## Region 3 208-455-7089

Student Support

Are you struggling or stressed out over online school challenges, feeling sad or isolated? We are available to speak with you and can help identify needs and make referrals for services or

resources which may be helpful to you.

> Any questions or concers regarding COVID-19, please contact the Idaho COVID-19 Hotline at 888-330-3010

## Children's Mental Health

Monday-Friday During the Hours of 8:00am –5:00pm.

After Hours Crisis Line 208-459-0092 Idaho Suicide Prevention Hotline 208-398-HELP(4357)

Covering School Districts in: Canyon County Owyhee County Payette County Gem County Washington County Adams County

