

## REGION 3

SERVING GEM, CANYON, PAYETTE, OWYHEE, WASHINGTON, AND ADAMS COUNTIES

# *Behavioral Health Board*

### **CHILDREN'S MENTAL HEALTH AND PROVIDER SUB-COMMITTEE MEETING MINUTES**

**Friday, February 22, 2019**

Present: Lina Smith, Joy Husmann, Darren Bushee, Yolanda Avendano, Amber Aberasturi, Heather C., Amanda Goldston, Cristina Froude, Jansen Benjamin, Jeri Gowen

#### **PARTNERSHIP FOR SUCCESS (PFS)**

Amber Aberasturi presented. She made outreach attempts to schools in Council, Wilder, Marsing, Middleton, and Vallivue Academy to coordinate Drug Impairment Training for Education Professionals (DITEP). This is a free training provided by Idaho State Police. DITEP can be customized to a 4-hour session; an 8-hour session or 2-day session (the full version). For this fiscal year Council High School has agreed to the training and Marsing High School has agreed for the next fiscal year. Office of Drug Policy requires two schools for the fiscal year.

For the Strengthening Families training we will be partnering with Region 4 and split the costs; so our cost will be approximately \$3500. These are people who will be trained to deliver services. Participants interested: AAFV, WICAP and Nampa Housing. Included in the training fee will purchase one CD. The plan is to buy additional DVD's for training (each CD is \$450 each).

For the Be the Parents media campaign; we will have to pay for materials and these cannot be duplicated. Amber had samples of coffee sleeves and conversation cards. The plan is to buy these media materials in bulk with other districts to save money. Amber will also look into billboard advertising. The drug deactivation pouches costs for a small package size which fits 15 pills is around \$647 for a case of 250. Locations being considered to deliver to will be medical clinics, dentists, pharmacies and drug take back locations. The plan will be to distribute Behavioral Health Board information with the pouches to these locations.

Screenings for SUD and mental health can be offered with the help of Terry Reilly and/or Valley Family with a Memorandum of Agreement in place. Amber is visiting different coalitions within Region 3. She talked to the 2C Drug Free coalition on partnership ideas i.e., parent learning sessions, mental health first aid. She met with the Canyon and Gem Counties Recovery Centers to partner for a high school assembly, mental first aid, screenings and strengthening families. She is working with Middleton and Council Schools on various projects i.e., student mental health, bike day, project ALERT. Council has a student who is in Family Career and Community Leaders of America who is working on a project and did a presentation to the student body to raise awareness about mental health issues. Amber will ask her to present at the behavioral health board meeting. Amber needs to complete the project action plan for FY2019 and FY2020. Next meeting, she will bring a draft of the action plan.

**Next meeting scheduled: Friday, March 15, 2019 at 11:00 a.m., Southwest District Health Canyon Room**