248 7799 or +1 646 876 9923 or +1 301 715 8592 or +1 312 626 6799

Time	Agenda Item	Presenter
12:30 pm	Welcome, Call to Order and Roll Call	Joy Husmann, Chair
12:35 pm	Strategic Plan and Action Plan Updates	All
1:30	Wrap up and adjourn	Joy Husmann, Chair

Please contact me with any questions and thank you in advance for an RSVP

Joy Husmann 208.871.1741 or [joy.husmann@uhsinc.com](mailto:joy.husmann@uhsinc.com)

The Region 3 Behavioral Health Board is in compliance with Idaho’s Open Meeting Law with regard to virtual meetings.

**Mission:** Advocate, educate, and ensure accessible care for those in need of mental health and substance use services, by developing and sustaining a network that promotes prevention and ready access to a full range of services.

**Vision:** A healthy community through a collaborative integrated network that promotes and sustains recovery for all.

### **Strategic Planning Goals**

- *Prevention, Enrichment and Resiliency for all*
- *Crisis Assistance*
- *Increase Collaboration with Medical Providers*
- *Basic Needs*
- *Transportation*

The R3 BHB has identified the following goals, and top 3 activities to support each goal, as areas of priority for the coming 2022 year:

1. **Basic Needs**
  - a. Housing
  - b. Access to healthcare and behavioral health services
  - c. Employment
2. **Crisis Assistance**
  - a. Education and training for law enforcement, EMT, first responders, schools, and communities
  - b. Expand access to training and supporting peer supports, family supports, and recovery coaching
  - c. Supporting and marketing Recovery Centers within the region
3. **Prevention, Enrichment and Resiliency for All**
  - a. Engage schools in prevention services
  - b. Engage community recovery centers, peer support, recovery coaching, family supports, and other community stakeholders
  - c. Provide Mental Health First Aid trainings to school and staff communities
4. **Increase Collaboration with Medical Providers**
  - a. Educate and engage medical providers, behavioral health providers, and emergency departments on the use of the Crisis and Recovery Centers
  - b. Educate on utilization of Crisis and Recovery Centers
  - c. Encourage bilingual students to pursue a career in primary and mental healthcare
5. **Transportation**
  - a. Bring more services and resources to school districts (co-located services)
  - b. Utilize existing transportation services already in communities (senior buses, Medicaid transportation services, etc.)
  - c. Engage COMPASS and other transportation providers

Below, the goals and activities that support them are listed in more detail. These activities were pulled directly from the R3 BHB Strategic Plan Survey, and the approved R3 BHB Strategic Plan.

<b>1</b>	<p><b>BASIC NEEDS</b></p> <p><i>In treating a person holistically, we also address basic needs. Each of the action items listed assist a person with some resources to healthy options and basic socioeconomic needs such as housing, employment, and education, while addressing access to complete healthcare.</i></p>
	<p><b>RECOMMENDATION &amp; PROPOSED WORKGROUP ACTION ITEMS</b></p>
	<ol style="list-style-type: none"> <li>1. Expand opportunities to address the housing crisis</li> <li>2. Advocate for more affordable and equitable housing establishments in the region</li> </ol>



3. Collaborate with the already established organizations that are creating fair and equal housing opportunities
4. Advocate for more robust access to healthcare and behavioral health services
5. Partner with schools, colleges, trade schools/ associations, Department of Labor, and other placement agencies to educate and support those requiring special employment needs for their behavioral health issues.

**2 CRISIS ASSISTANCE**

*The resources and services available to help an individual when they are experiencing a behavioral health condition, relapse, or recurrence.*

**RECOMMENDATION & PROPOSED WORKGROUP ACTION ITEMS**

1. Education and training for law enforcement, EMT, first responders, schools, and communities.
2. Expand access to training and supporting peer supports, family supports, and recovery coaching.
3. Supporting and marketing Recovery Centers within the region.
4. Support the development and promotion of the region's Crisis Center and Recover Centers.
5. Replicate a youth and adult Psychiatric Emergency Team (PET) Program.
6. Offer crisis de-escalation education and training to law enforcement, first responders, providers and clinicians, schools, and communities.
7. Create a calendar of events that exists on the R3 BHB website to assist with the promotion of trainings and educational opportunities.
8. Advocate for suicide prevention, intervention, and postvention resources and policies.
9. Promote the utilization of the Idaho Suicide Prevention Hotline as a resource for individuals experiencing suicidal ideation.

**3 PREVENTION, ENRICHMENT, AND RESILIENCY FOR**

*The agencies and programs that foster connectedness and a coordinated effort of behavioral health care through the implementation of evidence-based programs, community engagement, and development of resources.*

**RECOMMENDATION & PROPOSED WORKGROUP ACTION ITEMS**

1. Engage schools in prevention services:
  - o Survey school staff to determine needs and priorities
  - o Encourage schools to apply for Sources of Strength (SOS)
  - o Assist schools with applying for grants, such as The Preventative Health and Human Services (PHHS) Block Grant Program and The 21st Century Community Learning Centers (21st CCLC) program.
2. Engage community recovery centers, peer support, recovery coaching, family supports, and other community stakeholders
3. Provide Mental Health First Aid trainings to school and staff communities

	<ol style="list-style-type: none"> <li>4. Partner with the Community Coalitions of Idaho (CCI) by inviting CCI members to attend R3 BHB and subcommittee meetings.</li> <li>5. Create or support an existing Mayor's Youth Advisory Council (MYAC) in the region.</li> <li>6. Develop a R3 BHB recovery subcommittee that supports the three recovery centers in the region, in addition to NA, AA, Al-Anon, and other family support services.</li> <li>7. Develop a youth resource guide and distribute it to schools, providers, and community agencies that provide care for youths and their families.</li> <li>8. Partner and collaborate with District III's Juvenile Justice Commission District Council.</li> <li>9. Educate and promote the use of Medicaid funds for behavioral health and recovery services.</li> </ol>

<b>4</b>	<p><b>INCREASE COLLABORATION WITH MEDICAL PROVIDERS</b></p> <p><i>Primary care has an enormous potential to prevent suicides and connect people to needed specialty care, especially when they collaborate with behavioral healthcare providers.</i></p>
	<p><b>RECOMMENDATION &amp; PROPOSED WORKGROUP ACTION ITEMS</b></p> <ol style="list-style-type: none"> <li>1. Educate and engage medical providers, behavioral health providers, and emergency departments on the use of the Crisis and Recovery Centers</li> <li>2. Educate on utilization of Crisis and Recovery Centers</li> <li>3. Encourage bilingual students to pursue a career in primary and mental healthcare</li> </ol>

<b>5</b>	<p><b>TRANSPORTATION</b></p> <p><i>Transportation continues to serve as a barrier for individuals who need access to behavioral health services. Given the rural frontier in Region 3, it is encouraged that the Board continues to advocate for those in need of transportation to the available Recovery and Crisis Centers throughout the region.</i></p>
	<p><b>RECOMMENDATION &amp; PROPOSED WORKGROUP ACTION ITEMS</b></p> <ol style="list-style-type: none"> <li>1. Bring more services and resources to school districts (co-located services)</li> <li>2. Utilize existing transportation services already in communities (senior buses, Medicaid transportation services, etc.)</li> <li>3. Engage COMPASS and other transportation providers</li> <li>4. Utilize community Recovery Centers and the Crisis Center</li> </ol>