

Region 3 Behavioral Health Board  
Strategic Plan Summary September 28, 2022  
(A.K.A. Gaps and Needs Analysis)

The R3 BHB has identified the following goals, and top 3 activities to support each goal, as areas of priority for the coming 2023 year:

1. Basic Needs

A. Housing

1. Transitional services/housing (NIMBY)
2. Affordable, low income
3. Sex offender housing
4. Re-unification housing (transitional housing doesn't allow for kids to visit/stay), family shelters
5. Shelter for men. With the one closing in Nampa, there isn't a place for men to go now
6. Cooling and warming facilities
7. Sources of funding for paying utilities to include heat and light

B. Access to healthcare and behavioral health services

1. PHP/IOP coordinated transition programs (hours, after hour support, childcare, in home (ongoing) support after PHP/IOP)
2. Expand access to training and supporting peer supports, family supports, and recovery coaching
3. Caregiver support was acknowledged for parents, guardians, family members, etc.

C. Employment

1. Vocational Rehab
2. Tuition and placement
3. Educate employers regarding behavioral health needs (if someone feels misunderstood or not supported, they have lower motivation to engage as they already have obstacles), Mental Health First Aid (MHFA)
4. Parents being able to keep kids safe while working if they are homeless

D. Food

1. Expand programs to more communities with additional outreach
2. Premade, ready to eat meals
3. The need for more food pantries in the area. What we currently have is not enough for the people in need. There doesn't appear to be a good way to share this information with folks either

E. Transportation

1. Bring more services and resources to school districts (co-located services)
2. Utilize existing transportation services already in communities (senior buses, Medicaid transportation services, etc.)
3. Engage COMPASS and other transportation providers

## 2. Crisis Assistance

1. Education and training for law enforcement, EMT, first responders, schools, and communities
2. Supporting and marketing Recovery Centers within the region
3. Respite care
4. Increase mobile crisis from M-F 8-5 to 24/7 along with a co-responder model  
Teen Assessment Center
5. Currently many community members are participating in the CITC meetings which are held 2x per month (via zoom) and facilitated by DHW.

## 3. Prevention, Enrichment and Resiliency for All

1. Engage schools in prevention services especially emergent needs
2. Meet with schools for children with any issues proactively to learn and share knowledge.
3. The need for more counselors to be in every school. Someone asked if the governor had been asked if we could use extra money in the State budget to support a counselor in every school throughout Idaho.
4. Engage community recovery centers, peer support, recovery coaching, family supports, and other community stakeholders
5. Provide Mental Health First Aid trainings to schools, first responders, those who work with the elderly, veterans, and communities requesting trainings
6. Engage specialty courts
7. Increase Collaboration with Medical Providers
  - a) Educate and engage medical providers, behavioral health providers, and emergency departments on the use of Recovery Centers, peer supports and recovery coaches
  - b) Encourage bilingual students to pursue a career in primary and mental healthcare

## Notes:

1. True intensive CM Program: Helping patients navigate the system and what is available to them.
2. "Proactive Care Coordination": Helping those patients that have been released out of the hospital and ensuring that they have someone to help them from point A to B.
3. Collaboration with higher education. Can we incentivize students or those who might be retired and wanting to give back to our community?
4. Include [www.findhelp.org](http://www.findhelp.org) somewhere in the document and/or how to get this information out to people who don't know it exists.
5. Suicide awareness and the 988 hotline. Board members weren't sure if it fit under #2 Crisis Assistance or Basic Needs?
6. Besides having access to counselors in the school, PARENTS and TEACHERS need access to resources as well.
7. Expanding on Telehealth services and access in the rural areas to the internet. Huge Gap!
8. We need to include something about stigma and MH.
9. Something in here about fentanyl use – overall drug use for that matter? Naloxone? Education? Whatever else we need to address. For that matter, do we have enough drug facilities in our region to meet the needs?