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| <b>1</b> | <p><b>RESILIENCY</b><br/> <i>The process of adapting well in the face of adversity.</i></p>  |
|          | <b>RECOMMENDATION &amp; PROPOSED WORKGROUP ACTION ITEMS</b>  |
|          | <p><b>Continue to support agencies and programs that foster connectedness and a coordinated effort of behavioral health care through the implementation of evidence-based programs, community engagement, and development of resources.</b></p> <ul style="list-style-type: none"> <li>● Assist schools with applying for grants, such as The Preventative Health and Human Services (PHHS) Block Grant Program and The 21st Century Community Learning Centers (21st CCLC) program.</li> <li>● Encourage schools to apply for Sources of Strength (SOS).</li> <li>● Partner with the Community Coalitions of Idaho (CCI) by inviting CCI members to attend R3 BHB and subcommittee meetings.</li> <li>● Create or support an existing Mayor’s Youth Advisory Council (MYAC) in the region.</li> <li>● Develop a R3 BHB recovery subcommittee that supports the three recovery centers in the region, in addition to NA, AA, Al-Anon, and other family support services.</li> <li>● Develop a youth resource guide and distribute it to schools, providers, and community agencies that provide care for youths and their families.</li> <li>● Provide Adult and Youth Mental Health First Aid to community organizations.</li> <li>● Partner and collaborate with District III’s Juvenile Justice Commission District Council.</li> <li>● Educate and promote the use of Medicaid funds for behavioral health and recovery services.</li> </ul> |

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| <b>2</b> | <p><b>CRISIS ASSISTANCE</b><br/> <i>The resources and services available to help an individual when they are experiencing a behavioral health condition, relapse, or recurrence.</i></p>   |
|          | <b>RECOMMENDATION &amp; PROPOSED WORKGROUP ACTION ITEMS</b>  |
|          | <p><b>Promote and encourage utilization of recovery centers and available resources to provide aid to those in need.</b></p> <ul style="list-style-type: none"> <li>● Support the development and promotion of the region’s Crisis Center and Recover Centers.</li> <li>● Replicate a youth and adult Psychiatric Emergency Team (PET) Program.</li> <li>● Offer crisis de-escalation education and training to law enforcement, first responders, providers and clinicians, schools, and communities.</li> <li>● Create a calendar of events that exists on the R3 BHB website to assist with the promotion of trainings and educational opportunities.</li> <li>● Advocate for suicide prevention, intervention, and postvention resources and policies.</li> <li>● Promote the utilization of the Idaho Suicide Prevention Hotline as a resource for individuals experiencing suicidal ideation.</li> </ul> |

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| <b>PROVIDER COLLABORATION</b> |
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